

Loose Ends

12th October 2018

For regular news from the school, visit the News section on our website or like us on Facebook by following the link on our website homepage or this link: <https://www.facebook.com/ElmfieldRudolfSteinerSchool>



Next issue: Friday 16th November

Please email any entries to loose-ends@elmfield.com. The views expressed in this newsletter are not necessarily those of the school or its staff. The school cannot be held responsible for the quality of products or services offered in this newsletter. We reserve the right to edit content. The editor's decision is final.

Upcoming Events

Tues 16 Oct	7.30 pm	Stream of Sound - Eurythmy Room
Wed 17 Oct	8.00 pm	Adults' Eurythmy - Eurythmy Room
	8.00 pm	Community Choir - Movement Room
Thurs 18 Oct	7.30 - 8.00 pm	Class Reps Winter Fayre meeting
Fri 19 Oct		Autumn Dress up Day
	Afternoon	<i>School closes for half term</i>
	7.15 - 9.15 pm	Disco Evening, Class 6 upwards - Hall
Mon 22 & Tues 23 Oct		Teacher Training Days
Wed 24 Oct	8.00 pm	Community choir - Movement Room
Sat 27 Oct	10 - 4 pm	Adult Singing Day - Hall
Mon 5 Nov		<i>School re-opens</i>
	7 for 7.30 pm	Class 6 Parents' Evening
Tues 6 Nov	7 - 9 pm	Open Evening for pupils in Class 5 & above
	7.30 - 8.00 pm	Class Reps Winter Fayre meeting
Wed 7 Nov	8.00 pm	Adults' Eurythmy - Eurythmy Room
	8.00 pm	Community Choir - Movement Room
Fri 9 Nov	TBC	Bonfire night event - Class 7
Mon 12 Nov	7 for 7.30 pm	Class 2 Parents' Evening
Tues 13 Nov	7.30 pm	Open Forum - Hall
Wed 14 Nov	8.00 pm	Adults' Eurythmy - Hall
	8.00 pm	Community Choir - Movement Room
	1.00 pm	<i>Deadline for copy for next Loose Ends</i>
Fri 16 Nov	6 - 8 pm	Indian Night - Hall - Class 5 fundraising
	Afternoon	<i>Next issue of Loose Ends</i>

Elmfield News and Information

A brief roundup of some recent goings on...

- Class 4 went to Mary Stevens Park to see Prince William unveil a statue of war hero Frank Foley.
- The whole school had a fabulous Michaelmas week with money raised for charities, deeds carried out, and food and picnics enjoyed.
- The Upper School have had several very interesting speakers come in and speak to them as part of the future footsteps programme.

- Classes 2 and 3 have been chopping apples and using a traditional apple press to make juice.
- Class 5 had a yoga lesson on the front lawn as part of their main lesson on ancient India.
- Several classes visited the experienceCOLOUR exhibition at the Glasshouse.
- Class 10 had their English 'Speaking and Listening' exams.

Monday morning Parent and Child sessions have started again. They run from 9.15 to 12.00 and cost £6 per session. Please contact the school office (01384 394 633) if you are interested.

A very warm welcome to the following new pupils and their families:

Savya, Evie and Millie.

Open Forum: Steiner Waldorf Education - What does it mean to us all today?

What are we trying to achieve through Steiner Waldorf Education today - nearly 100 years after the first Waldorf School was founded?

After three brief introductory talks on the theme, from the perspective of both teachers and parents, there will be space to share questions and ideas and to hear about further opportunities to learn through and engage with Steiner Waldorf Education - as a parent, individual and member of the school community. This will be of interest to any parent with a child at Elmfield and is also for everyone who wants to help shape the future of our school and its community.

Date: Tuesday 13th November 2018, 19:30. Venue: Main Hall, Elmfield Rudolf Steiner School.

Thank you everyone for your generosity in donating goods for the food bank. Enough was donated to provide 153 meals for people in crisis which is a tremendous response!

N.B Porters funeral directors, Glebe Lane/South road, accept goods for the food bank between 9am 5pm

Homework Club for Classes 6, 7 and 8 - Tuesday and Thursdays after school, 3.30 pm to 5.15 pm.

We provide a relaxed environment where pupils can receive support with their set homework and/or have a quiet dedicated space to study. The cost is £9.50 per session (£7.50 if you arrive at 4.00 pm) and places are offered on a first come basis. For more details please contact the office.

Class 11 sofa - Does anyone have a big, comfortable sofa that needs a new home? Class 11 are looking for a replacement for the one that was in their classroom and would be very grateful. Only caveat is that it must have a legible fire-retardant label attached. Please contact info@elmfield.com if you are able to help. Thanks, Class 11.

Elmfield Gift Shop. We are pleased to announce that we now accept contactless payments, Apple Pay and Google Pay. Don't forget that half-term is fast approaching - time to stock up with all of your favourite items! We have added lots of new books, toys, crystals, thuja wood boxes, jewellery and fair trade gifts to our shelves - so do come and have another look! The Autumn edition of New View magazine is now available (£6.00.) Reminder that our opening times are Monday - Friday (9.00am - 4.00pm) via the Love Lane gate. Access via internal school door from 8.30am each morning (NB. for school community only.) The Shop Team

Parents' Library. Open throughout the term on Wednesdays (8.45am - 9.45am). Now located in Elmfield Gift Shop. We extend a warm welcome to all new Elmfield families. This resource is free to use by all parents, staff and 'friends' of Elmfield. Each adult can borrow up to 4 items at a time, for a period of 4 weeks. We have a small collection of books on Parenting, Child Health & Development, Steiner Waldorf Education, Craft Books, Anthroposophy and a Miscellaneous section that is far too difficult to describe! So, if you can make it to a library session, do come along and have a browse. The Library Team

JOB VACANCIES

If you are interested in any of the following roles please visit the job vacancies section of the school website - <http://elmfield.com/the-school/vacancies/job-vacancies/> - to read more and apply using the application form that each particular job links to on the website.

Members of the School's Council of Management - Employment and Learning Support

We are looking for 2 separate individuals to join our Council of Management – the School's Governing Body. Members of the Council of Management act as the trustees of Elmfield Rudolf Steiner School which is a charity and a registered company. The role of Trustee is a voluntary position.

We currently have a need to appoint an individual with recent Employment and Human Resource expertise to our team and a separate individual with experience of specialist teaching and learning support in a school. For both positions the relevant people would need the appropriate qualification e.g. CIPD, Post-graduate SEN qualification. Job descriptions are available on the school website.

To apply, you should be diplomatic, confidential, constructive and professional and have a genuine passion for Waldorf education. Applications should arrive by 5th November 2018.

School Doctor/School Health Professional

We are looking for someone with genuine enthusiasm for Steiner-Waldorf education, and ideally some experience of working in a Waldorf school as a school doctor/school health professional. The successful applicant will work with the school to provide a holistic point of view informed by anthroposophical medical and developmental insights, to offer anthroposophic treatment and to make referrals for therapeutic interventions with the aim of enhancing our understanding of the development of the children and their well-being. They will communicate as necessary with other agencies such as CAMHS or the NHS in cooperation with the school. This is a great opportunity to help shape the lives of the young people in our school.



This year's Winter Fayre will be on the 24th November 11am – 4pm. **Bookings for stalls** are now being taken. We are looking for local, artisan crafters for our event with genuine handmade goods to sell. Stalls are £60 for a full stall and £35 for a half stall. If you are interested in booking a stall please contact Emma French, Stalls Coordinator via eventselmfieldptfa@gmail.com or collect a booking form from the office. Stalls will be allocated on a strictly first come first served basis.

The **Class Activity lists** are up in the yellow passage and they all need to be claimed by Thursday 18th October to give everyone enough time to do all the preparation. A little information sheet will find its way to you. Please also be aware that there will be a blank sheet for new ideas!

There are **two meetings** booked that we will need the class reps to attend. If your class rep cannot attend them please make sure someone comes in their place as there will be lots of important things to know! The first meeting will be on Thursday 18th October and the second on Tuesday 6th November, both 7:30 - 8.00 pm. Please get in touch on elmfieldptfa@gmail.com if you have any questions.

Donations needed:

- Clean sheets/fabric
- Fir cones and Christmas decorations
- Help with decoration making and preparations

Get creative and enter the **PTFA annual poster competition!** The PTFA are looking for pupils to design the poster for the Winter Fayre. The theme is winter. There will be a £15 Amazon voucher for the chosen design. The competition is open to all classes. Please submit your A4 poster to the office by 3.15 pm Thursday 18th October. Pictures only on the poster, no text. Please print your name and class on the back of the poster.

Good quality second-hand books wanted for the Winter Fayre second-hand book stall. If you are having a sort out over the next few weeks, please bear us in mind. Please only consider recent or classic titles that are likely to sell. Donations can be brought into school the week of 19th November. Please contact chris.field@elmfield.com in the first instance. Thanks!

Wider Community

EVENTS

Two workshops exploring developmental movement patterns - Sundays October 14th and December 16th, 11.30 am - 1.30 pm at the Soul Shala in the heart of Stourbridge. Run by Harriet Quinn - dance artist, yoga teacher and somatic movement educator. Through tracing these patterns we are able to invite ease into the body and recognise habits or limitations that we have learnt through our adult life, through injury or illness or habits. Explored through the practice of Body Mind Centring we will incorporate bodywork and hands on touch to bring attention and awareness to our holistic moving body. We will create a cosy safe space to explore these sensitive movements and invite some time for rest and recuperation. If you have concerns with being embodied through your movement or would like you improve you physical practice this is a very gentle way to drop down into your sensing body and tune into mindful movement.

For more information or to book please feel free to call or email Harriet directly on 07512352360 / hpquinn@hotmail.co.uk

Transition Stourbridge Apple Juicing Day. The first apple juicing of the season was a great day, with an abundance of apples, sunshine, good food and busy people, and gallons of delicious sweet juice to share! We enjoyed it so much that we are already planning the next Apple Juicing Day. It will be on Saturday 20th October, from 10am (until we finish!), at Ashfield Gardens once more, Sugarloaf Lane, Iverley, DY10 3PB. Everyone welcome!

As always: Bring apples / bottles if you have, apron / chopping board if you want to. There will be plenty of apples there, so come even if you don't have any apples to bring.

Bring-and-Share lunch! Spread the word!

If you need help harvesting or know of apples going to waste, let us know. We'll be gathering apples during the week leading up to the day. Any questions call Margy on 07817555204.

Slab Cylinder Vase and Christmas Tree Decorations Making Workshops at Ashfield Gardens, Sugar Loaf Lane, Iverley, DY10 3PB. Cost for the course is £75 - Fee includes tuition, clay, tools, glazes and 2 kiln firings. Tea/coffee and cake provided.

Session 1 Sat 3rd November 2018: 10am - 1pm. Working in an intimate group of 4 you will be given guidance to make your own ceramic slab vase and, as the festive season will soon be upon us, you will also be able to make your own Christmas tree decorations.

Session 2 Sat 1st December 2018: 10am - 1pm. In session 2 you will use glaze to enhance the shape and features of your unique creations.

To book your place visit www.mouseflowerceramics.co.uk and choose the Pottery Courses menu.

If you have any queries contact Helen on 01902-734044/07952890493 or via helen@mouseflowerceramics.co.uk

Events and Exhibitions at the Glasshouse:

experienceCOLOUR - an extraordinarily beautiful, hands-on exhibition exploring the art and science of colour. Open Tuesday to Sunday, 29 August - 14 October 2018 at the Glasshouse in Stourbridge DY8 4HF
Entry £5 Under 12 years old FREE

For more information on the exhibition and the programme please visit our website www.experienceCOLOUR.org

Light Steps – Dance. Saturday 13 October 2pm. Tickets £6, Under 5 years old FREE

Light Steps by DancingStrong takes young audiences into the magical world of colour, music and interactive dance. Created for 2-5 year old's, Light Steps centres on the exploration of the changing light of day through the experiences of endearing rag doll, Alex. Alex's journey is overseen by friends, dancers and a musician, whose movement, music and dance mirror the rag doll's feelings and curiosity as the journey of the sun across the sky are experienced.

HEALTH

PAFAM - Patients & Friends of Anthroposophic Medicine

Home Treatment Guide – NEW edition - £4 at the Elysia Therapeutic Centre - Information and advice for patients and carers in dealing with common minor illnesses.

“Since the introduction of modern pharmacopoeia (list of medicines) many people have become used to taking a tablet for various ailments, for example Paracetamol for pain. These various medicaments have their place but as a result we have lost touch with the way our grandmothers and great grandmothers dealt with all the various ailments in their families in a more natural, harmonious way.”

This home treatment guide can offer some natural help and support in dealing with many troublesome symptoms for e.g. colds and stuffy noses, fever, head lice and sleep disturbance.

To purchase your copy: Visit the Elysia Centre on a Tuesday or Wednesday morning or otherwise call us on 01384 392072. Alternatively, you can order directly from PAFAM, simply send a cheque for £5 (includes P&P) to Cathie Green, 2 Woodston Oast House, Woodston, Tenbury Wells, Worcs, WR15 8JG

PAFAM – One Day Workshop - Saturday, 24th November, starting 9.45am until 5.00pm.

Looking into Mental Health Issues – Focusing on Anxiety & Depression. Venue: Elysia Therapeutic Centre, Stourbridge DY8 3RZ. Cost: £35 (includes a cooked two course lunch & refreshments)

To book your place contact Cathie Green. Tel:07974 390 197 Email: cathiegreen@outlook.com

Exploring Touch - for anyone whose life is affected by Fibromyalgia

Saturday 10th November 2018 10am – 12.30pm at Elysia Therapeutic Centre, Stourbridge DY8 3RZ

Cost: £20 per person. This workshop is for those with fibromyalgia who would like to rediscover their own world of touch through guided, simple and safe exercises. The main objective is to begin to experience touch as something safe and enriching. The workshop is hands-on and participatory and is open both to people who have fibromyalgia with - or without - their partners. The workshop is facilitated by Dr Rainer Klocke, Consultant Rheumatologist and Fiona Sim, Registered Nurse.

For more information and to book a place email: fiona.sim@live.co.uk or call 01384 392 072

I am an ex- Elmfield parent and I have recently started my masters in Integrative Psychotherapy at Newman University for child and adult. As part of the course I will be observing an infant for 50 weeks for 1 hour per week at a convenient time. I am hoping that you might be a mother who is due to give birth in the next few weeks and able to allow me to spend some precious time observing your baby as it changes and grows each week. I am DBS checked as I work for the NHS CAMHS.

If you would like to discuss this more with me and with no obligation, please ring me on 07585604925.

Thank you for taking the time to read this notice. If you are aware of someone who is not a parent at Elmfield but who is due to have a baby very soon please could you pass this on to them, if they live local to Stourbridge. Best wishes, Amanda

Are you suffering from back problems, muscular tension, poor posture or perhaps from insomnia, stress and anxiety? Physiotherapy (holistic approach); Rhythmical Massage Therapy: 1-1 Modified Pilates are offered as separate therapies or as an integrated approach at the Elysia Therapeutic Centre.

For info: www.annavanzelder.com - For appointments please phone Anna: 0778 9852 378

SERVICES

Painter and Decorator. Local and reliable painter with a preference for using eco-friendly paint available for inside and outside work. Call James on 07805 943 697 for a free quote.

Home services - All kinds of gardening work from maintenance to make-over. House painting - interior and exterior. All kinds of odd jobs considered. Call Martin and leave a message or text, 0744 216 2030.

Need a friendly, reliable, hard-working extra pair of hands? Thoroughly Helping Hands currently has capacity to help more clients, with new team members in place. If it's moral and legal we'd love to help you! Meals, catering, cleaning, gardening, tuition, tip runs, company, you name it, we can probably help with it. Call

Georgie on 07792 775751 for a chat and free no obligation visit or have a look at our website:
www.thoroughlyhelpinghands.com

I'm looking for a job in Stourbridge. My name is Matej Rybka; I am 23 years old and I come from the Czech Republic. I am looking for a job doing manual labour, starting September 2018 during the week-ends in order to finance my eurythmy studies in Stourbridge. I am open, dynamic and serious about work. I have experience with garden cleaning and maintaining, with working in a vineyard, as well as in the forest. If you are interested, please contact me at my e-mail address: rybkamatej@seznam.cz or via my telephone: +420608053006. I look forward to discussing this with you.

ACCOMMODATION

Spare room in Brierley Hill - available from mid-October. Mid-terrace Victorian house. Good transport links and bus routes to Stourbridge. 5 minutes' walk from Merry Hill shopping centre. The room overlooks the garden to the rear with a quiet sunny spot. The bathroom/shower room is next door to the bedroom. Laundry, kitchen, dining facilities and a garden are included. I am looking for a female non-smoker. I worked at the Glass House College as a home provider and I have had students and staff make use of the room before. If interested please contact Sarah on 07546 119 717

Room wanted in Stourbridge. I am Mavi, the new Eurythmy teacher at the school and would be happy to find a nice room to move in as soon as possible! I have long term intentions and enjoy calmness and going to school by bike. Thank you! 07849 859 970 mavi.sanabriacaro@elmfield.com

House to let? Little family of three looking for a 1/2 bedroom house or flat to rent in the Stourbridge area from October onwards. Please contact James and Jana on 07805 943 697 or jctaylor38@gmail.com if you're looking for reliable tenants.

House rental wanted for experienced Dutch Waldorf teacher moving mid-November with his wife and two children from China to Stourbridge. We are looking for a house for our family, not too far from Elmfield School and/or the Eurythmy College. We are willing to pay half a year rent in advance. Please contact us on the following email address: bennonijhuis@icloud.com (Bernardus Nijhuis)

SALES, OFFERS AND WANTED

Remember Ben who was Bursar here until a couple of years ago? His wife Amy Arnold has just published her debut novel, called 'Slip of a Fish'. It recently won the Northern Book Prize and will be published on 1st November via all good bookshops.

Last but not least...

*"When educating the minds of our youth,
we must not forget to educate their hearts."*

Dalai Lama

