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Events in the community: new classes and workshops for the new year

Transport and accommodation help sought

Class 7 play *Wizard of Oz*: January 27

Lost property reminder

Upcoming Events

Tues Jan 17	7.15 for 7.30 pm 7.30 pm	Class 6 Parents' Evening
Mon Jan 23	7.00 for 7.30 pm	Stream of Sound – Eurythmy Room
Tues Jan 24	Time tbc	Class 1 Parents' Evening
Fri Jan 27	7.30 pm	Class 10 Parents' Evening
Tues Jan 31	7.30 pm	<i>The Wizard of Oz</i> – Play by Class 7 Hall
Mon Feb 6	7.30 pm	Class 2 Parents' Evening
Tues Feb 14	7 – 8 pm	Class 7 Parents' Evening
		AGM of Elmfield Association
		Class 9 Parents' Evening

Please email any entries by the end of Tuesday to loose-ends@elmfield.com. Entries should be less than 100 words. The views expressed in this newsletter are not necessarily those of the school or its staff. The school cannot be held responsible for the quality of products or services offered in this newsletter. We reserve the right to edit content. The editor's decision is final.

For weekly photos and updates from the classroom, *like us* on Facebook at <https://www.facebook.com/ElmfieldRudolfSteinerSchool>
Or follow the Facebook link on our website homepage

SCHOOL NEWS

Lost Property Several bags of unclaimed clothes went to the charity shop at the end of last term... just a reminder to everyone to try and ensure that all children's clothes and belongings are marked with their name so that lost items can be reunited with their owners!

Painless Fundraising for Elmfield! Parents and friends of Elmfield can trigger an automatic donation to Elmfield when shopping online if they place their order by going first to: www.thegivingmachine.com Many online retailers are registered there, including Amazon, Ebay, Next and major supermarkets. You need to register the first time you use it, and nominate Elmfield to receive a commission each time you shop. Especially at Christmas, this steady trickle of small donations is a useful addition to our funds. Many thanks, Carrie Smith.

Careers Talks Upper School for the New Year: we are in the process of organising a series of talks and would like to ask the wider community if you (or anyone you know) would come in and talk to us about your chosen career path and give us a little window into that world. If so, please could you contact us at elaine.sheppard@elmfield.com or sue.dutton@elmfield.com as soon as possible. We are seeking people from a wide variety of careers/jobs/vocations to help our Upper School students with thinking about their future steps.

Transport help? We have a boarder visiting this term, a 17 year old girl from Germany, who will be staying with friends, a family who live in Frankley, Birmingham. Is there any family with children at the school living in that area who may be able to help with bringing the girl to school in the morning? Help is needed every day but even one morning would help. Please contact me in the school office or on 01384 394633 if you are able to help. Maigread Reynolds

PTFA

Email address: elmfieldptfa@gmail.com

Parents' Library Open every Wednesday throughout the term, 8.45am - 9.30am. Located in the Learning Support Room (off the main entrance foyer). Please sign in at reception and wear a visitor's badge whilst using the library. The Library Team

SALES AND WANTED ETC

House for Sale We have put our house, 28 South Avenue, on the market but particularly wanted to make the Elmfield community aware. The house has had a link to the school since the 70s and we would be pleased if this was to continue. Our description is as follows: Link/end of terrace 'detached' property in the 'Old Quarter'; two large reception rooms; three bedrooms; kitchen; utility and two stores to rear; bathroom; extra cloak/downstairs toilet; upper cellar as pantry/cloakroom; lower cellar/office; large garden; garage to the rear plus possible off-road parking at the front; many period features. If you would like more information please contact us on 01384 833108 or 07515 146330. John and Lesley Henley

For sale Clean & well presented navy & white baby swing chair for sale, suitable for a child up to 6 months old. Price £25. Full details are available from Pam & Barry Elwell 01902 671429 or 07977 404829 Email: barry.elwell@talktalk.net

FREE (donation to Medecins Sans Frontieres appreciated) Please contact Rosanne Adams on 01384 390095

- Antique bureau: three drawers and pull down piece for desk. Inside the desk compartment are small drawers/pigeon holes etc. All original brass handles. There is a bit of damage but it doesn't really show if the bureau is in an alcove!
- Fold up Ikea type desk - it only has a work top with small compartment for pencils etc. Useful as a homework desk.
- Table - extendable. Useful as a work/mess surface.
- Wooden high chair which converts into a small chair and table.

Au pair from Germany We are looking for a family for our son Titus to stay with from 1 April to 21 May, or in summer 2017, for our son Titus who is nearly 16. We are a family of four with two boys who both attend a Rudolf Steiner School near Frankfurt. I graduated from another Steiner School in 1990 and was myself an au pair in England in the family of the eurythmy teacher at Michael Hall. My husband and I are both music educators and work at a music school. Titus would like to help in a family with young children he has an excellent reference from a Demeter biofarm near Frankfurt where he has helped several times in the past. Please email Berit at fb.lang@t-online.de or call on 0049 1712 781494.

EVENTS IN THE WIDER COMMUNITY

LET IT SOUND with Steph and Fred! An inspiring and fun workshop empowering children (age 6+) through movement, singing and free expression to develop self awareness and build self esteem. Saturday 14th January 2017 10 - 12noon (then every second Saturday of the month). At The Christian Community, Baylie Street, Stourbridge. Cost is £12 per session or book 6 workshops in advance for £60. Further information contact Cecilia 07585 675210 or Stephanie 07926 686481.

Ashtanga Yoga at Elmfield Mind calm - body vibrant. James Critchlow 01384 394702 / 07967 211748 www.yogabirmingham.co.uk
Monday 8.00pm - 9.30pm Beginners' Ashtanga Yoga Course (10 weeks) - an introduction to Ashtanga Yoga (9 January - 27 March)
Thursday 8.00pm - 9.30pm Improvers' Ashtanga Yoga Course (10 weeks) - for people who have a working knowledge of Ashtanga (12 January - 23 March).

New Yoga Class in Stourbridge at The Old Library Studios, Hagley Rd.

Tuesdays 7pm - 8.15pm, Fridays 9.30am - 10.45am, Sundays 9.30am - 10.45am. Hatha yoga suitable for all! Strengthening and warming postures, deep stretches and blissful relaxation. £8 per class. Contact Emma to for info & to book. Tel/text 07973 376 267 Facebook EmYoga.

New open classes to experience Eurythmy Something DIFFERENT to refresh mind, body and soul with a weekly morning classes of eurythmy at the Glasshouse Arts Centre. Fulfil your New Year resolutions! Regular friendly classes of social eurythmic movement will help engagement, stimulate your creativity (that's right) and enhance your resilience to stand in the modern world. No previous experience required. Everybody is welcome to join one, a few, or all classes. Wear comfortable clothing, eurythmy shoes can be provided. Please contact Maren Stott: 01384 442563 Cost: £6 per class – concessions for the whole course. (Men: no charge/contribution).

Mondays: 10.15 – 11.15am = exploration of speech & poetry through eurythmy

Tuesdays: 10.15 – 11.15am = exploration of music through eurythmy, 11.45– 12.45am = speech eurythmy

Wednesday: 10.15–11.15am = eurythmy exercises with copper rods

Thursday: 10.15– 11.15am = speech eurythmy, 11.45– 12.45am = music eurythmy

Peg Loom Workshop Come and learn the simple craft of peg loom weaving using sheep's fleece and take home a fabulous handmade, natural piece that can be used as a wall-hanging, seat pad or cushion cover. The workshop will be held at Churchill Village Hall, Iverley on Saturday 25^h February from 10am – 1 pm. Places are £30 for early bird bookings before 4th February and £35 for people booking thereafter. Spaces are limited and are filling up fast. To book please visit my website at www.facebook.com/thecrazylittlesheepco, or you can email me at thecrazylittlesheepco@gmail.com or call me on either 07980 777498 or 01384 671554. Any queries then please do not hesitate to contact me, Alex Greaves.

Change your habits for the new year! Psychophonetics counselling can help us to become aware of and to change our old habitual ways of thinking, feeling and acting in the world. These old habits keep us stuck in the same old track with the same old difficulties, both internal and external. It is possible to step out of that track and find that there are many possibilities and choices for dealing with what we meet in our lives. Psychophonetics, as well as talking, uses body work and imagination to go deeper into ourselves. Come and have a free trial session (with no obligation). Or find out more about it by calling: Jacqui Williams 07986 747826.

Emerson College's "Art of Vegetarian Cooking" programme begins in January 2017; two students will work alongside our chef (Monday to Friday), cooking for between 20 and 60 people each lunchtime preparing fresh, tasty and nutritious meals with love for the people who will eat them. You will gain practical and theoretical knowledge in vegetarian cooking, food hygiene, menu planning and nutrition. Further details and application form can be found at www.emerson.org.uk/vegcooking

Patients & Friends of Anthroposophic Medicine PAFAM is a Patient Group specifically orientated towards promoting the use of Anthroposophic Medicines and Therapies in the UK. It aims to support and promote legislation at a national level to achieve this, at the same time as offering a member service that includes information about the availability of doctors, therapists and healthcare in general. PAFAM also provides workshops and retreats, a bi annual Newsletter as well as its distinctive 'Living Will' within the context of its belief in freedom of choice and access to medication, medical treatments and therapies. For more comprehensive information or to become a member of PAFAM please visit: www.pafam.org.uk Email: cathiegreen@outlook.com Tel. 07974 390197

Loose Ends is coming out on a Wednesday now, so any contributions to loose-ends@elmfield.com by end of Tuesday please!