



In this issue...

New date for Class 7 Play, *The Wizard of Oz*: Friday 10 February 7pm

Call for old typewriters!

Cello for sale

Upcoming Events

Fri Feb 10	7.00 pm	<i>The Wizard of Oz</i> - Play by Class 7, Hall
Tues Feb 14	7 – 8 pm	Class 6 to Bath for day trip
Thurs 16 & Fri 17 Feb	7.30 pm	Class 9 Parents' Evening
Fri Feb 17		<i>The Accordion Shop</i> by Cush Jumbo - Play
Mon Feb 27		By Class 11
Tues Feb 28		School closes for half term
Tues Mar 7	7.15 pm	School closed for Teacher Training Day
Tues Mar 7	7.00 pm	School reopens
Sat Mar 11	10.00 am	Open Evening
		PTFA AGM Learning Support Room
		Adult Singing Day, Hall

Please email any entries by the end of Tuesday to loose-ends@elmfield.com. Entries should be less than 100 words. The views expressed in this newsletter are not necessarily those of the school or its staff. The school cannot be held responsible for the quality of products or services offered in this newsletter. We reserve the right to edit content. The editor's decision is final.

For weekly photos and updates from the classroom, *like us* on Facebook at <https://www.facebook.com/ElmfieldRudolfSteinerSchool>
Or follow the Facebook link on our website homepage

SCHOOL NEWS

Wanted: old working typewriters for a Class 10 poetry installation. They need to have ribbon that actually has ink on as we will be using them to churn out poems! Please either donate for good or can we borrow them and return them at Easter... Thanks!
kelly.underwood@elmfield.com

Calling all parents and grandparents! Bothmer sessions are up and running: drop in 9am in the Movement Room, 14th Feb, 28th Feb, 7th March, 14th March. Until 10am. Free of charge. Come and experience a connection with the space around us. Contact Mr. Neale for more info.
ian.neale@elmfield.com

Valentine's Day - Please visit our Class 2 stalls for your Valentine's Day themed hand made crafts and cookies! See us outside the hall on Friday 10th Feb at 3.15pm and on Tuesday 14th Feb at 12.30pm & 3.15pm. All proceeds to Class 2 Funds.

Art department requests The art department is looking for donations of the following: fabric - netting and lace; ribbon; tissue paper; glass beads; old working cameras for pupils to use in lessons.

Sainsburys vouchers It is the time when we can collect these again, so please if you shop at Sainsburys, collect the vouchers and bring them into school. We are able to get equipment for the sports and cookery departments with these, so the more we can collect the better. The box to put them in is by the office. Maigread Reynolds

PTFA

Email address: elmfieldptfa@gmail.com

AGM The PTFA will be holding their AGM on the 7th March 2017 7pm in the Extra Lesson Room. Our PTFA depends on parent involvement. As parents, teachers and others involved in the daily life of the school you are already members of the PTFA. Please come and join the committee. We meet once every 4 to 6 weeks to plan events and activities and to vote on how funds will be spent. This year we have a vacancy on the committee for a new Chair - could this be you? For further information or just to get in touch please email secretary@elmfieldptfa.com or elmfieldptfa@gmail.com

Parents' Library Open every Wednesday throughout the term, 8.45am - 9.30am. Located in the Learning Support Room (off the main entrance foyer). Please sign in at reception and wear a visitor's badge whilst using the library. Books can be requested and returned via the School Shop if you are unable to come on Wednesdays. The Library Team

MUSIC MATTERS

Cello for sale Half size, Stentor II, including bow and soft case. Very good condition. £200. Please call Margy, 01384 351414 or 07817555204

2 choro flutes for sale both used in class 1 and 2 by my daughters and in excellent condition. One with tone block, one without. Wooden cleaners included. £25 each. Email Teresa at thm.7475@googlemail.com

Next singing days with Stream of Sound:

Sat 11 March 10 - 4 A singing day for Adults, (and Upper School pupils) on the two themes of shanties and revolutions!

Sat 25 March 10 - 3 A singing day for pupils from class 4 upwards, songs, fun & games.

Elmfield's Middle and Upper School Annual Concert Please note that the concert will be held on Wednesday 5 April at 7:30 - please put the date in your diary now!

SALES AND WANTED ETC

Free to a Jam/Winemaker A great many (more than 40) jam jars available for any jam makers out there. Also empty wine bottles with screw lids (more than 60). Please call Anne B on 07986 301696. I can bring them to school or you can collect.

Offer Red velvet sofa, H 80cm, L 150cm, donations to Elmfield School. Contact Vee Bould 01384 358358

Flat to Rent Bracken Park Gardens, Wordsley. 1 bedroom, 1st floor, quiet and south facing, few mins walk from canal, £400/month
Contact: Jon Hazlewood | jon.hazlewood@gmail.com | 0774 969 8466

House for Sale We have put our house, 28 South Avenue, on the market but particularly wanted to make the Elmfield community aware. The house has had a link to the school since the 70s and we would be pleased if this was to continue. Our description is as follows: Link/end of terrace 'detached' property in the 'Old Quarter'; two large reception rooms; three bedrooms; large garden; garage to the rear plus possible off-road parking at the front; many period features. If you would like more information please contact us on 01384 833108 or 07515 146330. John and Lesley Henley

Au pair from Germany We are looking for a family for our son Titus who is nearly 16 to stay with from 1 April to 21 May, or during the Summer of 2017. We are a family of four with two boys who both attend a Rudolf Steiner School near Frankfurt. I graduated from another Steiner School in 1990 and was myself an au pair in England with the family of the eurythmy teacher at Michael Hall. My husband and I are both music educators and work at a music school. Titus would like to help in a family with young children he has an excellent reference from a Demeter biodynamic farm near Frankfurt where he has helped several times in the past. Please email Berit at fb.lang@t-online.de or call on 0049 1712 781494.

EVENTS IN THE WIDER COMMUNITY

Peter Knight's Gigspanner at the Glasshouse Arts Centre On Friday 3rd March at 7:30pm. Since his departure from folk-rock pioneers Steeleye Span at the end of 2013, fiddle player Peter Knight has turned his full attention to his trio Gigspanner, and in the process has established their reputation as one of the most innovative acts on the folk/roots scene, garnering along the way a reputation for dismantling traditional music and song and reassembling it in an entirely original, imaginative and beautiful way. Tickets available online <http://www.rmt.org/glasshouse/events/theatre@ghc.rmt.org> 01384 399433

Myeloma UK Fundraising I am the mum of Beth (ex-pupil) and Laura Gilde-Young (class 8) and am cycling from London to Paris to raise money for Myeloma UK. It will take 4 days and I will cycle on average 80 miles a day! Myeloma is a rare type of blood cancer and is incurable. Myeloma UK helps support patients and research towards treatments and ultimately cure. Any donations would be hugely appreciated. I have a JustGiving page, search for me using Ange Young. Or I have sponsorship forms, Laura can take donations and record them. Many thanks. 01384 442106

Let It Sound With Stephanie and Fred! Next workshop this Saturday 11th February 10am til 12. For children 6 and over at The Christian Community, Baylie St. For more information contact Stephanie on 07926 686481 or Cecilia 07585 675210.

Heart to Heart Storytelling presents a women's weekend workshop on the story of White Bear King Valemon. Friday 10th March (eve) - Sunday 12th March, The Coach House, Stourbridge. An immersive and exploratory storytelling workshop for women, looking at the themes of transformation and inner strength. As women it seems as important as ever to come together to celebrate, support and encourage each other in these challenging times. By exploring this ancient Norwegian fairy tale of courage and wisdom we can explore these issues through rich imaginative language, laughter, song and imagery. This weekend is suitable for experienced or complete beginners to storytelling. We will explore the skills of the storyteller in the community, finding our own authentic voice and the role of a storyteller in today's world. (The content of this workshop is not suitable for children, but the story - which you will learn, is!) For further info: julie@storiesmatter.co.uk. £75/£55 concs.

Rich World Poor World Supper Saturday 11th March 2017 You are warmly invited to our next supper to an evening of cheer, good company and good food (that is if you draw a Rich Person's ticket in life's lottery), at 7 pm on Saturday 11th March at Carrie's house. Tickets £12, and as spaces are limited, please book in advance, via Carrie Smith (07941 869863), Rosanne Adams (01384 390095), Helen Mosley (07800 596632) or Katherine Savage (07976 648562). Takings will go to Medecins Sans Frontieres and Wateraid.

Ashtanga Yoga at Elmfield Mind calm - body vibrant. James Critchlow 01384 394702 / 07967 211748 www.yogabirmingham.co.uk
Monday 8.00pm - 9.30pm Beginners' Ashtanga Yoga Course (10 weeks) - an introduction to Ashtanga Yoga (9 January - 27 March)
Thursday 8.00pm - 9.30pm Improvers' Ashtanga Yoga Course (10 weeks) - for people who have a working knowledge of Ashtanga (12 January - 23 March).

New Yoga Class in Stourbridge at The Old Library Studios, Hagley Rd.
Tuesdays 7pm - 8.15pm, Fridays 9.30am - 10.45am, Sundays 9.30am - 10.45am. Hatha yoga suitable for all! Strengthening and warming postures, deep stretches and blissful relaxation. £8 per class. Contact Emma to for info & to book. Tel/text 07973 376 267 Facebook EmYoga.

New open classes to experience Eurythmy Something DIFFERENT to refresh mind, body and soul with a weekly morning classes of eurythmy at the Glasshouse Arts Centre. Regular friendly classes of social eurythmic movement will help engagement, stimulate your creativity (that's right) and enhance your resilience to stand in the modern world. No previous experience required. Everybody is welcome to join one, a few, or all classes. Wear comfortable clothing, eurythmy shoes can be provided. Please contact Maren Stott: 01384 442563 Cost: £6 per class – concessions for the whole course. (Men: no charge/contribution).

Mondays: 10.15 – 11.15am = exploration of speech & poetry through eurythmy

Tuesdays: 10.15 – 11.15am = exploration of music through eurythmy, 11.45– 12.45am = speech eurythmy

Wednesday: 10.15–11.15am = eurythmy exercises with copper rods

Thursday: 10.15– 11.15am = speech eurythmy, 11.45– 12.45am = music eurythmy

Peg Loom Workshop Come and learn the simple craft of peg loom weaving using sheep's fleece and take home a fabulous handmade, natural piece that can be used as a wall-hanging, seat pad or cushion cover. The workshop will be held at Churchill Village Hall, Iwerley on Saturday 25^h February from 10am – 1 pm. Places are £30 for early bird bookings before 4th February and £35 for people booking thereafter. Spaces are limited and are filling up fast. To book please visit my website at www.facebook.com/thecrazylittlesheepco, or you can email me at thecrazylittlesheepco@gmail.com or call me on either 07980 777498 or 01384 671554. Any queries then please do not hesitate to contact me, Alex Greaves.

Patients & Friends of Anthroposophic Medicine PAFAM is a Patient Group specifically orientated towards promoting the use of Anthroposophic Medicines and Therapies in the UK. It aims to support and promote legislation at a national level to achieve this, at the same time as offering a member service that includes information about the availability of doctors, therapists and healthcare in general. PAFAM also provides workshops and retreats, a bi annual Newsletter as well as its distinctive 'Living Will' within the context of its belief in freedom of choice and access to medication, medical treatments and therapies. For more comprehensive information or to become a member of PAFAM please visit: www.pafam.org.uk Email: cathiegreen@outlook.com Tel. 07974 390197

SERVICES

Gardener and Handyman Experienced gardener, also maintenance work and odd jobs. Contact: Jon Hazlewood, jon.hazlewood@gmail.com, 0774 969 8466

Complimentary facials You may have spotted the biodynamically based skin care, Martina Gebhart in the Elmfield Shop. Should you wish to discover more and experience the simple and highly effective daily ritual, the Elysia Therapeutic Centre is offering 30-minute complimentary facials on Tuesday mornings throughout the month of February. The Centre is just a 5-minute drive from the school. Simply call us on 01384 392072 or email info@elysiacentre.org to make a booking or for more information.

The Straw Cottage hidden in the heaven of Radnorshire: an unforgettable experience to delight your children! A unique cottage built of straw, surrounded by woodland, meadow and stream set in 3 acres of its own grounds within a 130 acre farm in Mid Wales. Children have the freedom to explore safely and use their imagination and creativity to build dens, stream dip, follow a treasure hunt, toast marshmallows by the bonfire, star gaze and create wild art. Candles, lanterns and solar light, a wood burner, hot shower and flushing WC, cosy beds and sofas provide the perfect mix of comfort and escape from the modern world. Sleeps 4, weekly lets and 3 or 4 night breaks. www.tygwynfarm.co.uk. margot@tygwynfarm.co.uk. 01597 822665 house or 01597 829298 farm office.

40 Day Network - Opt in time again! The 40 Day Network is a group who support families with new babies. We provide about 40 days of help like meals, washing, cleaning, help with other kids, shopping or whatever they need or want. We ask people to opt in for each new family so that you can tailor it to your own busyness. What it often means is one extra meal a week, or baking a cake, or adding a few things to your shop, or running the Hoover round for someone. Follow this link to join the WhatsApp group:

<https://chat.whatsapp.com/6ypkLy1r92zK4yExDxfEA1> OR Join us on Facebook: <https://www.facebook.com/pg/40daynetwork/> OR

text: 40days count me in to 07986301696. Note that joining now doesn't commit you to anything, just gets you on the mailing list.

Are you suffering from muscular tension in neck or shoulders? Back pain? Joint problems? Physiotherapy (holistic approach); Rhythmical Massage Therapy: 1:1 Modified Pilates are offered as separate therapies or as an integrated approach at the Elysia Therapeutic Centre. For info www.annavanzelder.com. For appointments please phone Anna on 07789 852378.

Last But Not Least

We must accept finite disappointment, but never lose infinite hope.

Martin Luther King, Jr