

For regular news from the school, visit the News section on our website or like us on Facebook by following the link on our website homepage or this link: <https://www.facebook.com/ElmfieldRudolfSteinerSchool>



Please email any entries to [loose-ends@elmfield.com](mailto:loose-ends@elmfield.com). The views expressed in this newsletter are not necessarily those of the school or its staff. The school cannot be held responsible for the quality of products or services offered in this newsletter. We reserve the right to edit content. The editor's decision is final.

## Upcoming Events

|                |           |  |
|----------------|-----------|--|
| • Tues 18 Nov  | 7.30 pm   | Stream of Sound - Eurythmy Room                      |
| • Wed 19 Nov   | 8.00 pm   | Adults' Eurythmy Group - Hall                        |
| • Sun 3 Dec    |           | Advent Spiral  |
| • Mon 4 Dec    |           | Advent Assemblies start                              |
| • Mon 4 Dec    | 7.00 pm   | <b>C10 Subject Teachers Parents' evening</b>         |
| • Tues 5 Dec   | 7.00 pm   | <b>C10 Subject Teachers Parents' evening cont.</b>   |
| • Fri 8 Dec    | 7.00 pm   | Gallimaufrey - Eurythmy Room                         |
| • Sun 10 Dec   | 7.30 pm   | Anthroposophical Society Xmas Festival - Eurythmy Rm |
| • Wed 13 Dec   | 12.30 pm  | Early Years Department end of term                   |
| • Wed 13 Dec   | 2.00 pm   | School Christmas and end of term Festival - Hall     |
| • Thurs 14 Dec | 12.00pm   | School closes for Christmas holidays                 |
| • Sun 16 Dec   | 7.30 pm   | Stream of Sound Christmas Concert                    |
| • Thurs 4 Jan  |           | Spring Term begins                                   |
| • Wed 10 Jan   | 1.00 pm   | <i>Deadline for copy for Loose Ends</i>              |
| • Fri 12 Jan   | Afternoon | Next issue of Loose Ends                             |

*The Elmfield Gift Shop holiday opening times are detailed on the next page*

## Elmfield News and Information

### A brief roundup of some recent goings on...

- The wonderful Winter Fayre! (See PTFA section below for the total raised and more).
- A very enjoyable Stream of Sound Singing Day.
- Class 7 gave their project presentations on the Geography of the Americas to their parents and in Assembly. This was in preparation for their year-long projects in Class 8.
- Classes 1-3 took part in the annual Martinmas Walk around the school grounds, carrying the beautiful lanterns they had made.
- Class 8 went to Liverpool to visit the Slavery Museum as part of their Main lesson block; they also managed to visit the Tate Modern and the Cavern Club.
- Upper school pupils involved in the Shakespeare Schools Festival put on a great performance of "The Tempest" at the MAC Theatre in Birmingham.
- Class 6 have begun helping Class 1 learn to knit.

This year for Advent, Elmfield School is donating to a food bank. We are hoping all classes and parents can pitch in if possible. We are asking for dried food, tinned / canned foods and also any toiletry items you can spare, but please no fresh foods or food with close expiry dates. More details are in the Parentmail that was sent out. This is being organised by class 9. Thank you for your support!

### **Gym and Games Teacher - Vacancy**

We're looking for an exceptional individual to join our team of committed teachers in February 2018 to take up the post of Gym and Games Teacher. You will take a central role in developing this area of school life, including after-school activities.

You will lead the teaching of Gym and Games curriculum at Elmfield. You will be responsible for groups of pupils up to 27 in number per class, between the ages of 8 and 17 years. You will need to plan, prepare and teach suitable Waldorf Gym and Games lessons and maintain the progress of all pupils through the subject at a pace suitable to their age, development and ability in line with the School's curriculum policy. You will be expected to lead one or two after-school Games clubs per week. Full details on the school website at <http://elmfield.com/the-school/vacancies/job-vacancies/>

### **School Doctor/School Health Professional - Vacancy**

We are looking for someone with genuine enthusiasm for Steiner-Waldorf education, and ideally some experience of working in a Waldorf school as a school doctor/school health professional.

The successful applicant will work with the school to provide a holistic point of view informed by anthroposophical medical and developmental insights, to offer anthroposophic treatment and to make referrals for therapeutic interventions with the aim of enhancing our understanding of the development of the children and their well-being. They will communicate as necessary with other agencies such as CAMHS or the NHS in cooperation with the school. This is a great opportunity to help shape the lives of the young people in our school. Full details and a description of the role are on the school website at <http://elmfield.com/the-school/vacancies/job-vacancies/>. Closing date Friday, 5th January 2018.

**Boarding Parents:** Elmfield is looking for families who would be interested in becoming Boarding Parents, and able to offer occasional fairly short-term (one term to one year) boarding to students, who are mostly from other European Steiner Schools. The visiting pupils are usually aged between 14 and 17. They gain a lot from visiting Elmfield and the school also always values their contribution while they are here. However, we cannot accept them unless we can find families able to host them. We currently pay £140 per week to host families, and more for the half term weeks. Please contact Maigread Reynolds in the office if you would like more information about this.

**Elmfield Gift Shop:** Thanking everyone for your custom last Saturday, at the Winter Fayre. But don't worry if you couldn't make it! We are going to extend our opening times beyond the end of term. So, for last-minute, stress-free Christmas shopping - visit us on Thurs 14 Dec (8.30am - 4.00pm), Friday 15 Dec (9.30am - 3.00pm), Sat 16 Dec (10.00am - 2.00pm), Mon 18 Dec (9.30am - 3.00pm) and Tues 19 Dec (9.30am - 3.00pm). Advent Calendars are now available - in both small and large sizes. We're also adding to our display of Fair Trade Christmas tree decorations, seasonal cards, beautiful festive craft & storybooks, and of course our lovely beeswax candles. New in! Gorgeous hand-felted bags, hand-knitted wrist warmers, and the ever-popular Angel Chimes! After Christmas, we will be open on Wed 3 Jan (10.00am - 2.00pm) and Thurs 4 Jan (8.30am - 4.00pm). The Shop Team

### **Stream of Sound - Christmas 2017:**

Sun 3 Dec, 12:30 Sarehole Mill, Birmingham

Sat 9 Dec, 13:30 onwards, Avoncroft Museum, Bromsgrove - a great family day out!

Sat 9 Dec, 18:30 Bonded Warehouse, Stourbridge Foodie Fair

Sat 16 Dec, 19:30 Elmfield School, Stourbridge

Sat 17 Dec, 12:45 Waylands Yard, Worcester

Sat 17 Dec, 14:00 The Commandery, Worcester

Our Big Concert, at Elmfield on Saturday 16th December, is a thank you to our own community for the support they have given us over the year. Do come along, and bring your children to see what this amazing choir can do - it will be a cosy and atmospheric start for your Christmas holidays, with beautiful harmonies and delicious refreshments. (Arrive early though, as it's usually packed out!)

**Parents' Library.** Open throughout the term on Wednesdays (8.45am - 9.45am) Now located in Elmfield Gift Shop. Our last session is on Wed 13 Dec and due to the Christmas holidays, any books taken out now are due back on Wed 10 January 2018. The perfect time to borrow a more lengthy read! The Library Team

## PTFA

The PTFA are delighted to be able to announce the grand total for the Winter Fayre 2017 after all costs have been deducted:

**£5868.38**

This is an amazing amount of money raised. The whole school community should be very proud of this achievement and the overall success of Saturday.

We would like to thank you all for supporting the fayre so generously. The fayre was not only an effective fundraising event but also a fun, festive day where children, parents and staff collectively celebrated being a part of the Elmfield community. It was lovely for the children and parents to have a social event together.

A BIG THANK YOU must go to the hard-working people who helped before, on the day and after the fayre. The fayre would not have been possible without the huge help and support from many different people in the school community, parents, friends, and grandparents etc. who came forward at different stages of the whole organisational process.

A special thanks goes to Sally Levell and her team for the amazing food in the restaurant; Rhiannon Biddulph Williams and her team for the tearooms; Rhiannon Taylor, Louise Westley and their team for the beautiful decorations and decorating the school on Friday; Mary Biddulph for sourcing the raffle prizes from local companies and the estates team for putting up and taking down the stalls in the hall.

Thank you for all the donations we received for the different stalls from cakes for the tearoom, food for the restaurant, prizes for the tombola, children's toys for the pocket money stall etc.

### **Winter Fayre Feedback Meeting**

Please come along to our feedback meeting on Thursday 30<sup>th</sup> November 6 pm til 6.45pm in class 5. It's a chance you have your say about the Winter Fayre and how we take it forward for next year. If you can't attend please email your feedback to [elmfieldptfa@gmail.com](mailto:elmfieldptfa@gmail.com).

### **Future date for the diary**

ARTS FUN DAY 3<sup>rd</sup> FEBRUARY 2018 details to follow.

*Please scroll down/turn to the next page for community events, 'Music Matters', and notices, etc.*



## Wider Community

### EVENTS

**Rosa Ferris' solo exhibition** of Sacred Art Glass 'In Search of Light' can be viewed in the Dean's Chapel in Worcester Cathedral from: 26th November - 2nd January. If you have any enquiries, contact Rosa on 079 8631 3838 or on [rosewindows.live.co.uk](http://rosewindows.live.co.uk)

**Christmas Concert supporting children with Down's Syndrome and their families** - Sunday afternoon, December 10th, starting at 3pm.

Lutley Community Voices is a seven-year-old Choir with 60 or so singers. We've performed at Symphony Hall a couple of times and at Birmingham Town Hall, Dudley Town Hall and the Midlands Arts Centre, as well as within the community as a whole. Our next public event is a Christmas Concert and all profits will go to "Ups and Downs", a local charity supporting children with Down's Syndrome and their families. It will be a mixture of Choir pieces and ones you can join in and sing with us. It's at St. John's Parish Church in the centre of Halesowen. Tickets are £6, via 07502 574082 or by email: [info@lutleycommunityvoices.co.uk](mailto:info@lutleycommunityvoices.co.uk). Or you can contact Malcolm Bird (an Elmfield grandparent) on [malcb2904@gmail.com](mailto:malcb2904@gmail.com) and I'll get tickets for you and give them to you at the School. Please support us and this very worthwhile charity...and have a great afternoon at the same time.... Thank you.

**Come Play With Me** A Steiner inspired family group held on Wednesday mornings from 9.30 - 11.30.

Children up to school age are most welcome with their parent or carer. We play, bake a snack and enjoy songs and rhymes together. If you would like to join us in the community room at the Christian Community, 22 Baylie Street, please contact Janet Klaar, 01384 352177 or by email [janetklaar@yahoo.co.uk](mailto:janetklaar@yahoo.co.uk)  
We look forward to welcoming new members to our group.

**Calling all healers:** A local environmental agency are hoping to bring back migrating salmon to the river Stour. I will be leading a transfiguration ceremony for the river Stour and calling in the spirit of the salmon on Saturday 2nd December at 7pm - 9pm at my next drumming circle meeting in Norton. Email: [sacredlotuscentre@hotmail.com](mailto:sacredlotuscentre@hotmail.com) to book your place. £10 on the door. Thanks, Lisa

**Ashtanga Yoga at Elmfield:** 8.00pm - 9.30pm Beginners' Course (10 weeks) - an introduction to Ashtanga Yoga (8 January - 26 March) and Thursday 8.00pm - 9.30pm Improvers' Course (10 weeks) - for people who have a working knowledge of Ashtanga Yoga (11 January - 22 March). Mind calm - body vibrant. James Critchlow 01384 394702 or 07967211748 [www.yogabirmingham.co.uk](http://www.yogabirmingham.co.uk)

**Nonviolent Communication Foundation Training.** Sat 25th – Sun 26th November at the Elysia Therapeutic Centre, Stourbridge. Shift from a paradigm of demands, rewards and consequences – to a paradigm of self-responsibility, connection, trust, mutual support and interdependence. This training is an opportunity to improve your communication skills, listen in an empathetic way to others, listen compassionately to yourself and effectively express your feelings and needs. Course Facilitators: Shantigarbha and Gesine Schrader. For further information: please contact Monika Horber; Tel: 07884 454426 Email: [monikahorber25@gmail.com](mailto:monikahorber25@gmail.com)

**Craft and Vintage Christmas Fair:** Saturday 25th - Sunday 26th November at the Ruskin Glass Centre and Glasshouse Arts Centre. 11am - 5pm; Free Entry and Car Parking  
Resident Studio Artists and Makers along with invited Craft and Vintage Stalls featuring Glass, Textiles, Paper, Stone, Wood, Leather, Ceramics, Jewellery. An opportunity to find the perfect gift. With free performances, activities for families and seasonal food. To enquire about stalls please contact [ruskincraftassociation@outlook.com](mailto:ruskincraftassociation@outlook.com) or [helen.garbett50@btinternet.com](mailto:helen.garbett50@btinternet.com).



## 'In Search of Light'

Contemporary Sacred Glass Art

by Rosa Ferris



*26 November 2017 – 2 January 2018*

The Dean's Chapel

by kind permission of the Dean and Chapter

**Yoga Classes at Elmfield.** Tuesdays 7pm – Hatha; Thursday 8pm – Yin; Sunday 9.30am – Hatha. All classes are held in the movement Room, Upper School. £8 drop in or £70 for 10. Also morning classes at Churchill Village Hall, DY10 3LU - Tuesdays 9.30am Yin; Fridays 9.30am Hatha. To book or for more info please contact Emma Cartwright on: 07973376267 [www.yogasouls.co.uk](http://www.yogasouls.co.uk); Namaste@yogasouls.co.uk

**Art Group: Images of the night sky** - Using our observations and imagination, we will paint four images of the night skies in Advent leading up to the Winter Solstice.

Three sessions 6th, 13th, 20th December 2017 - Wednesday afternoons 1.30 – 3.00 pm. Venue: Elysia Centre 52 Bowling Green Road Stourbridge DY8 3RZ. Cost: £15.00 per session Art Materials supplied.

Small group limited to six places facilitated by Marion Green Art Therapist. Marion is an HCPC registered Art Therapist and Certified Trauma Therapist and Member of the British Association of Art Therapists and Association of Anthroposophic Therapeutic Arts. Booking is essential: Please call the Elysia Centre 01384 392072 or Marion Green 01453 764 033.

**BEAUTY AS BEHELD**

A JOINT EXHIBITION OF PAINTINGS BY  
**DARSHAN AND GEORGIE**

"WHITBY" BY GEORGIE



"REACHING OUT" BY DARSHAN YORIKO TAKUJI



THE CHRISTIAN COMMUNITY,  
22 BAYLIE STREET,  
STOURBRIDGE  
DY8 1AZ

**GRAND OPENING: SUNDAY 26TH NOVEMBER**  
**11.30AM - 3.00PM**

PRIVATE VIEWINGS AVAILABLE THEREAFTER BY APPOINTMENT ONLY UNTIL CHRISTMAS EVE

THOROUGHLYHELPINGHANDS@MAIL.COM  
LAUSCHA@LANDKUN.DE

RSVP BY EMAIL OR PHONE (07792 775751)

LIGHT REFRESHMENTS WILL BE SERVED, PLEASE NOTIFY US OF SIGNIFICANT DIETARY REQUIREMENTS.

## HEALTH

**Calling all meditators!** Do you meditate for 30 minutes or more a week? If you do, please can you answer an extremely short online survey which studies the relationship between meditation ability and experienced positive affect. It will only take 5 minutes to answer. I am a parent of a child in class 5 and I am studying for a Master's degree in Psychology at Birmingham City University. Your answers will be strictly confidential and only used for a lab report to be seen by my tutor. I need twenty people to respond straight away in order to write my report. You can access it at <https://bcu.onlinesurveys.ac.uk/meditationvb>  
Thank you! Vibeke Bird

**Anthroposophic Medical Care** available at the Elysia Therapeutic Centre: For pains or stiffness in limbs or spine. Not sure what's going on or nothing seems to help? Dr Rainer Klocke, Consultant Rheumatologist, is available for integrative-medical consultations. To find out more, please call the Centre on 01384 392072.

**M.E. / Chronic Fatigue Syndrome Research Project.** I am a BACP registered counsellor and psychotherapist and am offering up to 6 free sessions to individuals living with ME / CFS. This is an illness that has no recognised effective medical treatment. Each individual, it seems, needs to find their own way to live with, to manage and possibly recover from this condition. My research aims to find out to what extent psychophonetics counselling can aid and support people through this difficult process. This form of therapy works with the body as well as the mind and provides some techniques of management that may be helpful. Sessions will begin from December. To find out more and book a place (these are limited) contact Jacqui Williams on 07986 747826.

**Rhythmical Einreibung Workshop** – Friday 8th December 9.30am – 3.30pm - Cost: £45  
Learn how to give a short foot, back and shoulder treatments. Rhythmical Einreibung is a method of gentle, therapeutic touch. It is used to support health through its warming, calming and harmonising qualities. It has been developed for use by nurses and carers but is relevant for anyone to learn. Fiona Sim, the workshop leader is a nurse, Rhythmical Einreibung teacher and practitioner. This training is open to all interested individuals. Previous experience of Rhythmical Einreibung is not required.

**Let's talk about Pain** - Speaker: Dr Rainer Klocke, Consultant Rheumatologist - 10 Dec, 3.00 pm to 4:30 pm  
Venue: Elysia Therapeutic Centre, Stourbridge, DY8 3RZ

A meeting, not only for sufferers, to consider this phenomenon that visits us all, more or less, from time to time. There will be a relative focus on pain felt in our limbs and/or back. The aim is to create a safe space for

general questions, and a joint attempt towards answers. As places are limited, please register your intention to attend by emailing the Centre [info@elysiacentre.org](mailto:info@elysiacentre.org) or call us on 01384 392 072.

**PAFAM Celebrating 100 years of Mistletoe Therapy** – Reserve your place now! A one day conference with guest speaker Dr. Michael Evans. Saturday 27th January 2018, 10.30 am to 6.00 pm; Elysia Therapeutic Centre, Stourbridge. Cost: £30 (includes lunch & refreshments). Day includes: A talk and discussion around Mistletoe and Cancer, Goethean Observation of Mistletoe and Eurythmy: Exercises for Cancer. To book your place please contact Cathie Green – 01584 881197 / 07974 390 197 or email: [cathiegreen@outlook.com](mailto:cathiegreen@outlook.com)

**Complementary therapy gift cards** available plus treatments including Indian head massage, back massage, organic aromatherapy, reflexology, Reiki, Reiki with crystals, Reiki drumming and drumming circle. Email: [sacredlotuscentre@hotmail.com](mailto:sacredlotuscentre@hotmail.com) Mobile: 07952 477545 Website: [www.sacredlotuscentre.com](http://www.sacredlotuscentre.com)

**Naturopathic Nutritional Therapy** - Are you struggling with not feeling as well as you could be? Perhaps you lack energy or just want to make some improvements to your diet and could do with some help. Maybe you need some ideas to help you and your family reach optimal health and just don't know where to start. I am passionate about helping people feel better and achieve their goals through food (nature's medicine), natural supplements and herbs and lifestyle advice. I provide support for all conditions/ issues. If you would like to book a consultation or arrange a free 10-minute initial chat then please e-mail me: [info@nutritionforvitality-laraseago.com](mailto:info@nutritionforvitality-laraseago.com) or call me on: 07887 943037. I look forward to working with you on your improved wellness. Lara Seago

## MUSIC MATTERS

**CALLING ALL MUSCIANS YOUNG AND OLD - Our next GALLIMAUFRY will be on Friday 8th December.** Come along and share your musical talents, join in with the impromptu folk band or just listen on Friday 8th December from 7 pm until around 9 pm in the Eurythmy room. Gallimaufry is an open musical evening and all are welcome - pupils small and big, teachers, parents and friends. We try and have one every term and we are now in our 10th year! As always, yummy bring and share refreshments. Any queries, please ring Julian Gilde after 6 pm on 01384 442 106.

**African Drumming Classes** - at the Friends Meeting House, Scotts Road, Stourbridge. There will be 2 new classes: Beginners: Fridays 10:00am - 12:00pm; Improvers and Returners: Fridays 12:00 - 1:00pm. cost: £5. Faith also holds classes on Wednesday and Thursday evenings - for further details please call her on: 07526261250.

**Have you ever wanted to write a piece for recorder or piano?** My name is Stephanie Ann Boyd, I'm a symphonic composer in New York City, and I went to the Rudolf Steiner School of Ann Arbor. You can find me on the list of Famous Waldorf Alumni, and my music is now being played all over the world. I teach music composition lessons via Skype and I've helped over 100 people write their first pieces. I charge \$100 an hour, and have several financial scholarships for those who need them. I love to teach Waldorf students and their parents! You can read more about how I help composers at <http://stephanieannboyd.com/teaching>, and you can send me an email at [stephanie@stephanieannboyd.com](mailto:stephanie@stephanieannboyd.com) to learn more.

## SERVICES

Elderly lady offers a **room** in her house **in exchange for some care tasks**. Please contact Rosa on 07986 313838 for more information.

My name is Maria Fernandez, if you have an interest in **macrobiotics** please contact me: 07983 783399 or [mmfernandezjurado@gmail.com](mailto:mmfernandezjurado@gmail.com) (Spanish lessons/conversation also available).

**Professional gardening services and handyman help** offered by Gary (Elmfield parent). Specialist in garden permaculture, incredible edibles (eat your flowers/perennials/bushes etc), fast efficient general maintenance both in the garden and in the house. Excellent references available on request. Gary 07584 088176. [ecoponix@gmail.com](mailto:ecoponix@gmail.com)

A young eurythmist is looking for **cleaning work**. Please contact Kirsi Ronkko. Email: kimaero@hotmail.com; mobile: 07546 639064.

**Babysitting Services Available!** Previous experience as an Ofsted Registered Childminder and a Mummy! Available weekday and weekend evenings. Contact Jenny on 07929 457355.

**Pet carer or sitter** available. My name is Daniela and I am looking for jobs in Stourbridge area. My number is 07804426576. Regards, Daniela

**Babysitter/Dogwalker Available.** My name is Fran, and I am a responsible, mature girl in Class 11, interested in babysitting or dog walking jobs in the Stourbridge area. Please contact my mother Diana on 01384 371348 for more details.

## ACCOMMODATION

Our family is new to Elmfield and we are currently **looking for a 3 or 4-bedroom family home** either to rent or to buy in/around the Stourbridge area. Ideally, it would be close to the school and/or public transport. Please call Sue on 07928 135920 if you think you can help. Thanks.

We are **looking to rent a 2/3 bed house** with garden in or near Stourbridge. Our eldest daughter currently attends Elmfield and our youngest will attend in the near future. If anyone can help us in our house quest it will be much appreciated. Gary 07584 088176

## SALES AND WANTED ETC

**Transport Required from Worcester:** We were wondering if anyone was commuting to the school from Worcester and had a spare seat in their car? To take and collect our son in class 3, Happy to contribute £50 a week towards the petrol cost. We are located on Green Hill, London Rd. Contact: Ben at benhobday@gmail.com, 07391543604 or 07747525556

One **adorable white kitten for sale**, he is the last one left from the litter of 4 and needs a cat loving home. He is now 13 weeks old, litter trained, flea free, wormed and looking for a good family home. We already have 3 cats and this little cutie needs lots of fuss and affection. Selling at £120. Contact Pam 01384 591911/ mobile 07806669574

**Advent Strings for sale.** A small gift to unwrap each day of Advent beginning on Sunday 3rd December and ending on Christmas Eve. Many of the gifts are handmade and they reflect the treasures of the mineral, plant and animal kingdoms and culminate in the wonder of the Nativity. The price is £20 per string plus postage of £4.

Please telephone 0115 9392353 to place your order. Stocks are limited and sales are strictly on a first come first served basis. Eliza Conway and Julie Gibson.

**Aluminium** - I am happy to continue collecting cans and tin foil (no plastic) which the school gets a little bit of money for, but please note the following: cans and foil should be put in separate bags and be clean. Please make sure the cans are aluminium and not steel. The bin is in the car park on the edge of the green and please note also that this is not a rubbish bin, there are rubbish bins in other areas of the school. Thank you for your consideration. Maigread

*Last but not least...*

*“Though the problems of the world are increasingly complex,  
the solutions remain embarrassingly simple.”*

*Bill Mollison  
co-founder of Permaculture*