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Eurythmy classes for adults

Vacancies at Elmfield:

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Calling all Sainsbury's vouchers!

New stock in the school shop...

Upcoming Events

Tues May 2	7.15 – 7.30 pm	Class 6 Parents' Evening
Tues May 9		Class 7 D of E walk in Kinver
Wed May 10	7.30 pm	Stream of Sound Eurythmy Room
Thurs May 11	6.00 pm	Class 4 play in Class 4 classroom
Mon May 15	7.30 pm	Class 3 Parents' Evening
Mon May 22	7.30 pm	Class 8 on class trip to London until 17 th
Wed May 24	7.30 pm	Evening to introduce the new class 1 teacher
Thurs May 25	7.30 pm	Class 5 Parents' Evening
Thurs 25 & Fri 26 May	Ascension Day	Ascension Day walk to Wychbury Hill (weather permitting)
Fri 26 May	7.00 pm	A Midsummer Night's Dream play by Class 8
		School closes for half term

Please email any entries by the end of Tuesday to loose-ends@elmfield.com. Entries should be less than 100 words. The views expressed in this newsletter are not necessarily those of the school or its staff. The school cannot be held responsible for the quality of products or services offered in this newsletter. We reserve the right to edit content. The editor's decision is final.

For weekly photos and updates from the classroom, *like us* on Facebook at <https://www.facebook.com/ElmfieldRudolfSteinerSchool> Or follow the Facebook link on our website homepage

SCHOOL NEWS

Adults' Eurythmy for Summer Term Before halfterm there will be 3 sessions starting Wednesday 10th May at 8pm. We will start exploring 4 temperaments in eurythmy. Cost: £15 (£5 per session). Everybody warmly welcome! Contact either Tomie Boardman 01384 821811 tomie.boardman@elmfield.com or Alice Barnsdale 07470 303774 alice.barnsdale@elmfield.com Or just turn up!

Eurythmy Teacher needed for September We're looking for an experienced Eurythmy Teacher for Classes 5 to 8 and some Modules in the Upper School. Ideally you should have a Eurythmy qualification, together with either a state teaching qualification, Waldorf Diploma or experience of teaching Eurythmy in a Waldorf School. You should also have excellent classroom management skills and be able to create and maintain a positive and healthy climate for learning, as well as an age appropriate coherent curriculum. If you wish to know more about this exciting opportunity please email Diana Ball, on diana.ball@elmfield.com. Application forms must be received by **5th May 2017** via email to info@elmfield.com or post to Elmfield School, Love Lane, Stourbridge, DY8 2EA. CVs will not be accepted. No agencies please.

Learning Support Assistant 15 hours per week, varied timetable, Monday – Friday, term time only, starting September 2017
We are looking for an outstanding individual to join our Learning Support Team. To apply, you should have a sound track record of supporting children to achieve their potential, particularly at middle school age. You will be supporting one child within the classroom and you will be expected to join in and contribute to classroom activities with all of the children when appropriate. You will need to be a team player and should be prepared to independently research relevant conditions and attend relevant training. The salary is based on £8.16 per hour. For further information and application form, please go to www.elmfield.com. Closing date: 25th May.

Chair of Council We are looking for an individual to chair our Council of Management – the school's Governing Body. You will be accountable for managing major risks, strategic decision-making, approval of significant changes, supporting the school's leadership and holding school leaders to account. The Chair of Council is a voluntary post. To apply, you should be diplomatic, confidential and constructive, and you should have a genuine passion for Waldorf education. Further details about this role can be found on the school website. If you are interested and would like to find out more, please contact our current Chair, Maarten Ekama, by 28th April 2017. His email address is: ekamam@live.de.

The Elmfield grounds need you... Are you desperate for more fresh air, exercise and the chance to make a difference? Volunteering at Elmfield could be the answer! We would be really grateful for any help you can offer in the grounds with general maintenance, leaf collecting, tidying up, etc. With Spring here it's the perfect time to be outside helping making a real difference to the school. You'll need to be DBS cleared as the work would take place during school hours (we can help you get your DBS if you don't have one). If this sounds like just the sort of opportunity you've been looking for then please contact the school office (01384 394633) and let them know. We look forward to hearing from you!

Sainsburys vouchers The time to collect these when you shop has now ended, so if anyone is still holding onto any vouchers please bring them into school and pop them in the box at the office. Please could we have them by half term to enable us to get them counted and make

the order in good time. We always get a lot of gym and cookery equipment for the school with these so will be grateful for as many as possible. Thankyou. Maigread

Elmfield Gift Shop Canvas pencil cases are now back in stock (£1.65 each.) We've replenished our range of Goki toys over the holidays - so old favourites have returned e.g. bouncy balls, humming tops, Viking horns etc - and new to our shelves - even more quality wooden toys, games and puzzles! Ever hopeful of improving weather, we now have new supplies of Organii SPF50 High Protection Sun Milk and Organii SPF20 Medium Protection Sun Milk. Buy now to get a 20% discount and free 50ml After Sun product! The Shop Team

PTFA

Email address: elmfieldptfa@gmail.com

Parents' Library We've re-opened our doors on Wednesday 3rd May (8.45am - 9.30am.) Located in the Learning Support Room (off the main entrance foyer.) Please sign in at reception and wear a visitor's badge whilst using the library. Books can be requested and returned via the School Shop if you are unable to come on Wednesday mornings. The Library Team

MUSIC MATTERS

For Sale Full size Stentor Violin with case - £50. This violin was refurbished by David Luff (who some of you may know) and it has served us well over the past two years. Please contact Joanne on 07910 538052 or ask for me at Reception.

Piano wanted A group of parents are looking for a piano to enrich their children's musical lives. Any offers (donation, lending, sales) welcome. Please call Darshan at 07759561672 or email her at darshan@landkun.de

Violin lessons Available from Elmfield's violin teacher, Rachel French. All ages and standards welcome. Free trial lesson. For more information or to arrange a lesson please contact me by email at rachyfrench@me.com

SALES AND WANTED ETC

Wanted - 3 bed house with garden for new Elmfield parents. Rent or buy. Not too far from school. Contact Naomi 07479 202522.

To rent - 3 bed house on outskirts of Romsley; option of $\frac{3}{4}$ acre paddock. Large garden, outbuilding, £800 pcm. Contact Sally on 07715 653746.

MAGIC DVDS 6 DVDS available free to any budding magician. Learn cups and balls, linking rings, card tricks etc. Phone 01384 394 709.

Do you have what it takes to become a Shared Lives Carer? We are in the process of recruiting paid carers for a new Scheme that is being developed in partnership with Dudley MBC. Shared Lives is sometimes described as a bit like 'foster care for vulnerable adults, but it's so much more. You support the person from your own home to develop the skills to be as independent as possible.... it's such a rewarding role! There is also opportunity to take part in social events and celebrations as well as connect to a wealth of support and friendships from within our existing Stourbridge community. You don't need any qualifications or experience, just the right values, commitment and of course.....a spare bedroom. To find out more go to: www.cvt.org.uk/sharedlives or call Dean Barnshaw on 07984 896010 or dean.barnshaw@cvt.org.uk

We are looking for Bed and Breakfast Accommodation for participants of the Anthroposophical Medical Conference to be held in Stourbridge 12th, 13th and 14th May. Rooms required for 2-3 nights for Thursday, Friday, Saturday night (from May 11th). £20 per night paid. Contact Brenda Newton, brenda.newton@elmfield.com

EVENTS IN THE WIDER COMMUNITY

Circus Raj at the Glasshouse Arts Centre on Saturday 20th May, shows at 11am and 2pm. Entry £5 for adults, kids go free! Circus Raj, created by Rhythms and Ragas and the members of Circus Raj, this veritable "supergroup" of Rajasthan's elite street circus performers from this fascinating region's legendary entertainment communities, combine their amazing skills. Performing breathtaking acts of courage and bravery - preserved over many centuries from the time of the Maharajas - they take this ancient, mystical and magical circus format to even greater heights. <http://www.rmt.org/glasshouse/events/>

Be Calm, Be Happy – a short course in Mindfulness Monday evenings 19:30-21:30 15th May - 26th June (excluding Bank Holiday) at the Friends Meeting House, 37 Scotts Road, Stourbridge. This 6 week course introduces useful mindfulness and meditation practices to help you lead a calmer, happier life. The teachings are offered in the tradition of Zen Master Thich Nhat Hanh and are suitable for those of any faith or none. Classes are led by Vari and Bernadette, experienced mindfulness teachers. To find out more and to book go to <https://bcbhsbridge17.eventbrite.co.uk> or email Leonora on admin@coiuk.org for any other questions.

Thoroughly Helping Hands are delighted to announce they now have more thoroughly lovely people waiting to help you. If you need any assistance as long as its moral and legal then we should be able to help you. Please see the website for customer testimonials and more information, or contact Georgie on 07792 775751

Come Play With Me A Steiner inspired family group held on Wednesday mornings from 9.30 - 11.30. Children up to school age are most welcome with their parent or carer. We play, bake a snack and enjoy songs and rhymes together. If you would like to join us in the community room at the Christian Community, 22 Baylie Street, please contact Janet Klaar, 01384 352177 or by email janetklaar@yahoo.co.uk We look forward to welcoming new members to our group.

Ashtanga Yoga at Elmfield Monday 8.00pm - 9.30pm Beginners' Ashtanga Yoga Course (10 weeks) - an introduction to Ashtanga Yoga (8 May - 17 July) and Thursday 8.00pm - 9.30pm Improvers' Ashtanga Yoga Course (10 weeks) - for people who have a working knowledge of Ashtanga Yoga (4 May - 13 July). Mind calm - body vibrant. James Critchlow 01384 394702 / 07967 211748 www.yogabirmingham.co.uk

Primal Sound Healing with Gongs, Drums & Didgeridoo Sat 6th May 4.15 – 5.30pm. Join Sarah Westwood for her first magical sound healing experience at Elmfield School - with stunning gongs, didgeridoo, drums and more! The powerful vibrations created by all these ancient instruments deeply relax and revitalise us, bringing us back into a loving connection with ourselves, the earth and the universe. Bring water to drink, mat & bedding to lie on, (chairs available), and eyemask if you wish. Arrive 4pm for a 4.15pm start. 18+ only. Cost: £10 Booking at: <https://www.meetup.com/Sound-Healing-Midlands/events/238766876/> or email Sarah@drumvoice.co.uk Tel: 07812 991770

Begin it NOW! A weekend storytelling course with Julie Neale 7.30pm Friday 23th June - 1.00pm Sunday 25th June

If you have ever wondered what it would be like to tell a traditional story from the heart, if you've ever thought "I could never remember all that", if you've ever worried about standing up in front of an audience to speak, then this could be just the course for you. By the end of the weekend you'll have a traditional story under your belt, gained confidence in speaking in front of others and go away with some hot tips on how best to tell a story. All this will take place in a supportive atmosphere with plenty of fun to allow you to unfold your natural creativity and begin storytelling now! Venue: The Elysia Therapeutic Centre, 52 Bowling Green Road, Stourbridge, West Midlands, UK. DY8 3RZ. To book or for more information about this and other storytelling courses visit: www.schoolofstorytelling.com, weekend courses or call 01342 822563. Payment for this course is on a GIFT ECONOMY basis - just pay what you can afford.

Children's Summer Camp An initiative of The Christian Community in Stroud, Glos. for children from 7 to 15 yrs of age of all backgrounds 22nd July – 1st August 2017 at Camphill Oaklands Park, Newnham, Glos. Games, Singing, Art and Craft projects, Organic Farm food, Treasure Hunt, Hiking, Improvisation, Swimming... Creating experiences for children where they can most wholly and truly be themselves. The Helper team comprises mostly experienced Waldorf Upper School & College Students and Parents under the leadership of Johnny Back and Aaron & Judy Mirkin who have run such camps for many years in South Africa and England. The children grow in social awareness and confidence through shared initiatives and activities together with 60 other children. They gain a whole new set of craft skills, and experience the challenge and joy of taking a creative project through from beginning to end. For more information go to www.cc-camps.org

SERVICES

Are you suffering from muscular tension in neck or shoulders? Back pain? Joint problems? Physiotherapy (holistic approach), rhythmical massage therapy, 1-1 modified pilates are offered as separate therapies or as an integrated approach at Elysia Therapeutic Centre. For info: www.annavanzelderren.com For appointments please phone Anna: 07789 852378

Julie Neale, Child and Adolescent Integrative Therapeutic Arts Counsellor is now at the Elysia Centre in Stourbridge. Growing up can be difficult at times. Therapeutic Arts Counselling can give the young person an opportunity to increase their self awareness, develop their personal resources, and find strategies to cope. Using different art forms, children and young people can find a way to express unspoken feelings and fears. For an initial conversation please contact: julieneale.counselling@gmail.com Sessions from £28. (Dip in Steiner/Waldorf Ed., Cert in Anthroposophical Art Therapy, PG Cert Therapeutic use of the Arts/PG Cert Integrative Child Psychotherapy. Integrative Child Psychotherapy MA - in training, UKCP reg.)

Last but not least

*The difference between a successful person and others is not a lack of strength,
nor a lack of knowledge, but rather a lack of will.*