



## In this issue...

Sainsbury's voucher time again!

Class 2 Valentine's Day fundraiser

Stream of Sound Singing Days

Class 7 Play: The Wizard of Oz,  
Friday 3 February

## Upcoming Events

Fri Feb 3	7.30 pm	<i>The Wizard of Oz - Play by Class 7</i>
Mon Feb 6	7.30 pm	AGM of Elmfield Association
Tues Feb 7	6.30 pm	Class 11 Parents' Evening
Fri Feb 10	6.00 pm	Quiz Night by Class 11 - Hall
Tues Feb 14	7 – 8 pm	Class 9 Parents' Evening
Thurs 16 & Fri 17 Feb	7.30 pm	<i>The Accordion Shop by Cush Jumbo - Play</i> By Class 11
Fri Feb 17		School closes for half term
Mon Feb 27		School closed for Teacher Training Day
Tues Feb 28		School reopens
Tues Mar 7	7.15 pm	Open Evening

Please email any entries by the end of Tuesday to [loose-ends@elmfield.com](mailto:loose-ends@elmfield.com). Entries should be less than 100 words. The views expressed in this newsletter are not necessarily those of the school or its staff. The school cannot be held responsible for the quality of products or services offered in this newsletter. We reserve the right to edit content. The editor's decision is final.

For weekly photos and updates from the classroom, *like us* on Facebook at <https://www.facebook.com/ElmfieldRudolfSteinerSchool>  
Or follow the Facebook link on our website homepage

## SCHOOL NEWS

**Term date cards** The new cards for the academic year beginning next September are now available. Please come and help yourself from outside the school office. Maigread Reynolds

**Eileen Hutchins Bursary Fund** is now open for applications. Visit <http://elmfield.com/the-school/admissions/bursary/> to read more and apply. One child each year will be sponsored for a heavily discounted place for their schooling. Deadline Friday 3rd March 2017.

**Class 2 Valentine's Day stall 3.15pm "Cookies & Craft"** Take home a cookie for your Special Someone. Also available Valentine themed hand crafted gifts from 50p. All proceeds to Class 2 funds.

**Return of the Class 2 Cupids! Feb 14th - VALENTINES DAY.** Cupids Heart Cookies will be delivered to classrooms on Valentines Day by Class 2 Cupids. The cost is £1 per cookie. Place your orders in the postbox by reception along with your secret message!

**Quiz Night - Friday 10th Feb 6pm - All welcome.** Come and enjoy a fun evening with your family and friends at our Italian-themed food and Quiz night. Tickets include food and are £7 for over 12s and £5 for under 12s. Tickets are available from reception or look out for them coming home with your child. The winning team will get a prize. Don't worry if you don't have a team - come along and we can sort you out on the night. Hosted by Class 11 to raise funds for their upcoming trip to Italy. We look forward to seeing you there!

**Art department requests** The art department is looking for donations of the following: fabric - netting and lace; ribbon; tissue paper; glass beads; old working cameras for pupils to use in lessons.

**Sainsburys vouchers** It is the time when we can collect these again, so please if you shop at Sainsburys, collect the vouchers and bring them into school. We are able to get equipment for the sports and cookery departments with these, so the more we can collect the better. The box to put them in is by the office. Maigread Reynolds

## PTFA

Email address: [elmfieldptfa@gmail.com](mailto:elmfieldptfa@gmail.com)

**AGM** The PTFA will be holding their AGM on the 7th March 2017 7pm in the Extra Lesson Room. Our PTFA depends on parent involvement. As parents, teachers and others involved in the daily life of the school you are already members of the PTFA. Please come and join the committee. We meet once every 4 to 6 weeks to plan events and activities and to vote on how funds will be spent. This year we have a vacancy on the committee for a new Chair - could this be you? For further information or just to get in touch please email [secretary@elmfieldptfa.com](mailto:secretary@elmfieldptfa.com) or [elmfieldptfa@gmail.com](mailto:elmfieldptfa@gmail.com)

**Parents' Library** Open every Wednesday throughout the term, 8.45am - 9.30am. Located in the Learning Support Room (off the main entrance foyer). Please sign in at reception and wear a visitor's badge whilst using the library. Books can be requested and returned via the School Shop if you are unable to come on Wednesdays. The Library Team

## MUSIC MATTERS

**2 choro flutes for sale** both used in class 1 and 2 by my daughters and in excellent condition. One with tone block, one without. Wooden cleaners included. £25 each. Email Teresa at [thm.7475@googlemail.com](mailto:thm.7475@googlemail.com)

**Musical instrument trials** Dear parents, we are about to commence another round of trial lessons. Could you please let me know if you are interested in your child taking up an instrument - we have spaces for violin and cello currently. Thank you, Caroline Price

### Next singing days with Stream of Sound:

Sat 11 March 10 - 4 A singing day for Adults, (and Upper School pupils) on the two themes of shanties and revolutions!

Sat 25 March 10 - 3 A singing day for pupils from class 4 upwards, songs, fun & games.

**Elmfield's Middle and Upper School Annual Concert** Please note that the concert will be held on Wednesday 5 April at 7:30 - please put the date in your diary now!

## SALES AND WANTED ETC

**Wanted: house to rent** We are seeking a 2 or 3 bedroom house to rent for a family of 4, within walking distance of school. Our two young children have been at Elmfield for the last 3 years and I am training to be a class teacher. We're currently in Birmingham and would love to move to Stourbridge this term. Please ring Sajda 07742986435

**Free to collect** Old style carpet underlay - ca 12x12m. 01384 373929. Carlotta

**Wanted: Chainsaw / Tree surgery protective equipment** My 18 year old son is starting to learn chainsawing / tree work and we are looking out for a helmet with visor, chainsaw boots (size 13!), chainsaw trousers (long!) etc if anyone has any not needed that we could buy. Thanks, Margy 07817 555204 / 01384 351414

**Eco-Cleaning Services** Organic Ever-Clean offers a range of domestic and commercial cleaning including effective home-made products that are non-toxic, petroleum free and naturally bio-degradable as well as all cleaning equipment. Contact Sonja 07503 205 909 [facebook.com/organic-EverClean](https://www.facebook.com/organic-EverClean)

**House for Sale** We have put our house, 28 South Avenue, on the market but particularly wanted to make the Elmfield community aware. The house has had a link to the school since the 70s and we would be pleased if this was to continue. Our description is as follows: Link/end of terrace 'detached' property in the 'Old Quarter'; two large reception rooms; three bedrooms; large garden; garage to the rear plus possible off-road parking at the front; many period features. If you would like more information please contact us on 01384 833108 or 07515 146330. John and Lesley Henley

**Au pair from Germany** We are looking for a family for our son Titus who is nearly 16 to stay with from 1 April to 21 May, or during the Summer of 2017. We are a family of four with two boys who both attend a Rudolf Steiner School near Frankfurt. I graduated from another Steiner School in 1990 and was myself an au pair in England with the family of the eurythmy teacher at Michael Hall. My husband and I are both music educators and work at a music school. Titus would like to help in a family with young children he has an excellent reference from a Demeter biodynamic farm near Frankfurt where he has helped several times in the past. Please email Berit at [fb.lang@t-online.de](mailto:fb.lang@t-online.de) or call on 0049 1712 781494.

## EVENTS IN THE WIDER COMMUNITY

**Heart to Heart Storytelling presents a women's weekend workshop** on the story of White Bear King Valemon. Friday 10th March (eve) - Sunday 12th March, The Coach House, Stourbridge. An immersive and exploratory storytelling workshop for women, looking at the themes of transformation and inner strength. As women it seems as important as ever to come together to celebrate, support and encourage each other in these challenging times. By exploring this ancient Norwegian fairy tale of courage and wisdom we can explore these issues through rich imaginative language, laughter, song and imagery. This weekend is suitable for experienced or complete beginners to storytelling. We will explore the skills of the storyteller in the community, finding our own authentic voice and the role of a storyteller in today's world. (The content of this workshop is not suitable for children, but the story - which you will learn, is!) For further info: [julie@storiesmatter.co.uk](mailto:julie@storiesmatter.co.uk). £75/£55 concs.

**Malina's Dream, Angel Heart Theatre Company at Glasshouse Arts Centre** on Friday 3rd February at 6:30pm. Tickets £6 Adult, £4 Child A spell-binding show about friendship and finding the way between two worlds. This warm-hearted, original tale is inspired by true-life encounters between 19th century sailors and Inuit communities of the Arctic. Wander with Malina and her friends between the worlds of snow and shadow! Beautiful puppets (including shadow puppetry), live music and an evocative soundtrack create an unforgettable experience of magical theatre. This is a family show, suitable for all children 4 years and above. Supported by Black Country Touring <http://www.rmt.org/glasshouse/events/> [theatre@ghc.rmt.org](mailto:theatre@ghc.rmt.org) or call 01384 399433.

**Beekeeping - Anyone interested?** A Beginners Course in Beekeeping is starting on Thursday 2nd February at 7pm, running for 8 weeks, at Hagley Community Centre. Thereafter candidates can attend ten practical sessions at the Branch Apiary. Should candidates wish to keep bees they will be assigned a mentor, an experienced beekeeper who lives locally who can guide them and offer practical advice in their first beekeeping year. The course fee is £80. For more details please see <http://www.hsbka.org/> or call Nick Templar on 01562 882145. I am planning to do this course following recommendation by Justus Klaar. Margy Henderson

**Rich World Poor World Supper Saturday 11th March 2017** You are warmly invited to our next supper to an evening of cheer, good company and good food (that is if you draw a Rich Person's ticket in life's lottery), at 7 pm on Saturday 11th March at Carrie's house. Tickets £12, and as spaces are limited, please book in advance, via Carrie Smith (07941 869863), Rosanne Adams (01384 390095), Helen Mosley (07800 596632) or Katherine Savage (07976 648562). Takings will go to Medecins Sans Frontieres and Wateraid.



**Ashtanga Yoga at Elmfield** Mind calm - body vibrant. James Critchlow 01384 394702 / 07967 211748 [www.yogabirmingham.co.uk](http://www.yogabirmingham.co.uk)  
Monday 8.00pm - 9.30pm Beginners' Ashtanga Yoga Course (10 weeks) - an introduction to Ashtanga Yoga (9 January - 27 March)  
Thursday 8.00pm - 9.30pm Improvers' Ashtanga Yoga Course (10 weeks) - for people who have a working knowledge of Ashtanga (12 January - 23 March).

**New Yoga Class** in Stourbridge at The Old Library Studios, Hagley Rd.

Tuesdays 7pm - 8.15pm, Fridays 9.30am - 10.45am, Sundays 9.30am - 10.45am. Hatha yoga suitable for all! Strengthening and warming postures, deep stretches and blissful relaxation. £8 per class. Contact Emma to for info & to book. Tel/text 07973 376 267 Facebook EmYoga.

**New open classes to experience Eurythmy** Something DIFFERENT to refresh mind, body and soul with a weekly morning classes of eurythmy at the Glasshouse Arts Centre. Fulfil your New Year resolutions! Regular friendly classes of social eurythmic movement will help engagement, stimulate your creativity (that's right) and enhance your resilience to stand in the modern world. No previous experience required. Everybody is welcome to join one, a few, or all classes. Wear comfortable clothing, eurythmy shoes can be provided. Please contact Maren Stott: 01384 442563 Cost: £6 per class – concessions for the whole course. (Men: no charge/contribution).

Mondays: 10.15 –11.15am = exploration of speech & poetry through eurythmy

Tuesdays: 10.15 – 11.15am = exploration of music through eurythmy, 11.45– 12.45am = speech eurythmy

Wednesday: 10.15–11.15am = eurythmy exercises with copper rods

Thursday: 10.15– 11.15am = speech eurythmy, 11.45– 12.45am = music eurythmy

**Peg Loom Workshop** Come and learn the simple craft of peg loom weaving using sheep's fleece and take home a fabulous handmade, natural piece that can be used as a wall-hanging, seat pad or cushion cover. The workshop will be held at Churchill Village Hall, Iverley on Saturday 25<sup>h</sup> February from 10am – 1 pm. Places are £30 for early bird bookings before 4th February and £35 for people booking thereafter. Spaces are limited and are filling up fast. To book please visit my website at [www.facebook.com/thecrazylittlesheepco](http://www.facebook.com/thecrazylittlesheepco), or you can email me at [thecrazylittlesheepco@gmail.com](mailto:thecrazylittlesheepco@gmail.com) or call me on either 07980 777498 or 01384 671554. Any queries then please do not hesitate to contact me, Alex Greaves.

**Patients & Friends of Anthroposophic Medicine** PAFAM is a Patient Group specifically orientated towards promoting the use of Anthroposophic Medicines and Therapies in the UK. It aims to support and promote legislation at a national level to achieve this, at the same time as offering a member service that includes information about the availability of doctors, therapists and healthcare in general. PAFAM also provides workshops and retreats, a bi annual Newsletter as well as its distinctive 'Living Will' within the context of its belief in freedom of choice and access to medication, medical treatments and therapies. For more comprehensive information or to become a member of PAFAM please visit: [www.pafam.org.uk](http://www.pafam.org.uk) Email: [cathiegreen@outlook.com](mailto:cathiegreen@outlook.com) Tel. 07974 390197

## SERVICES

**Complimentary facials** You may have spotted the biodynamically based skin care, Martina Gebhart in the Elmfield Shop. Should you wish to discover more and experience the simple and highly effective daily ritual, the Elysia Therapeutic Centre is offering 30-minute complimentary facials on Tuesday mornings throughout the month of February. The Centre is just a 5-minute drive from the school. Simply call us on 01384 392072 or email [info@elysiacentre.org](mailto:info@elysiacentre.org) to make a booking or for more information.

**The Straw Cottage** hidden in the heaven of Radnorshire: an unforgettable experience to delight your children! A unique cottage built of straw, surrounded by woodland, meadow and stream set in 3 acres of its own grounds within a 130 acre farm in Mid Wales. Children have the freedom to explore safely and use their imagination and creativity to build dens, stream dip, follow a treasure hunt, toast marshmallows by the bonfire, star gaze and create wild art. Candles, lanterns and solar light, a wood burner, hot shower and flushing WC, cosy beds and sofas provide the perfect mix of comfort and escape from the modern world. Sleeps 4, weekly lets and 3 or 4 night breaks. [www.tygwynfarm.co.uk](http://www.tygwynfarm.co.uk). [margot@tygwynfarm.co.uk](mailto:margot@tygwynfarm.co.uk). 01597 822665 house or 01597 829298 farm office.

**40 Day Network - Opt in time again!** The 40 Day Network is a group who support families with new babies. We provide about 40 days of help like meals, washing, cleaning, help with other kids, shopping or whatever they need or want. We ask people to opt in for each new family so that you can tailor it to your own busyness. What it often means is one extra meal a week, or baking a cake, or adding a few things to your shop, or running the Hoover round for someone. Follow this link to join the WhatsApp group:

<https://chat.whatsapp.com/6ypkLy1r92zK4yExDxfEA1> OR Join us on Facebook: <https://www.facebook.com/pg/40daynetwork/> OR

text: 40days count me in to 07986301696. Note that joining now doesn't commit you to anything, just gets you on the mailing list.

**Change your habits for the new year!** Psychophonetics counselling can help us to become aware of and to change our old habitual ways of thinking, feeling and acting in the world. These old habits keep us stuck in the same old track with the same old difficulties, both internal and external. It is possible to step out of that track and find that there are many possibilities and choices for dealing with what we meet in our lives. Psychophonetics, as well as talking, uses body work and imagination to go deeper into ourselves. Come and have a free trial session (with no obligation). Or find out more about it by calling: Jacqui Williams 07986 747826.

**Are you suffering from muscular tension in neck or shoulders?** Back pain? Joint problems? Physiotherapy (holistic approach); Rhythmical Massage Therapy: 1:1 Modified Pilates are offered as separate therapies or as an integrated approach at the Elysia Therapeutic Centre. For info [www.annavanzelderren.com](http://www.annavanzelderren.com). For appointments please phone Anna on 07789 852378.

## *Last But Not Least*

*We make a living by what we get. We make a life by what we give.*

*Winston Churchill*