

PSHEE Curriculum at Elmfield Rudolf Steiner School

September 2016

Steiner Education strives to develop rounded, competent, confident young people with a healthy self-esteem who are able to impart purpose and direction to their lives. This is taught and fostered implicitly through the curriculum and in the relationships between pupils and staff but it is also taught explicitly through our Guidance Curriculum, which at Elmfield seeks to:

- help individuals develop their true potential in a number of fields.
- develop skills in the academic, musical, artistic, physical, creative and social realm.
- give curricular guidance and support to our pupils, so they can become independent learners and to give direction on how what they need to do to improve.
- give personal guidance to support their physical, emotional, health and well-being.
- have a comprehensive programme on: the dangers of drugs, alcohol, addictions; sexual health and healthy relationships; bullying, misuse of social media and modern technology and keeping safe on line.
- give vocational and careers guidance so the pupils are aware of future options.
- signpost on to the next stage of Education and to help with this transition.

Early Years:

Young children learn through imitation and strong, healthy rhythms ensure that the children feel safe and secure. Healthy eating is promoted through baking and preparation of fruit and vegetables. The children spend time outdoors regularly and this enables them to experience nature and the natural rhythms of life.

The children are immersed in a rich culture of traditional stories and fairy tales where the children experience archetypal relationships. Social awareness is fostered through games, natural play and group activities. Appropriate behaviour is modelled through the words and actions of the Early Years Staff.

Lower School (Classes 1-5)

The Class teacher becomes a model of the human adult for the children alongside the parents. Each class is encouraged to work together as a group, recognising one another's strengths and helping one another when needed. The children are supported in their relationships and growing awareness through stories, which provide imaginative

understanding of moral and social practice and the themes of good and evil and justice and redemption run through the Main Lesson themes.

Stories will also deal with death and bereavement in an age appropriate way. Relevant main lesson themes are:

- Classes 1 and 2 – Folk and nature stories, nature observation.
- Class 3 – Old Testament stories, nature observation, farming and animal husbandry.
- Class 4 – Mythology, nature observation, human beings and animals.
- Class 5 – Mythology, nature observation, animal studies, botany and plant reproduction.

If any issues of an inappropriate sexual nature arise in the younger classes, teachers will consult the Education Lead and the safeguarding team for guidance.