



In this issue...

Eileen Hutchins Bursary

Quiz Night – Class 11 fundraiser

Stream of Sound Singing Days

PTFA AGM 7th March 2017

Class 7 Play: The Wizard of Oz,
Friday 3 February

Upcoming Events

Tues Jan 31	7.30 pm	Class 2 Parents' Evening
	7.00 pm	Class 10 Parents' Evening
Fri Feb 3	7.30 pm	<i>The Wizard of Oz</i> - Play by Class 7
Mon Feb 6	7.30 pm	AGM of Elmfield Association
Tues Feb 7	6.30 pm	Class 11 Parents' Evening
Fri Feb 10	6.00 pm	Quiz Night by Class 11 - Hall
Tues Feb 14	7 – 8 pm	Class 9 Parents' Evening
Thurs 16 & Fri 17 Feb	7.30 pm	<i>The Accordion Shop</i> by Cush Jumbo - Play By Class 11
Fri Feb 17		School closes for half term
Mon Feb 27		School closed for Teacher Training Day
Tues Feb 28		School reopens
Tues Mar 7	7.15 pm	Open Evening

Please email any entries by the end of Tuesday to loose-ends@elmfield.com. Entries should be less than 100 words. The views expressed in this newsletter are not necessarily those of the school or its staff. The school cannot be held responsible for the quality of products or services offered in this newsletter. We reserve the right to edit content. The editor's decision is final.

For weekly photos and updates from the classroom, *like us* on Facebook at <https://www.facebook.com/ElmfieldRudolfSteinerSchool>
Or follow the Facebook link on our website homepage

SCHOOL NEWS

Eileen Hutchins Bursary Fund is now open for applications. Visit <http://elmfield.com/the-school/admissions/bursary/> to read more and apply. One child each year will be sponsored for a heavily discounted place for their schooling. Deadline Friday 3rd March 2017.

Quiz Night - Friday 10th Feb 6pm - All welcome. Come and enjoy a fun evening with your family and friends at our Italian-themed food and Quiz night. Tickets include food and are £7 for over 12s and £5 for under 12s. Tickets are available from reception or look out for them coming home with your child. The winning team will get a prize. Don't worry if you don't have a team - come along and we can sort you out on the night. Hosted by Class 11 to raise funds for their upcoming trip to Italy. We look forward to seeing you there!

Art department requests The art department is looking for donations of the following: fabric - netting and lace; ribbon; tissue paper; glass beads; old working cameras for pupils to use in lessons.

Eurythmy for Adults taught by Elmfield Eurythmy teacher Tomie Boardman. Starts Monday 30th January 6 - 7.30pm Eurythmy Room. £20 for 3 week course. Please contact Alice at alice.barnsdale@elmfield.com if you would like further information.

Careers Talks Upper School for the Spring Term: we are in the process of organising a series of talks and would like to ask the wider community if you (or anyone you know) would come in and talk to us about your chosen career path and give us a little window into that world. If so, please could you contact us at elaine.sheppard@elmfield.com or sue.dutton@elmfield.com as soon as possible. We are seeking people from a wide variety of careers/jobs/vocations to help our Upper School students with thinking about their future steps.

PTFA

Email address: elmfieldptfa@gmail.com

AGM The PTFA will be holding their AGM on the 7th March 2017 7pm in the Extra Lesson Room. Our PTFA depends on parent involvement. As parents, teachers and others involved in the daily life of the school you are already members of the PTFA. Please come and join the committee. We meet once every 4 to 6 weeks to plan events and activities and to vote on how funds will be spent. This year we have a vacancy on the committee for a new Chair - could this be you? For further information or just to get in touch please email secretary@elmfieldptfa.com or elmfieldptfa@gmail.com

Parents' Library Open every Wednesday throughout the term, 8.45am - 9.30am. Located in the Learning Support Room (off the main entrance foyer). Please sign in at reception and wear a visitor's badge whilst using the library. Books can be requested and returned via the School Shop if you are unable to come on Wednesdays. The Library Team

MUSIC MATTERS

Musical instrument trials Dear parents, we are about to commence another round of trial lessons. Could you please let me know if you are interested in your child taking up an instrument - we have spaces for violin and cello currently. Thank you, Caroline Price

Next singing days with Stream of Sound:

Sat 11 March 10 - 4 A singing day for Adults, (and Upper School pupils) on the two themes of shanties and revolutions!

Sat 25 March 10 - 3 A singing day for pupils from class 4 upwards, songs, fun & games.

Elmfield's Middle and Upper School Annual Concert Please note that the concert will be held on Wednesday 5 April at 7:30 - please put the date in your diary now!

SALES AND WANTED ETC

For Sale: New Red Encore Stratocaster Guitar unwanted Christmas present £75; Stagg 20w guitar amplifier CA20B £35; Will take £100 for both. See Tom in Class 8 or text/phone 07532 464464.

For Sale: Builders' Tonne Bag of Seasoned Logs Various sizes, can deliver within 5 miles of Elmfield £50, see Tom in Class 8 or text/phone 07532 464464.

Free to collect Old style carpet underlay - ca 12x12m. 01384 373929. Carlotta

Wanted: Chainsaw / Tree surgery protective equipment My 18 year old son is starting to learn chainsawing / tree work and we are looking out for a helmet with visor, chainsaw boots (size 13!), chainsaw trousers (long!) etc if anyone has any not needed that we could buy. Thanks, Margy 07817 555204 / 01384 351414

Eco-Cleaning Services Organic Ever-Clean offers a range of domestic and commercial cleaning including effective home-made products that are non-toxic, petroleum free and naturally bio-degradable as well as all cleaning equipment. Contact Sonja 07503 205 909 [facebook.com/organic-EverClean](https://www.facebook.com/organic-EverClean)

House for Sale We have put our house, 28 South Avenue, on the market but particularly wanted to make the Elmfield community aware. The house has had a link to the school since the 70s and we would be pleased if this was to continue. Our description is as follows: Link/end of terrace 'detached' property in the 'Old Quarter'; two large reception rooms; three bedrooms; large garden; garage to the rear plus possible off-road parking at the front; many period features. If you would like more information please contact us on 01384 833108 or 07515 146330. John and Lesley Henley

For Sale: 2 small 30 litre fish tanks. Accessories also available - pump, gravel, carbon filters (which fit in one tank). Donation to HelpingRhinos.org (I can arrange this) Contact Anne B 07986301696.

For sale Clean & well presented navy & white baby swing chair for sale, suitable for a child up to 6 months old. Price £25. Full details are available from Pam & Barry Elwell 01902 671429 or 07977 404829 Email: barry.elwell@talktalk.net

Au pair from Germany We are looking for a family for our son Titus who is nearly 16 to stay with from 1 April to 21 May, or during the Summer of 2017. We are a family of four with two boys who both attend a Rudolf Steiner School near Frankfurt. I graduated from another Steiner School in 1990 and was myself an au pair in England with the family of the eurhythmy teacher at Michael Hall. My husband and I are both music educators and work at a music school. Titus would like to help in a family with young children he has an excellent reference from a Demeter biodynamic farm near Frankfurt where he has helped several times in the past. Please email Berit at fb.lang@t-online.de or call on 0049 1712 781494.

EVENTS IN THE WIDER COMMUNITY

African Drumming Workshop - this Saturday 28th January. Come and join us for a Djembe workshop with Faith Sax and Spirit of Djembe, this Saturday 28th Jan at 2pm at St Peter's Church, Kinver. Cost £5, bring your own drum or use one of ours. All welcome! For more information, call Faith on 07526261250.

Rich World Poor World Supper Saturday 11th March 2017 You are warmly invited to our next supper to an evening of cheer, good company and good food (that is if you draw a Rich Person's ticket in life's lottery), at 7 pm on Saturday 11th March at Carrie's house. Tickets £12, and as spaces are limited, please book in advance, via Carrie Smith (07941 869863), Rosanne Adams (01384 390095), Helen Mosley (07800 596632) or Katherine Savage (07976 648562). Takings will go to Medecins Sans Frontieres and Wateraid.

40 Day Network - Opt in time again! The 40 Day Network is a group who support families with new babies. We provide about 40 days of help like meals, washing, cleaning, help with other kids, shopping or whatever they need or want. We ask people to opt in for each new family so that you can tailor it to your own busyness. What it often means is one extra meal a week, or baking a cake, or adding a few things to your shop, or running the Hoover round for someone. Follow this link to join the WhatsApp group: <https://chat.whatsapp.com/6ypkLy1r92zK4yExDxfEA1> OR Join us on Facebook: <https://www.facebook.com/pg/40daynetwork/> OR text: 40days count me in to 07986301696. Note that joining now doesn't commit you to anything, just gets you on the mailing list.

Malina's Dream, Angel Heart Theatre Company at Glasshouse Arts Centre on Friday 3rd February at 6:30pm. Tickets £6 Adult, £4 Child A spell-binding show about friendship and finding the way between two worlds. This warm-hearted, original tale is inspired by true-life encounters between 19th century sailors and Inuit communities of the Arctic. Wander with Malina and her friends between the worlds of snow

and shadow! Beautiful puppets (including shadow puppetry), live music and an evocative soundtrack create an unforgettable experience of magical theatre. This is a family show, suitable for all children 4 years and above. Supported by Black Country Touring <http://www.rmt.org/glasshouse/events/theatre@ghc.rmt.org> or call 01384 399433.

Beekeeping - Anyone interested? A Beginners Course in Beekeeping is starting on Thursday 2nd February at 7pm, running for 8 weeks, at Hagley Community Centre. Thereafter candidates can attend ten practical sessions at the Branch Apiary. Should candidates wish to keep bees they will be assigned a mentor, an experienced beekeeper who lives locally who can guide them and offer practical advice in their first beekeeping year. The course fee is £80. For more details please see <http://www.hsbka.org/> or call Nick Templar on 01562 882145. I am planning to do this course following recommendation by Justus Klaar. Margy Henderson

Ashtanga Yoga at Elmfield Mind calm - body vibrant. James Critchlow 01384 394702 / 07967 211748 www.yogabirmingham.co.uk
Monday 8.00pm - 9.30pm Beginners' Ashtanga Yoga Course (10 weeks) - an introduction to Ashtanga Yoga (9 January - 27 March)
Thursday 8.00pm - 9.30pm Improvers' Ashtanga Yoga Course (10 weeks) - for people who have a working knowledge of Ashtanga (12 January - 23 March).

New Yoga Class in Stourbridge at The Old Library Studios, Hagley Rd.
Tuesdays 7pm - 8.15pm, Fridays 9.30am - 10.45am, Sundays 9.30am - 10.45am. Hatha yoga suitable for all! Strengthening and warming postures, deep stretches and blissful relaxation. £8 per class. Contact Emma to for info & to book. Tel/text 07973 376 267 Facebook EmYoga.

New open classes to experience Eurythmy Something DIFFERENT to refresh mind, body and soul with a weekly morning classes of eurythmy at the Glasshouse Arts Centre. Fulfil your New Year resolutions! Regular friendly classes of social eurythmic movement will help engagement, stimulate your creativity (that's right) and enhance your resilience to stand in the modern world. No previous experience required. Everybody is welcome to join one, a few, or all classes. Wear comfortable clothing, eurythmy shoes can be provided. Please contact Maren Stott: 01384 442563 Cost: £6 per class – concessions for the whole course. (Men: no charge/contribution).
Mondays: 10.15 – 11.15am = exploration of speech & poetry through eurythmy
Tuesdays: 10.15 – 11.15am = exploration of music through eurythmy, 11.45– 12.45am = speech eurythmy
Wednesday: 10.15–11.15am = eurythmy exercises with copper rods
Thursday: 10.15– 11.15am = speech eurythmy, 11.45– 12.45am = music eurythmy

Peg Loom Workshop Come and learn the simple craft of peg loom weaving using sheep's fleece and take home a fabulous handmade, natural piece that can be used as a wall-hanging, seat pad or cushion cover. The workshop will be held at Churchill Village Hall, Iverley on Saturday 25^h February from 10am – 1 pm. Places are £30 for early bird bookings before 4th February and £35 for people booking thereafter. Spaces are limited and are filling up fast. To book please visit my website at www.facebook.com/thecrazylittlesheepco, or you can email me at thecrazylittlesheepco@gmail.com or call me on either 07980 777498 or 01384 671554. Any queries then please do not hesitate to contact me, Alex Greaves.

Patients & Friends of Anthroposophic Medicine PAFAM is a Patient Group specifically orientated towards promoting the use of Anthroposophic Medicines and Therapies in the UK. It aims to support and promote legislation at a national level to achieve this, at the same time as offering a member service that includes information about the availability of doctors, therapists and healthcare in general. PAFAM also provides workshops and retreats, a bi annual Newsletter as well as its distinctive 'Living Will' within the context of its belief in freedom of choice and access to medication, medical treatments and therapies. For more comprehensive information or to become a member of PAFAM please visit: www.pafam.org.uk Email: cathiegreen@outlook.com Tel. 07974 390197

SERVICES

Change your habits for the new year! Psychophonetics counselling can help us to become aware of and to change our old habitual ways of thinking, feeling and acting in the world. These old habits keep us stuck in the same old track with the same old difficulties, both internal and external. It is possible to step out of that track and find that there are many possibilities and choices for dealing with what we meet in our lives. Psychophonetics, as well as talking, uses body work and imagination to go deeper into ourselves. Come and have a free trial session (with no obligation). Or find out more about it by calling: Jacqui Williams 07986 747826.

Are you suffering from muscular tension in neck or shoulders? Back pain? Joint problems? Physiotherapy (holistic approach); Rhythmical Massage Therapy: 1:1 Modified Pilates are offered as separate therapies or as an integrated approach at the Elysia Therapeutic Centre. For info www.annavanzelderren.com. For appointments please phone Anna on 07789 852378.

Last But Not Least

I think it's necessary to let kids get bored once in a while - that's how they learn to be creative.

Kim Raver