

PSHEE Curriculum Overview - Class 10

Autumn:

- Difference and diversity – relationships, sexuality, lifestyles, culture. How we can show empathy and understanding?
- Law and Justice – perception of right and wrong; the law around the age of consent, smoking, consumption of alcohol etc.
- Importance of different relationships and different responsibilities.
- Success and happiness: what it means socially, globally and individually.
- Politics and gender.
- Prejudice and discrimination.

Spring:

- Two career talks.
- CVs and letters of application.
- Applying for work experience placement.
- Exam preparation; how to manage stress; having a plan.
- Individual conversations on progress and how things are.

Summer:

- Two career talks.
- One to one conversations.
- Drugs and addictions.
- Managing stress; self-care and self-esteem.