



In this issue...

Stream of Sound Singing Day
Saturday 11th March

Class 11 Quiz Night
Friday 24th March 6.30pm

Eurythmy Therapy Talk
16th March 9.20am

Upcoming Events

Sat Mar 11	10.00 am	Adult Singing Day - Hall
Tues Mar 14	7.30 pm	Class 7 Parents' Evening
	7.30 pm	Stream of Sound Eurythmy Room
Thurs Mar 16	9.20 pm	Talk on Eurythmy Therapy by Annamaria Balog Teachers' Library
	6.00 pm	Eurythmy Festival – Hall
Fri Mar 17	6.00 pm	<i>Asterix and the Kidnapped Bard</i> – Play by Class 6 – Hall
	6.00 pm	Quiz Night – Hall for Class 11 funds
Fri Mar 24	6.00 pm	Pupil Singing Day – Hall
Sat Mar 25	10.00 am	Class 10 Parents' Evening
Mon Mar 27	7.00 pm	Gallimaufry – Eurythmy Room
Fri Mar 31	7.30 pm	Early Years end of term
Wed Apr 5	12.30 pm	Easter School Festival - Hall
Wed Apr 5	1.50 for 2.00	Middle and Upper School Concert
Wed Apr 5	7.30 pm	School closes for Easter holidays
Thurs Apr 6	12.00 am	

Please email any entries by the end of Tuesday to loose-ends@elmfield.com. Entries should be less than 100 words. The views expressed in this newsletter are not necessarily those of the school or its staff. The school cannot be held responsible for the quality of products or services offered in this newsletter. We reserve the right to edit content. The editor's decision is final.

For weekly photos and updates from the classroom, *like us* on Facebook at <https://www.facebook.com/ElmfieldRudolfSteinerSchool>
Or follow the Facebook link on our website homepage

SCHOOL NEWS

Quiz and Food Night - Friday 24th March at 6.30pm Everyone is invited to this Italian-themed Food and Quiz night organised by Class 11 to raise funds for their class trip to Italy in the summer. Tickets include food and cost £5 for over 12s and £3 for under 12s. They are available from Reception and should be purchased in advance. Don't worry if you don't have a team, they can sort you out on the night. There's even a prize! It promises to be a really fun and relaxed evening and we hope to see as many of you there as possible.

Eurythmy Therapy Dear Parents, Carers and Friends of Elmfield, I would like to warmly welcome you to a talk I am giving on Thursday, 16th March, 9.20-10.20am in the Teachers' Library at Elmfield School. You will be hearing about the history of Eurythmy as an art form, how it developed into a core subject in Waldorf Education and about its therapeutic approach. Together we will discover some of the basic elements of Eurythmy! Please sign in at reception! Looking forward to seeing you there, Annamaria Balog (annamaria.balog@elmfield.com) Eurythmy teacher for Lower School and MA student in Eurythmy Therapy at Alanus University (Germany - UK)

Wanted: old working typewriters for a Class 10 poetry installation. They need to have ribbon that actually has ink on as we will be using them to churn out poems! Please either donate for good or can we borrow them and return them at Easter... Thanks!
kelly.underwood@elmfield.com

Calling all parents and grandparents! Bothmer sessions are up and running: drop in 9am in the Movement Room 28th Feb, 7th March, 14th March. Until 10am. Free of charge. Come and experience a connection with the space around us. Contact Mr. Neale for more info.
ian.neale@elmfield.com

Art department requests The art department is looking for donations of the following: fabric - netting and lace; ribbon; tissue paper; glass beads; old working cameras for pupils to use in lessons. Please bring any donations to the office.

Sainsburys Vouchers It is the time when we can collect these again, so please if you shop at Sainsburys, collect the vouchers and bring them into school. We are able to get equipment for the sports and cookery departments with these, so the more we can collect the better. The box to put them in is by the office. Maigread Reynolds

PTFA

Email address: elmfieldptfa@gmail.com

Parents' Library Open every Wednesday throughout the term, 8.45am - 9.30am. Located in the Learning Support Room (off the main entrance foyer). Please sign in at reception and wear a visitor's badge whilst using the library. Books can be requested and returned via the School Shop if you are unable to come on Wednesdays. The Library Team

MUSIC MATTERS

Singing Days run by Stream of Sound Singing day for grown ups! (Or anyone over 16) A singing workshop run by the leaders of Stream of Sound, this Saturday, 11th March, from 10:00 - 4:00. We're going to be singing some rousing songs of sedition, some stirring shape-note hymns, and belting out some shanties! Do join us - give yourself a confidence boost and come and have some fun with others who like singing! Refreshments provided, but bring your own lunch. Cost just £10.

The next singing day for young people will be on Sat 25th March from 10:00 - 3:30. Ages from about 9 upwards. A day full of fun, games and singing (and biscuits) with a short showcase at the end so you can see what we have done! £10.

Due to the growing popularity of these events - many people come along from outside of the Elmfield community - it would be good if you could let me know that you are intending to come to either of these events, via email (caroline.price@elmfield.com) by phone 01384 377833 or by a note in my pigeonhole. Thanks. Caroline

Springtime Gallimaufry Come and share your musical talents, join in with the impromptu folk band or just listen at our next Gallimaufry on Friday 31st March from 7 pm until around 9 pm in the Eurythmy room. Gallimaufry is an open musical evening and all are welcome - pupils small and big, teachers, parents and friends. We try and have one very term and we are now in our 10th year! As always, yummy bring and share refreshments. Any queries, please ring Julian Gilde after 6 pm on 01384 442 106.

Piano Recital Friday 24th March @ 7.30pm at the Glasshouse Arts Centre, Stourbridge The Hungarian concert pianist Domonkos Csabay presents music from Mozart, Schubert, Debussy and Bartok. Tickets £8, £6 concessions

African Drumming Classes in Stourbridge! New Members/beginners always welcome. Classes are held every Tuesday and Thursday 7-9pm, at Quaker Meeting House, Scotts Road, Stourbridge. Beginners class every Tuesday at 6pm, venue as above OR also every Wednesday evening 7-9pm at Katie Fitzgeralds, Enville Street, Wollaston. £5 per session, including drum hire if needed. Children's lessons also available! Every Thursday Tea Time 5-6pm, at the Quaker Meeting House. Every child needs to be accompanied by an adult. To book a place and borrow a drum please get in touch with Faith Sax at faithsax@gmail.com or on 07526261250. I'd like to recommend this group - I've been drumming with Faith for a while now and think this is one of Stourbridge's best kept secrets. Playing the Djembe is invigorating, uplifting, good for the heart and the brain and sounds fabulous! - Margy Henderson

SALES AND WANTED ETC

Help with German We are looking for a tutor or experienced person/student to assist Elmfield student in Class 5 with basic German conversation, please contact Kim 07766 727716 for a chat about our requirements.

Calling Classes 1 to 5 parents - Community Support Network NEEDS YOU In the last few months we have expanded our 40 Day network to support families with seriously sick parents or children. The 40 day network is currently formed of mainly early years parents, as it is designed to help families with babies who tend to be early years parents. We would now like to extend this wonderful and fulfilling initiative to parents and families through the rest of the school. There is a family at school with children in the lower school who needs OUR HELP IN MARCH. IF you would like to help with any of the following, please contact the network RIGHT NOW: Cooking meals for delivery; helping with lifts to school; cleaning and washing; companionship. Note that I will keep your details on a list and contact you just once each time a needy family is identified. You then OPT IN or OUT depending on your availability EACH TIME. Please contact Anne B – 07986301696; anne.bearne@gmail.com and JOIN THE PARTY.

Room available to rent in quiet home in Norton, suitable for single person. All bills included in price £240 per month please contact Louise Bennett on 07966 848505

Finca (cottage) in Mallorca with small swimming pool, sleeps 6 (+ 2 in independent Casita outside) surrounded by fields but in walking distance to delightful village square, with bank, chemist and shops. 20 minutes by car from the airport and with good bus and train connections all over the island. Two families could go together but be independent. See <https://www.airbnb.co.uk/rooms/430885> for details, but much lower rates will apply, or email Graham, kennish46@gmail.com.

Home and cleaning services, Children's care, Spanish classes Hello, I'm an eurythmy student from Spain. Weekends anytime and weekdays from 6pm. 12 years of education experience and very loving and trustful presence for children, of all ages. Please contact for knowing more! Gracias! Mavi, 0784 985 9970 flechadefe@gmail.com

We are looking for Bed and Breakfast Accommodation for participants of the Anthroposophical Medical Conference to be held in Stourbridge 12th, 13th and 14th May. Rooms required for 2-3 nights for Thursday, Friday, Saturday night (from May 11th). £20 per night paid. Contact Brenda Newton, brenda.newton@elmfield.com

For sale: National Bee Hives Handmade redwood pine brand new and excellent quality. £75 free delivery to local area. Please call Dean Shepherd for further details on 07817 517926.

EVENTS IN THE WIDER COMMUNITY

Rich World Poor World Supper A few tickets still available. A warm social occasion with a vegetarian supper to raise funds for Medecins Sans Frontieres and Water Aid. Tasty food (if you're a Rich Person!). Saturday 11th March at 7 pm. Tickets £12 in advance please. Bookings no later than Wednesday 8th March from Carrie Smith (school or 833738) or Rosanne Adams (390095).

Fibromyalgia Talk by Dr. Rainer Klocke on 8 April at 14:30 – 16:00 (including discussion) at the Elysia Therapeutic Centre, Bowling Green Rd, Stourbridge. This talk is for anyone interested to learn more about this intriguing condition; and free to attend. It will attempt to give a current understanding of the disease and various aspects of treatment from a rheumatological perspective. Dr. Klocke has been a Consultant Rheumatologist in the West Midlands for over 12 years.

Heart to Heart Storytelling presents a women's weekend workshop on the story of White Bear King Valemon. Friday 10th March (eve) - Sunday 12th March, The Coach House, Stourbridge. An immersive and exploratory storytelling workshop for women, looking at the themes of transformation and inner strength. As women it seems as important as ever to come together to celebrate, support and encourage each other in these challenging times. By exploring this ancient Norwegian fairy tale of courage and wisdom we can explore these issues through rich imaginative language, laughter, song and imagery. This weekend is suitable for experienced or complete beginners to storytelling. We will explore the skills of the storyteller in the community, finding our own authentic voice and the role of a storyteller in today's world. (The content of this workshop is not suitable for children, but the story - which you will learn, is!) For further info: julie@storiesmatter.co.uk £75/£55 concs.

'MAN AND THE MUSES' Friday 17th March at 7.30pm, Glasshouse Arts Centre, Stourbridge An Ancient Greek program four years in the making on Beauty, Wisdom, Suffering, Gods and Goddesses. From original ancient sources - with extracts from Aeschylus, Sophocles, Euripides, including myths, fables, poetry and philosophical fragments...accompanied and threaded with live music. Performed by Canadian-born actor and speech artist Ryan Kouroukis. Tickets £8, £6 concessions. Booking enquiries: theatre@ghc.rmt.org call 01384 399433 or www.rmt.org/glasshouse/events

SERVICES

Host family sought Is anyone interested in hosting (on a paid basis) a 17 year old quiet-ish German boy from Bremen who would like to practise his English, please contact me, Elaine Sheppard. elaine.sheppard@elmfield.com

Julie Neale, Child and Adolescent Integrative Therapeutic Arts Counsellor is now at the Elysia Centre in Stourbridge. Growing up can be difficult at times. Therapeutic Arts Counselling can give the young person an opportunity to increase their self awareness, develop their personal resources, and find strategies to cope. Using different art forms, children and young people can find a way to express unspoken feelings and fears. For an initial conversation please contact: julieneale.counselling@gmail.com Sessions from £28. (Dip in Steiner/Waldorf Ed., Cert in Anthroposophical Art Therapy, PG Cert Therapeutic use of the Arts/PG Cert Integrative Child Psychotherapy. Integrative Child Psychotherapy MA - in training, UKCP reg.)

Experienced Lady Available To Do Housework, Including Deep-cleaning Hours to suit. Excellent References Available (from 'Elmfield-related, Stourbridge old-quarter' referees). Call Heather on 07746-834-572.

Dog Walking And/Or Cat Sitting Offered Experienced, Reliable Lady with Excellent References Available for both dog-walking and/or cat-sitting (feeding your cat and spending a little time giving it some love and attention each visit, while you are away). Please call Heather on 07746-834-572.

Gardener and Handyman Experienced gardener, also maintenance work and odd jobs. Contact: Jon Hazlewood, jon.hazlewood@gmail.com 0774 969 8466

Last But Not Least

Don't let what you can't do stop you from doing what you can do.

John Wooden