

For regular news from the school, visit the News section on our website or like us on Facebook by following the link on our website homepage or this link: <https://www.facebook.com/ElmfieldRudolfSteinerSchool>



Next issue: Friday 12th October

Please email any entries to loose-ends@elmfield.com. The views expressed in this newsletter are not necessarily those of the school or its staff. The school cannot be held responsible for the quality of products or services offered in this newsletter. We reserve the right to edit content. The editor's decision is final.

Upcoming Events

Sat 22 Sept	7.00 pm	Stream of Sound Concert & CD launch - Hall
Mon 24 Sept	7.30 pm	Class 1 Parents' Evening
Tues 25 Sept	7.30 pm	Stream of Sound - Eurythmy Room
Wed 26 Sept	Afternoon	Classes 7 & 8 from Devon Steiner School come to stay one night in school
	8 - 9 pm	Parents' Eurythmy - Eurythmy Room
Thurs 27 Sept	7 pm	Class 7 Parents' Evening
Fri 28 Sept	2 p.m.	Michaelmas Festival - Hall
Sun 30 Sept	Evening	Class from Schloss Hamborn arrive until Mon 8/10
Mon 1 Oct	7.30 pm	Early Years Department Parents' Evenings
Tues 2 Oct	7.00 pm	Class 9 Parents' Evening to meet Schloss Hamborn teachers
	7.30 pm	Class 8 Parents' Evening to meet Schloss Hamborn teachers
	7.30 pm	Stream of Sound - Eurythmy Room
Wed 3 Oct	8.00 pm	Parents' Eurythmy - Eurythmy Room
Fri 5 Oct	7.30 pm	Shakespeare play by Schloss Hamborn class - Hall
Sat 6 Oct	7.30 pm	Shakespeare play by Schloss Hamborn class - Hall
Tues 9 Oct	7.30 pm	Stream of Sound - Eurythmy Room
Wed 10 Oct	1.00 pm	<i>Deadline for copy for next Loose Ends</i>
	8.00 pm	Parents' Eurythmy - Eurythmy Room
Fri 12 Oct	Afternoon	Next issue of Loose Ends

Elmfield News and Information

A brief roundup of some recent goings on...

- It was wonderful to welcome the new Class 1 into the main school.
- Class 8 completed their Bronze DofE Assessed expedition in Kinver.
- Class 5 have been visiting the Eden Project in Cornwall as part of their Botany Main Lesson.
- Classes 7 and 8 have visited the experienceCOLOUR exhibition at the Glasshouse college
- Class 11 from 1997 had a very enjoyable reunion in the school grounds

Monday morning Parent and Child sessions have started again. They run from 9.15 to 12.00 and cost £6 per session. Please contact the school office (01384 394 633) if you are interested.

A very warm welcome to the following new pupils and their families:

Magnus, Maud, Constantinos, Jack, Eliza, Isabella, Maja, Harry, Olivia, Ben, Boots, Samuel, Rosie, Gabriel, Brandon, Emily, Jensen, Ursula, Jessica, Zach, Kiran, Bonita, and Ishan.

Save the date: Tuesday 13th Nov, 7:30 - 9:00 pm, Main Hall

'Steiner Waldorf Education - what does it mean to us today?' An open forum for our school community with a series of brief talks followed by discussion. Further details to follow.

Homework Club for Classes 6, 7 and 8 - Tuesday and Thursdays after school, 3.30 pm to 5.15 pm.

We provide a relaxed environment where pupils can receive support with their set homework and/or have a quiet dedicated space to study. The cost is £9.50 per session (£7.50 if you arrive at 4.00 pm) and places are offered on a first come basis. For more details please contact the office.

Elmfield Gift Shop. Welcome back! We are still busy replenishing our shelves - please bear with us whilst we re-stock 'old favourites' and seek out new delights! First off, we are pleased to announce that the shop now sells 'Mogli' organic snacks. More than 70% of this range is Demeter-certified, ingredients being sourced from Biodynamic farms. All snacks are additive & flavouring free, and instead of refined sugar - honey & agave nectar are used to lightly sweeten the products. New Floris books have arrived! Including 'The Maria Thun Biodynamic Calendar 2019', 'The Stargazers' Almanac 2019' and 'Elsa Beskow Calendar 2019' - plus many more books for all ages! The Shop Team

Parents' Library. Open throughout the term on Wednesdays (8.45am - 9.45am) Now located in Elmfield Gift Shop. Thanks to everyone who has already renewed or returned their summer books. Reminders will be sent out shortly for all out-standing loans. Don't forget that books can be dropped off in the shop at any time, if you can't make the library opening times. Requests for books can be made by leaving a message in the shop or by email: jackie.inman@elmfield.com The Library Team

JOB VACANCIES

If you are interested in any of the following roles please visit the job vacancies section of the school website - <http://elmfield.com/the-school/vacancies/job-vacancies/> - to read more and apply using the application form that each particular job links to on the website.

Members of the School's Council of Management - Employment and Learning Support

We are looking for 2 separate individuals to join our Council of Management – the School's Governing Body. Members of the Council of Management act as the trustees of Elmfield Rudolf Steiner School which is a charity and a registered company. The role of Trustee is a voluntary position.

We currently have a need to appoint an individual with recent Employment and Human Resource expertise to our team and a separate individual with experience of specialist teaching and learning support in a school. For both positions the relevant people would need the appropriate qualification e.g. CIPD, Post-graduate SEN qualification. Job descriptions are available on the school website.

To apply, you should be diplomatic, confidential, constructive and professional and have a genuine passion for Waldorf education. Applications should arrive by 5th October 2018.

Upper School Science/Maths Teachers: Full-time - Starting January 2019

We are looking for exceptional individuals to join our teaching team and develop the learning experience for our teenagers. You will be teaching Waldorf main lessons and GCSE lessons in science and maths. These will mainly be in our upper school (ages 14-17), but you may also be required to teach or assist with some main lessons in our middle school. You should therefore enjoy teaching children and young people aged approximately 12-17. Closing date for applications: Friday 5th October 2018.

School Doctor/School Health Professional

We are looking for someone with genuine enthusiasm for Steiner-Waldorf education, and ideally some experience of working in a Waldorf school as a school doctor/school health professional. The successful applicant will work with the school to provide a holistic point of view informed by anthroposophical medical and developmental insights, to offer anthroposophic treatment and to make referrals for therapeutic inter-

ventions with the aim of enhancing our understanding of the development of the children and their well-being. They will communicate as necessary with other agencies such as CAMHS or the NHS in cooperation with the school. This is a great opportunity to help shape the lives of the young people in our school.

The Steiner Waldorf Schools Fellowship is looking for a part-time financial assistant for the Stourbridge office. Enhanced DBS will be required. For more information please contact: admin@steinerwaldorf.org. The deadline for applications is 24/09/18.

3rd Floor, Copthall House, 1 New Road Stourbridge DY8 1PH - 01384 374116

Wider Community

EVENTS

Body Awareness workshops - Join Harriet Quinn for the third in the series.

Venue: Soul Shala in the heart of Stourbridge, (on the high street above boots opticians/below Stourbridge dance academy) on Sunday 25th August 2pm until 4pm.

We will create a calm and safe space to focus on developmental movement patterns, moving mindfully, quietly re-establishing these patterns that form in the womb and stay with us throughout our lives. By re-connecting with these patterns we are able to let go of our ideas of self-image and come into an authentic way of moving and being. Without judgement. Through this internal practice we will refer to our central nervous system, skeletal system and our cells. Harriet will work hands on using cellular touch to bring external sensation and attention in to our peripheral nervous system, helping to establish soft, well organised movement without pain or tension. We will move, rest, roll and maybe have a giggle as we come to play around with our moving, sensing, thinking bodies.

Contact Harriet directly for details or to book call 07512 352 360; hpquinn@hotmail.co.uk

Apple Juicing Day - Sunday 23rd September at Ashfield Gardens

Dear Friends of Transition Stourbridge, It's that time of year again when the fruit is falling from the trees. We are holding our first Apple Juicing Day on Sunday 23rd September, from 10am (until we finish!), at Ashfield Gardens, Sugarloaf Lane, Iverley, DY10 3PB.

Everyone welcome! As always: Bring apples / bottles if you have, apron / chopping board if you want to. There will be plenty of apples there, so come also if you don't have any apples to bring. If you need help harvesting or know of apples going to waste, let us know. We'll be gathering apples during the week leading up to the day. Any questions call Margy on 07817 555 204. Bring-and-Share lunch! Spread the word! Looking forward to seeing you there. Transition Stourbridge

Foundation Stone Meditation Workshop - 22nd and 23rd September

A two-day workshop with Melanie Taylor and Karin Jarman. Venue: Elysia Therapeutic Centre, Stourbridge Creativity lies at the heart of the healing process, within ourselves, the communities we are a part of and society as a whole. We invite you to join us on an inner and outer journey working with The Foundation Stone Meditation in art, colour and themed conversation.

Cost: £140 for both days. Concessions by individual request. For a programme and bookings please contact: Melanie Taylor tel. 07810 048 739 / 01384 392072 email: melanietaylor@elysiacentre.org

The Parents Eurythmy group is running again this term and started on Wednesday 19 September for a 5-week block. It is run by Tomie Ando-Boardman on Wednesdays from 8pm - 9pm in the Eurythmy room. The cost is £35 for the 5 weeks. We welcome beginners and it is a wonderful opportunity to experience Eurythmy and its benefits if you haven't tried it. This block will cover:

- Exercises using copper rods for concentration and mindfulness
- Strengthening the will through stepping alliterative verse
- Exploring with gestures for speech sounds (consonants and vowels)
- Working on a poem for Michaelmas through movement

Please get in touch with Jennifer Willmott if you have any questions or would like any more information 07568 595839 willmott.jennifer@gmail.com

Ashtanga Yoga at Elmfield:

Monday 8.00pm - 9.30pm Beginners' Course (10 weeks) - an introduction to Ashtanga Yoga (10 Sept - 26 Nov).

Thursday 8.00pm - 9.30pm Improvers' Course (10 weeks) - for people who have a working knowledge of Ashtanga Yoga (13 Sept - 29 Nov.)

Mind calm - body vibrant. James Critchlow 01384 394 702 / 07967211748 www.yogabirmingham.co.uk

Events and Exhibitions at the Glasshouse:

experienceCOLOUR - an extraordinarily beautiful, hands-on exhibition exploring the art and science of colour. Open Tuesday to Sunday, 29 August - 14 October 2018 at the Glasshouse in Stourbridge DY8 4HF
Entry £5 Under 12 years old FREE

For more information on the exhibition and the programme please visit our website www.experienceCOLOUR.org

Goethean Science Conference - On the Shoulders of Giants. 22-23 September 2018; £120 (Students £60). Newton, Goethe and Turner are undisputed giants in the fields of science, literature and art respectively. All three strove to understand the nature of light, darkness and colour.

At this two-day conference, delegates will explore stages of the metamorphosis of the study of light, darkness and colour initiated by Newton with speakers from the US, Germany, Switzerland and the UK with an optional opening lecture on Friday, and provides a unique opportunity to explore current Goethean Science and Philosophy research.

Experiential Workshop on Turner and Goethe - Wednesday 26 September: 6 - 9pm; £30

Experiential workshop on JMW. Turner in the context of the industrial revolution and Goethe's colour theory with artist Dio Mock. Dio works in therapeutic education and runs creative workshops. He is currently training as a Psychotherapist.

Howard Hull - Grains of Infinity: Ruskin, Turner and the Floors of Paradise

Wednesday 3 October - 6pm, FREE

Ruskin initially defined colour in painting as inferior to form but his long love affair with the work of Turner led him into a deeper understanding of the complexity of colour and its relation to our most profound experiences in both the natural world and human creativity. With particular emphasis on the handling of paint, Howard Hull, Director of Brantwood, John Ruskin's former home, since 1996, explores the transformation of pigments into messengers of the soul. Howard is a Fellow of the Royal Society of Arts and the Royal Geographical Society

Prince Achmed - Film: Friday 5 October 6pm. Tickets - £6; Under 5 years old FREE

Prince Achmed is the oldest surviving animation feature film made by Lotte Reiniger and still stands as one of the great classics of the genre. With a new live score by musician Chris Davies this beautiful animated fairytale is based on tales from The Arabian Nights.

"A joy to behold. Beautiful and innovative - age only adds to its brilliance and charm." Empire

Light Steps – Dance. Saturday 13 October 2pm. Tickets £6, Under 5 years old FREE

Light Steps by DancingStrong takes young audiences into the magical world of colour, music and interactive dance. Created for 2-5 year olds, Light Steps centres on the exploration of the changing light of day through the experiences of endearing rag doll, Alex. Alex's journey is overseen by friends, dancers and a musician, whose movement, music and dance mirror the rag doll's feelings and curiosity as the journey of the sun across the sky are experienced.

HEALTH

PAFAM - Patients & Friends of Anthroposophic Medicine

Home Treatment Guide – NEW edition - £4 at the Elysia Therapeutic Centre - Information and advice for patients and carers in dealing with common minor illnesses.

"Since the introduction of modern pharmacopoeia (list of medicines) many people have become used to

taking a tablet for various ailments, for example Paracetamol for pain. These various medicaments have their place but as a result we have lost touch with the way our grandmothers and great grandmothers dealt with all the various ailments in their families in a more natural, harmonious way.”

This home treatment guide can offer some natural help and support in dealing with many troublesome symptoms for e.g. colds and stuffy noses, fever, head lice and sleep disturbance.

To purchase your copy: Visit the Elysia Centre on a Tuesday or Wednesday morning or otherwise call us on 01384 392072. Alternatively, you can order directly from PAFAM, simply send a cheque for £5 (includes P&P) to Cathie Green, 2 Woodston Oast House, Woodston, Tenbury Wells, Worcs, WR15 8JG

Dr Claudia Kempfen at the Elysia Centre, Stourbridge - Dr Kempfen's next clinic date is Saturday 29th September. To book an appointment please call her directly on 07869 219559

PAFAM – One Day Workshop - Saturday, 24th November, starting 9.45am until 5.00pm.

Looking into Mental Health Issues – Focusing on Anxiety & Depression. Venue: Elysia Therapeutic Centre, Stourbridge DY8 3RZ. Cost: £35 (includes a cooked two course lunch & refreshments)

To book your place contact Cathie Green. Tel:07974 390 197 Email: cathiegreen@outlook.com

Exploring Touch - for anyone whose life is affected by Fibromyalgia

Saturday 10th November 2018 10am – 12.30pm at Elysia Therapeutic Centre, Stourbridge DY8 3RZ

Cost: £20 per person. This workshop is for those with fibromyalgia who would like to rediscover their own world of touch through guided, simple and safe exercises. The main objective is to begin to experience touch as something safe and enriching. The workshop is hands-on and participatory and is open both to people who have fibromyalgia with - or without - their partners. The workshop is facilitated by Dr Rainer Klocke, Consultant Rheumatologist and Fiona Sim, Registered Nurse.

For more information and to book a place email: fiona.sim@live.co.uk or call 01384 392 072

SERVICES

Home services - All kinds of gardening work from maintenance to make-over. House painting - interior and exterior. All kinds of odd jobs considered. Call Martin and leave a message or text, 0744 216 2030.

Painter and Decorator. Local and reliable painter with a preference for using eco-friendly paint available for inside and outside work. Call James on 07805 943 697 for a free quote.

Looking for a job in Stourbridge. My name is Matej Rybka. I am 23 years old and I come from the Czech Republic. I am looking for a job doing manual labour, starting September 2018 during the week-ends in order to finance my eurythmy studies in Stourbridge. I am open, dynamic and serious about work. I have experience with garden cleaning and maintaining, with working in a vineyard, as well as in the forest. If you are interested, please contact me at my e-mail address: rybkamatej@seznam.cz or via my telephone: +420608053006 I look forward to discussing this with you. Matej Rybka

ACCOMMODATION

Room wanted in Stourbridge. I am Mavi, the new Eurythmy teacher at the school and would be happy to find a nice room to move in as soon as possible! I have long term intentions and enjoy calmness and going to school by bike. Thank you! 07849 859 970 mavi.sanabriacaro@elmfield.com

House to let? Little family of three looking for a 1/2 bedroom house or flat to rent in the Stourbridge area from October onwards. Please contact James and Jana on 07805 943 697 or jctaylor38@gmail.com if you're looking for reliable tenants.

House rental wanted for experienced Dutch Waldorf teacher moving mid- November with his wife and two children from China to Stourbridge. We are looking for a house for our family, not too far from Elmfield School and/or the Eurythmy College. We are willing to pay half a year rent in advance. Please contact us on the following email address: bennonijhuis@icloud.com (Bernardus Nijhuis)

SALES, OFFERS AND WANTED

Remember Ben who was Bursar here until a couple of years ago? His wife Amy Arnold has just published her debut novel, called 'Slip of a Fish'. In fact, it won the Northern Book Prize and she'll be appearing at Birmingham Literature Festival on 6th October. It will be published on 1st November via all good bookshops.

Last but not least...

*"Listen! The wind is rising, and the air is wild with leaves,
We have had our summer evenings, now for October eves!"*

Humbert Wolfe

