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Urgent help needed with relocation of Estates!

Beekeeping beginners' course

Puppet show at the Glasshouse

Upcoming Events

Mon Jan 23	7.00 for 7.30 pm	Class 1 Parents' Evening
Tues Jan 24	7.30 pm	Stream of Sound Eurythmy Room
Tues Jan 31	7.30 pm	Class 2 Parents' Evening
Mon Feb 6	7.30 pm	AGM of Elmfield Association
Tues Feb 14	7 – 8 pm	Class 9 Parents' Evening
Fri Feb 17		School closes for half term
Mon Feb 27		School closed for Teacher Training Day
Tues Feb 28		School reopens
Tues Mar 7	7.15 pm	Open Evening

Please email any entries by the end of Tuesday to loose-ends@elmfield.com. Entries should be less than 100 words. The views expressed in this newsletter are not necessarily those of the school or its staff. The school cannot be held responsible for the quality of products or services offered in this newsletter. We reserve the right to edit content. The editor's decision is final.

For weekly photos and updates from the classroom, *like us* on Facebook at <https://www.facebook.com/ElmfieldRudolfSteinerSchool>
Or follow the Facebook link on our website homepage

SCHOOL NEWS

Volunteers needed! The Estates Team are in need of volunteers to help us out this Saturday 21st January 2017. We are relocating to premises on the other side of school so need as many willing hands as possible so that we can get this done before Monday, when our current premises will be dismantled and removed. This is happening as part of the plans we have in place to build new classrooms for our increasing pupil numbers. This relocation of the Estates Team is taking place earlier than expected, creating an urgent need for help. Jobs include bonfire duty, installing insulation in the Bookshop, moving furniture and equipment and general tidying. If you can donate any time at all, please contact me on 07584 357206.

And if you are DBS checked, are on the school's volunteer list and can come before Saturday, please contact me today if possible!
Many thanks, Tal Taylor-Bright.

Careers Talks Upper School for the Spring Term: we are in the process of organising a series of talks and would like to ask the wider community if you (or anyone you know) would come in and talk to us about your chosen career path and give us a little window into that world. If so, please could you contact us at elaine.sheppard@elmfield.com or sue.dutton@elmfield.com as soon as possible. We are seeking people from a wide variety of careers/jobs/vocations to help our Upper School students with thinking about their future steps.

PTFA

Email address: elmfieldptfa@gmail.com

Parents' Library Open every Wednesday throughout the term, 8.45am - 9.30am. Located in the Learning Support Room (off the main entrance foyer). Please sign in at reception and wear a visitor's badge whilst using the library. The Library Team

SALES AND WANTED ETC

Wanted: Chainsaw / Tree surgery protective equipment My 18 year old son is starting to learn chainsawing / tree work and we are looking out for a helmet with visor, chainsaw boots (size 13!), chainsaw trousers (long!) etc if anyone has any not needed that we could buy. Thanks, Margy 07817 555204 / 01384 351414

Eco-Cleaning Services Organic Ever-Clean offers a range of domestic and commercial cleaning including effective home-made products that are non-toxic, petroleum free and naturally bio-degradable as well as all cleaning equipment. Contact Sonja 07503 205 909 [facebook.com/organic-EverClean](https://www.facebook.com/organic-EverClean)

House for Sale We have put our house, 28 South Avenue, on the market but particularly wanted to make the Elmfield community aware. The house has had a link to the school since the 70s and we would be pleased if this was to continue. Our description is as follows: Link/end of terrace 'detached' property in the 'Old Quarter'; two large reception rooms; three bedrooms; large garden; garage to the rear plus possible off-road parking at the front; many period features. If you would like more information please contact us on 01384 833108 or 07515 146330. John and Lesley Henley

For Sale: 2 small 30 litre fish tanks. Accessories also available - pump, gravel, carbon filters (which fit in one tank). Donation to HelpingRhinos.org (I can arrange this) Contact Anne B 07986301696.

For sale Clean & well presented navy & white baby swing chair for sale, suitable for a child up to 6 months old. Price £25. Full details are available from Pam & Barry Elwell 01902 671429 or 07977 404829 Email: barry.elwell@talktalk.net

Au pair from Germany We are looking for a family for our son Titus who is nearly 16 to stay with from 1 April to 21 May, or during the Summer of 2017. We are a family of four with two boys who both attend a Rudolf Steiner School near Frankfurt. I graduated from another Steiner School in 1990 and was myself an au pair in England with the family of the eurythmy teacher at Michael Hall. My husband and I are both music educators and work at a music school. Titus would like to help in a family with young children he has an excellent reference from a Demeter biodynamic farm near Frankfurt where he has helped several times in the past. Please email Berit at fb.lang@t-online.de or call on 0049 1712 781494.

EVENTS IN THE WIDER COMMUNITY

Malina's Dream, Angel Heart Theatre Company at Glasshouse Arts Centre on Friday 3rd February at 6:30pm. Tickets £6 Adult, £4 Child A spell-binding show about friendship and finding the way between two worlds. This warm-hearted, original tale is inspired by true-life encounters between 19th century sailors and Inuit communities of the Arctic. Wander with Malina and her friends between the worlds of snow and shadow! Beautiful puppets (including shadow puppetry), live music and an evocative soundtrack create an unforgettable experience of magical theatre. This is a family show, suitable for all children 4 years and above. Supported by Black Country Touring <http://www.rmt.org/glasshouse/events/> theatre@ghc.rmt.org or call 01384 399433.

Beekeeping - Anyone interested?

A Beginners Course in Beekeeping is starting on Thursday 2nd February at 7pm, running for 8 weeks, at Hagley Community Centre. Thereafter candidates can attend ten practical sessions at the Branch Apiary. Should candidates wish to keep bees they will be assigned a mentor, an experienced beekeeper who lives locally who can guide them and offer practical advice in their first beekeeping year. The course fee is £80. For more details please see <http://www.hsbka.org/> or call Nick Templar on 01562 882145. I am planning to do this course following recommendation by Justus Klaar. Margy Henderson

Ashtanga Yoga at Elmfield Mind calm - body vibrant. James Critchlow 01384 394702 / 07967 211748 www.yogabirmingham.co.uk
Monday 8.00pm - 9.30pm Beginners' Ashtanga Yoga Course (10 weeks) - an introduction to Ashtanga Yoga (9 January - 27 March)
Thursday 8.00pm - 9.30pm Improvers' Ashtanga Yoga Course (10 weeks) - for people who have a working knowledge of Ashtanga (12 January - 23 March).

New Yoga Class in Stourbridge at The Old Library Studios, Hagley Rd.

Tuesdays 7pm - 8.15pm, Fridays 9.30am - 10.45am, Sundays 9.30am - 10.45am. Hatha yoga suitable for all! Strengthening and warming postures, deep stretches and blissful relaxation. £8 per class. Contact Emma to for info & to book. Tel/text 07973 376 267 Facebook EmYoga.

New open classes to experience Eurythmy Something DIFFERENT to refresh mind, body and soul with a weekly morning classes of eurythmy at the Glasshouse Arts Centre. Fulfil your New Year resolutions! Regular friendly classes of social eurythmic movement will help engagement, stimulate your creativity (that's right) and enhance your resilience to stand in the modern world. No previous experience required. Everybody is welcome to join one, a few, or all classes. Wear comfortable clothing, eurythmy shoes can be provided. Please contact Maren Stott: 01384 442563 Cost: £6 per class – concessions for the whole course. (Men: no charge/contribution).

Mondays: 10.15 – 11.15am = exploration of speech & poetry through eurythmy

Tuesdays: 10.15 – 11.15am = exploration of music through eurythmy, 11.45– 12.45am = speech eurythmy

Wednesday: 10.15–11.15am = eurythmy exercises with copper rods

Thursday: 10.15– 11.15am = speech eurythmy, 11.45– 12.45am = music eurythmy

Peg Loom Workshop Come and learn the simple craft of peg loom weaving using sheep's fleece and take home a fabulous handmade, natural piece that can be used as a wall-hanging, seat pad or cushion cover. The workshop will be held at Churchill Village Hall, Iverley on Saturday 25^h February from 10am – 1 pm. Places are £30 for early bird bookings before 4th February and £35 for people booking thereafter. Spaces are limited and are filling up fast. To book please visit my website at www.facebook.com/thecrazylittlesheepco, or you can email me at thecrazylittlesheepco@gmail.com or call me on either 07980 777498 or 01384 671554. Any queries then please do not hesitate to contact me, Alex Greaves.

Change your habits for the new year! Psychophonetics counselling can help us to become aware of and to change our old habitual ways of thinking, feeling and acting in the world. These old habits keep us stuck in the same old track with the same old difficulties, both internal and external. It is possible to step out of that track and find that there are many possibilities and choices for dealing with what we meet in our lives. Psychophonetics, as well as talking, uses body work and imagination to go deeper into ourselves. Come and have a free trial session (with no obligation). Or find out more about it by calling: Jacqui Williams 07986 747826.

Patients & Friends of Anthroposophic Medicine PAFAM is a Patient Group specifically orientated towards promoting the use of Anthroposophic Medicines and Therapies in the UK. It aims to support and promote legislation at a national level to achieve this, at the same time as offering a member service that includes information about the availability of doctors, therapists and healthcare in general. PAFAM also provides workshops and retreats, a bi annual Newsletter as well as its distinctive 'Living Will' within the context of its belief in freedom of choice and access to medication, medical treatments and therapies. For more comprehensive information or to become a member of PAFAM please visit: www.pafam.org.uk Email: cathiegreen@outlook.com Tel. 07974 390197

Last But Not Least

We are made wise not by the recollection of our past, but by the responsibility for our future.

George Bernard Shaw