

For regular news from the school, visit the News section on our website or like us on Facebook by following the link on our website homepage or this link: <https://www.facebook.com/ElmfieldRudolfSteinerSchool>



Please email any entries to loose-ends@elmfield.com. The views expressed in this newsletter are not necessarily those of the school or its staff. The school cannot be held responsible for the quality of products or services offered in this newsletter. We reserve the right to edit content. The editor's decision is final.

Upcoming Events

Sat 4 Nov	10 - 4.00 pm	Stream of Sound Singing Day - Hall
Mon 6 Nov	7.15 pm	Class 7 Project Presentations
Tues 7 Nov	7.00 pm	Class 9 Parents' Evening
	7.25 pm	Open Evening
	7.30 pm	Stream of Sound - Eurythmy Room
Wed 8 Nov	8.00 pm	Parents' Eurythmy Group - Hall
Fri 10 Nov	5.00 pm	Martinmas walk classes 1 - 3
Mon 13 Nov	7.00 pm	Class 11 Parents' Evening
Wed 15 Nov	6.30 pm	PTFA meeting - Class 5 classroom
	8.00 pm	Adults Eurythmy Group Hall
Fri 17 Nov	12.45 pm	School closes early for Winter Fayre set up
Fri 18 Nov	11 - 4.00 pm	Elmfield Gift Shop open
Tues 21 Nov	7.00 pm	Schools' Shakespeare Festival
Thurs 23 Nov	1.00 pm	<i>Deadline for copy for Loose Ends</i>
Fri 24 Nov	Afternoon	Next issue of Loose Ends



Sat 18 Nov 11 - 4.00 pm Elmfield Winter Fayre



Elmfield News and Information

Welcome back after half-term. The clocks have gone back, the leaves are changing colour and there's a definite change in the temperature. So it's time to wrap up warm, get cozy and look forward to one of the highlights of the year - the Winter Fayre! There's only a few weeks to go now, so any help you can give the team will be greatly appreciated, both before and on the day. And if you haven't signed up to help with a stall or activity yet, please do as the Winter Fayre relies on all of us coming together to help.

Please note that school will close early on the Friday before the Fayre at 12.45. This is so that the decorating and setting up can take place. Upper School pupils who are unable to help on the day at the Fayre are, as usual, asked to stay and help with the setting up - this is vital with so much to be moved and done, and makes a huge difference.

Donations of food, cakes etc are needed as usual for the fayre. Please see the PTFA section for full details.

Vacancy - Giftshop assistant - Starting asap

Mondays 8.30am-4.30pm during term time and some occasional Saturdays; £7.50 per hour.

Elmfield's shop provides a valuable source of materials, gifts and advice for the School's parents and

members of the public. We are looking for an enthusiastic person to join our team on a part-time basis. You will need to have some retail experience and be able to provide a good level of customer service. Accuracy and accountability are required as you will be handling money and recording transactions. You will also be required to order stock, undertake stock control and be able to keep the shop premises clean and tidy. To apply, please visit the Job Vacancies section on the school website.

Singing Day! On Saturday 4th November (10 - 3:30) Stream of Sound are running a singing day for class 4 age upwards, a great opportunity for your child to experience a harmony workshop with expert teachers! £10 for the day, pick up a leaflet outside the office or email me on Caroline.price@elmfield.com. PS Health warning: your child may not be able to stop singing for several days afterwards..

Vacancy - Parent & Child Facilitator

Monday, term time only; 8.30am-12.30pm £8.16 per hour - To start as soon as possible
We are looking to appoint a Parent and Child Facilitator for our small Parent and Toddler Group. This is a small, friendly group for babies and younger children from ages 0-3 who meet four times per week. The successful applicant will be expected to support a regular rhythm for the families to include creative play, ring/story time and seasonal crafts and baking. Some knowledge of Steiner Waldorf Early Years would be desirable but not essential. To apply, please visit the Job Vacancies section on the school website.

Elmfield Gift Shop. The shop will be open throughout the Winter Fayre on Saturday 18 November (11.00am - 4.00pm.) A perfect opportunity for some stress-free Christmas shopping! We are adding to our shelves on a daily basis. Advent Calendars and Charity Christmas card packs now available. Just in are the beautiful, 100% beeswax, Dipam candles. We will also be adding to our 'Bargain Book' selection, and hoping that book-lovers will find something of interest on our seasonal and gift book display! The Shop Team

Parents' Library. Open throughout the term on Wednesdays (8.45am - 9.45am) Now located in Elmfield Gift Shop. In the run up to the Winter Fayre, don't forget that we have books full of seasonal craft, gift and display ideas! The Library Team

PTFA

WINTER FAYRE - SATURDAY 18th NOVEMBER 11-4 PM

The Winter Fayre is the main PTFA event of the year and all the money raised goes back into the school for the benefit of the pupils.

The winter fayre is only 2 weeks away. We still need volunteers to man the stalls on the day. Please sign up to the rotas in the yellow passage from Monday onwards or email the Ptfa if you can help.

Decorating the school on Friday - we need a team of people to help transform the school to a winter wonderland on Friday afternoon from 12.45pm onwards. Even if you work please pop in after work and help.

Greenery - we need a lot of greenery to help make the school beautiful for the fayre. We are in need of ivy, conifer, small willow branches, non prickly greenery. Please put all greenery in the box outside the yellow passage.

Tombola - we need donations of prizes for the tombola stall suitable for both adults and children. Please put donations in the box outside the yellow passage

Congratulations to Noah Claridge on winning the poster design competition with his beautiful picture, which you can see here.



Elmfield School
Winter Fayre
18th November
11-4pm

Local Artisan Craft Market
Visit the Snow Queen
Candle Dipping
Children's Craft
Children's Activities
Live Music

Tea Room
Delicious Homemade
Food

Elmfield School
Love Lane
Stourbridge
DY8 2EA
www.elmfield.com
Charity no: 1168334

Elmfield Rudolf Steiner School

Pocket money stall - we need donations of toys and games suitable for children to buy at the fayre. These can be new or preloved. Please put all donations in the box outside the yellow passage.

Restaurant- please can the school community donate the following items for the restaurant:

Bread rolls

New potatoes

Tinned tomato's

Fresh peppers - all colours

Carrots

The restaurant team is also asking for people to bake quiches (please label with ingredients).

Please can all food ingredients which are fresh be brought in to school on Thursday 16 or Friday 17th November and be put in the teaching kitchen or left by reception.

Tearooms - bake a cake! Please donate homemade cakes for the tearooms. Please bring to the school on Friday 17th or on the morning of the fayre. Can we ask that any homemade cakes are labelled, and also include a list of ingredients. Many thanks!

2nd hand clothes - please donate good quality clothes and out in the box outside the yellow passage.

Children's activities and candle dipping - all of the activities will be paid for by tokens. Exchange your money for tokens (wooden buttons) which can be used for all the children activities and candle dipping. To save time in the day you can buy your tokens in advance at the school shop from Wednesday 8th November. Tokens are £1 each. If you buy your tokens before the day buy 10 and receive 12 (2 tokens free).

Class 3 would be grateful for any contributions to the **Home Produce & Foods of the World stall**. Do you have a glut of seasonal fruits? Perhaps you make jams, chutneys or cakes? We welcome sweet and savoury offerings from across the world, and also international dishes of food which can be served on the day as finger foods. So if you are interested in donating please call or text Dave on 07817 045033. Your produce can be left in the class 3 cloakroom from 13th-17th November, and should be clearly labelled with ingredients and date made. Many thanks.

Dear All. This year we will once again be running a **raffle** as part of the PTFA Fundraising at the Advent Fayre. We needs lots of lovely prizes, including anything you might be able to contribute to a wonderful Christmas Hamper. Perhaps you work for a company that may be feeling generous, have contacts, or are able to provide a prize yourself, we'd be really grateful.

Please email Rhiannon at rhiannonsbwilliams@yahoo.co.uk, or telephone 07905 052954 if you are able to help in any way. Many thanks. Rhiannon (Rose's mum, Class 2)

Gnome gardens - please donate acorns, pine cones, small stones, small crystals, feathers etc and put in the box outside the yellow passage

And if you have some quality novels and books that are recent and in good condition and would sell on the **second-hand book stall** we would be pleased to receive them. But, very politely (!), we have enough old unwanted books from previous years that won't sell so please donate wisely....

Estates - Help needed. Small team of workers seeks 4 willing volunteers to assist with setting up the winter Fayre stalls in the hall on either Thursday 16th or Friday 17th (Confirmation of date closer to event). If you are available, please get in touch with me at school. Hot beverages and chatting supplied. Regards, Tal T-B, Estates Manager

Other Pfta matters - For clarification, the Elmfield annual bonfire has traditionally been a class fund raising event support by the Estates team and for the last few years the PTFA have donated fireworks. We are happy to continue to support this should a future class choose to take on the responsibility of organising it. Thanks for your understanding.

Wider Community

EVENTS

The Parents eurythmy group will commence again on 8 November for a 5 week block. It will run on Wednesdays from 8pm - 9pm in the hall at Elmfield School. The cost will be £35 for the 5 weeks. There will be a Christmas theme including Music and poetry. Beginners welcome. Please contact Jennifer if you would like any more information 07568 595839 or willmott.jennifer@gmail.com

Come Play With Me A Steiner inspired family group held on Wednesday mornings from 9.30 - 11.30. Children up to school age are most welcome with their parent or carer. We play, bake a snack and enjoy songs and rhymes together. If you would like to join us in the community room at the Christian Community, 22 Baylie Street, please contact Janet Klaar, 01384 352177 or by email janetklaar@yahoo.co.uk
We look forward to welcoming new members to our group.

Yoga Classes at Elmfield. Tuesdays 7pm – Hatha Thursday 8pm - Yin Sunday 9.30am - Hatha
All classes are held in the movement Room, Upper School. £8 drop in or £70 for 10.
Also morning classes at Churchill Village Hall, DY10 3LU - Tuesdays 9.30am Yin Fridays 9.30am Hatha
To book or for more info please contact Emma Cartwright on: 07973376267 www.yogasouls.co.uk
Namaste@yogasouls.co.uk

Nonviolent Communication Foundation Training. Saturday 25th – Sunday 26th November at the Elysia Therapeutic Centre, Stourbridge. Shift from a paradigm of demands, rewards and consequences – to a paradigm of self-responsibility, connection, trust, mutual support and interdependence. This training is an opportunity to improve your communication skills, listen in an empathetic way to others, listen compassionately to yourself and effectively express your feelings and needs. Course Facilitators: Shantigarbha and Gesine Schrader. For further information: please contact Monika Horber; Tel: 07884 454426
Email: monikahorber25@gmail.com

Ashtanga Yoga at Elmfield

Monday 8.00pm - 9.30pm Beginners' Course (10 weeks) - an introduction to Ashtanga Yoga (18 Sept - 27 Nov) and Thursday 8.00pm - 9.30pm Improvers' Course (10 weeks) - for people who have a working knowledge of Ashtanga Yoga (21 Sept - 30 Nov). Mind calm - body vibrant. James Critchlow 01384 394702 / 07967211748 www.yogabirmingham.co.uk

Coming Up at the Glasshouse Arts Centre, Wollaston Road, Stourbridge, DY8 4HF, 01384 3994:

Friday 10th November - **Theatre: Where's My Igloo Gone?**

6:00pm - 7:00pm; Family Show 3 years +; Tickets £5 under 5's go free

'Where's My Igloo Gone?' is a family show with beautiful live music and a great story. It's fun and interactive, featuring striking costumes and design, and staged in the round so everyone can see and take part. It creates a dazzling, icy world of soaring snow geese, pet husky dogs, starry nights and fishing adventures. And the kind of cold that makes your skin tingle! Travelling through snowstorms, across oceans and into our hearts, Oolik is not the kind of girl to give up on her quest.

'Where's My Igloo Gone?' is grounded in science, powered by the imagination. We are collaborating with environmental experts to weave scientific knowledge into a compelling narrative with dynamic interactive activities, engaging audiences with the environment and climate change in a positive, refreshing new way. We want to show that when people work together, solving problems, thinking creatively, real change can happen! With grateful thanks to Black Country Touring

Wednesday 15th November - **Music: Nordic Fiddlers Bloc**

7:00pm to 9:00pm; Tickets £8 Concessions £6

The Nordic Fiddlers Bloc comprise Olav Luksengård Mjelva (Norway), Anders Hall (Sweden) and Kevin Henderson (Shetland).

Norway, Sweden and Shetland have three of the richest fiddle traditions in the world, with documented

historical links going back hundreds of years. The Nordic Fiddlers Bloc seek to bring those historical links and traditions alive and present them in a new, exciting, dynamic and meaningful fashion, while nevertheless remaining faithful to the roots of each tradition.

Saturday 25th - Sunday 26th November - Craft and Vintage Christmas Fair at the Ruskin Glass Centre and Glasshouse Arts Centre. 11am - 5pm; Free Entry and Car Parking

Resident Studio Artists and Makers along with invited Craft and Vintage Stalls featuring Glass, Textiles, Paper, Stone, Wood, Leather, Ceramics, Jewellery. An opportunity to find the perfect gift. With free performances, activities for families and seasonal food. To enquire about stalls please contact ruskincraftassociation@outlook.com or helen.garbett50@btinternet.com?

HEALTH

Anthroposophic Medical Care available at the Elysia Therapeutic Centre: For pains or stiffness in limbs or spine. Not sure what's going on or nothing seems to help? Dr Rainer Klocke, Consultant Rheumatologist, is available for integrative-medical consultations. To find out more, please call the Centre on 01384 392072. Dr Claudia Kempfen is available for medical consultations and Mistletoe Therapy on Thursday, 16th November. For an appointment please call Dr Kempfen directly on 07869 219 559.

M.E. / Chronic Fatigue Syndrome Research Project. I am a BACP registered counsellor and psychotherapist and am offering up to 6 free sessions to individuals living with ME / CFS. This is an illness that has no recognised effective medical treatment. Each individual, it seems, needs to find their own way to live with, to manage and possibly recover from this condition. My research aims to find out to what extent psychophonetics counselling can aid and support people through this difficult process. This form of therapy works with the body as well as the mind and provides some techniques of management that may be helpful. Sessions will begin from December. To find out more and book a place (these are limited) contact Jacqui Williams on 07986 747826.

Let's talk about Pain. Speaker: Dr Rainer Klocke, Consultant Rheumatologist

Date: 10 December, 3.00 pm until 4:30 pm. Venue: Elysia Therapeutic Centre, Stourbridge, DY8 3RZ

A meeting, not only for sufferers, to consider this phenomenon that visits us all, more or less, from time to time. There will be a relative focus on pain felt in our limbs and/or back. The aim is to create a safe space for general questions, and a joint attempt towards answers. As places are limited, please register your intention to attend by emailing the Centre info@elysiacentre.org or call us on 01384 392 072.

Are you suffering, for example, from **back problems, muscular tension, insomnia, stress, anxiety?**

Physiotherapy (holistic approach); Rhythmical Massage Therapy: 1-1 Modified Pilates are offered as separate therapies or as an integrated approach at the Elysia Therapeutic Centre.

For info www.annavanzelderen.com For appointments please phone Anna: 0778 9852 378

PAFAM Celebrating 100 years of Mistletoe Therapy – Reserve your place now!

A one day conference with guest speaker Dr. Michael Evans

Saturday 27th January 2018, 10.30 am to 6.00 pm; Elysia Therapeutic Centre, Stourbridge

Cost: £30 (includes lunch & refreshments)

Day includes: A talk and discussion around Mistletoe and Cancer, Goethean Observation of Mistletoe and Eurythmy: Exercises for Cancer.

To book your place please contact Cathie Green – 01584 881197 / 07974 390 197 or email: cathiegreen@outlook.com

Complementary therapy gift cards available plus treatments including Indian head massage, back massage, organic aromatherapy, reflexology, Reiki, Reiki with crystals, Reiki drumming and drumming circle. Email: sacredlotuscentre@hotmail.com Mobile: 07952 477545 Website: www.sacredlotuscentre.com

Naturopathic Nutritional Therapy - Are you struggling with not feeling as well as you could be? Perhaps you lack energy or just want to make some improvements to your diet and could do with some help. Maybe you need some ideas to help you and your family reach optimal health and just don't know where to start.

I am passionate about helping people feel better and achieve their goals through food (nature's medicine), natural supplements and herbs and lifestyle advice. I provide support for all conditions/ issues. If you would like to book a consultation or arrange a free 10-minute initial chat then please e-mail me: info@nutritionforvitality-laraseago.com or call me on: 07887 943037. I look forward to working with you on your improved wellness. Lara Seago

SERVICES

My name is Maria Fernandez, if you have an interest in macrobiotics please contact me: 07983 783399 or mmfernandezjurado@gmail.com (Spanish lessons/conversation also available).

A young eurythmist is looking for **cleaning work**. Please contact Kirsi Ronkko. Email: kimaelro@hotmail.com; mobile: 07546 639064.

Professional gardening services and handyman help offered by Gary (Elmfield parent). Specialist in garden permaculture, incredible edibles (eat your flowers/perennials/bushes etc), fast efficient general maintenance both in the garden and in the house. Excellent references available on request. Gary 07584 088176. ecoconix@gmail.com

Pet carer or sitter available. My name is Daniela and I am looking for jobs in Stourbridge area. My number is 07804426576. Regards, Daniela

Babysitting Services Available! Previous experience as an Ofsted Registered Childminder and a Mummy! Available weekday and weekend evenings. Contact Jenny on 07929 457355.

Babysitter/Dogwalker Available. My name is Fran, and I am a responsible, mature girl in Class 11, interested in babysitting or dog walking jobs in the Stourbridge area. Please contact my mother Diana on 01384 371348 for more details.

MUSIC MATTERS

CALLING ALL MUSCIANS YOUNG AND OLD

Our next GALLIMAUFREY will be on Friday 8th December. Come along and share your musical talents, join in with the impromptu folk band or just listen on Friday 8th December from 7 pm until around 9 pm in the Eurythmy room. Gallimaufrey is an open musical evening and all are welcome - pupils small and big, teachers, parents and friends. We try and have one every term and we are now in our 10th year! As always, yummy bring and share refreshments. Any queries, please ring Julian Gilde after 6 pm on 01384 442 106.

African Drumming Classes - Highly recommended!

Starting from Friday 3rd November Faith Sax is offering new daytime drumming classes at the Friends Meeting House, Scotts Road, Stourbridge. There will be 2 new classes.

Beginners: Fridays 10:00am - 12:00pm; Improvers and Returners: Fridays 12:00 - 1:00pm. cost: £5.

Faith also holds classes on Wednesday and Thursday evenings - for further details please call her on: 07526261250. These ancient rhythms have many healing effects. They bring people into harmony, closeness and community. They generate joy and energy in people, putting them in touch with their love of life.

Have you ever wanted to write a piece for recorder? Maybe a piano sonata? Or even a symphony? My name is Stephanie Ann Boyd, I'm a symphonic composer in New York City, and I went to the Rudolf Steiner School of Ann Arbor. You can find me on the list of Famous Waldorf Alumni, and my music is now being played all over the world. I teach music composition lessons via Skype and I've helped over 100 people write their first pieces. I charge \$100 an hour, and have several financial scholarships for those who need them. I love to teach Waldorf students and their parents! You can read more about how I help composers at <http://stephanieannboyd.com/teaching>, and you can send me an email at stephanie@stephanieannboyd.com to learn more.

ACCOMMODATION

We are **looking to rent a 2/3 bed house** with garden in or near Stourbridge. Our eldest daughter currently attends Elmfield and our youngest will attend in the near future. If anyone can help us in our house quest it will be much appreciated. Gary 07584 088176

Bonjour Stourbridge, My name is Benjamin from France. I have just arrived in England as a new Eurythmy student at the Glasshouse College. I am **looking for a room to rent** in the area. I can offer work in exchange for accommodations. I am experienced as a social worker (in Switzerland), in hospitals in France. I am skilled in building things (stonemasonry, carpentry, painting), in maintaining properties (cleaning, gardening...). I can give French lessons, helping with homework. I am looking for work. Please contact me: benjamin.davidlaurence@gmail.com or 033 6 74 14 24 56 and I will call you back.

A young eurythmist is looking for a cheap accommodation as soon as possible. Please contact Kirsi Ronkko. Email: kimaerlo@hotmail.com; mobile: 07546 639064.

OPPORTUNITIES

Is it YOU we're looking for? Thoroughly Helping Hands is seeking to recruit one or two special people to join the team. For more details of part time work paying £10 per hour please call Georgie on 07792 775751 or visit the website www.thoroughlyhelpinghands.com

SALES AND WANTED ETC

Advent Strings for sale. A small gift to unwrap each day of Advent beginning on Sunday 3rd December and ending on Christmas Eve. Many of the gifts are handmade and they reflect the treasures of the mineral, plant and animal kingdoms and culminate in the wonder of the Nativity. The price is £20 per string plus postage of £4.

Please telephone 0115 9392353 to place your order. Stocks are limited and sales are strictly on a first come first served basis. Eliza Conway and Julie Gibson.

Khyam Quebec 8 DX 2010 tent, with footprint, for sale. Large and very comfortable (2 people to set up). Proceeds go to PTFA; all offers considered.

Telephone David 07834337605/ email djenkinshandy@gmail.com.

Aluminium - I am happy to continue collecting cans and tin foil (no plastic) which the school gets a little bit of money for, but please note the following: cans and foil should be put in separate bags and be clean. Please make sure the cans are aluminium and not steel. The bin is in the car park on the edge of the green and please note also that this is not a rubbish bin, there are rubbish bins in other areas of the school. Thank you for your consideration. Maigread

Last but not least...

"Life starts all over again when it gets crisp in the fall."

F. Scott Fitzgerald