

For regular news from the school, visit the News section on our website or like us on Facebook by following the link on our website homepage or this link: <https://www.facebook.com/ElmfieldRudolfSteinerSchool>



Please email any entries to loose-ends@elmfield.com. The views expressed in this newsletter are not necessarily those of the school or its staff. The school cannot be held responsible for the quality of products or services offered in this newsletter. We reserve the right to edit content. The editor's decision is final.

Upcoming Events

Fri 13 Oct		<i>School closes for half term</i>
Mon 16 & Tues 17 Oct		Teacher Training days
Mon 30 Oct		<i>Second half of term begins</i>
Tues 31 Oct	7.30 pm	Stream of Sound - Eurythmy Room
Wed 1 Nov	6.30 pm	PTFA Meeting - Teachers' Library
Thurs 2 Nov	1.00 pm	<i>Deadline for copy for Loose Ends</i>
Fri 3 Nov	Afternoon	Loose Ends
Sat 4 Nov	10 - 4.00 pm	Stream of Sound Singing Day - Hall
Tues 7 Nov	7.00 pm	Class 9 Parents' Evening
	7.25 pm	Open Evening
	7.30 pm	Stream of Sound - Eurythmy Room
	8.00 pm	Parents' Eurythmy Group - Hall
Fri 10 Nov	tbc	Martinmas walk classes 1 - 3
Fri 24 Nov	Afternoon	Loose Ends



Sat 18 Nov

11 - 4.00 pm

Elmfield Winter Fayre



Elmfield News and Information

A brief roundup of some recent goings on...

- The wonderful Science Fun Day!
- Class 3 went on a visit to Vale Head Farm
- Class 4 have been on lots of walks around the local area linked to their main lesson on local history and geography. They are also involved in the Waldorf around the world postcard exchange (part of the Waldorf 100 build-up) by sending postcards to the New York Waldorf school.
- Class 5 returned today from an overnight camping trip at the Frank Chapman Outdoor Centre in the Wyre Forest. They had a wonderful time exploring woodland and investigating the flora and fauna in preparation for their botany main lesson after half term. They had the opportunity to see deer, bats, ancient trees, and to make wishes. A wonderful time was had by the whole class!
- Upper school pupils involved in the Shakespeare Schools Festival went to the MAC Theatre in Birmingham for a workshop.

Changes to Loose Ends

Please note the dates for Loose Ends for the next half of term: Friday 3rd Nov and Friday 24th Nov. Going forward this information will always be included in the list of dates under Upcoming Events above.

Vacancy - Giftshop assistant

Starting October 2017

Mondays 8.30am-4.30pm during term time and some occasional Saturdays

£7.50 per hour

Elmfield's shop provides a valuable source of materials, gifts and advice for the School's parents and members of the public. We are looking for an enthusiastic person to join our team on a part-time basis. You will need to have some retail experience and be able to provide a good level of customer service. Accuracy and accountability are required as you will be handling money and recording transactions. You will also be required to order stock, undertake stock control and be able to keep the shop premises clean and tidy. To apply, please visit the Job Vacancies section on the school website.

Elmfield Gift Shop.

New stock is continuing to arrive daily - including beautiful rainbow-coloured pillar and comet candles, and of course the boxed sets of Christmas tree candles are now in stock! Bargain Books: We're replenishing our range of quality books - at seriously reduced prices! Wishing everyone a relaxing half-term break. We close at 4.00pm on Friday 13 October and re-open 8.30am on Monday 30th October. The Shop Team

Vacancy - Parent & Child Facilitator

Monday, term time only; 8.30am-12.30pm £8.16 per hour - To start as soon as possible

We are looking to appoint a Parent and Child Facilitator for our small Parent and Toddler Group. This is a small, friendly group for babies and younger children from ages 0-3 who meet four times per week.

The successful applicant will be expected to support a regular rhythm for the families to include creative play, ring/story time and seasonal crafts and baking. Some knowledge of Steiner Waldorf Early Years would be desirable but not essential.

To apply, please visit the Job Vacancies section on the school website. Closing date: 3rd November 2017

Singing Day!

On Saturday 4th November (10 - 3:30) Stream of Sound are running a singing day for class 4 age upwards, a great opportunity for your child to experience a harmony workshop with expert teachers! £10 for the day, pick up a leaflet outside the office or email me on Caroline.price@elmfield.com.

PS Health warning: your child may not be able to stop singing for several days afterwards..

Samosas

Just a reminder that samosas are for sale every Friday lunchtime - 50p each. After half term we will also be trialling a non spicy option so look out for that! All proceeds to go towards the Class 7 trip.

PTFA

WINTER FAYRE SATURDAY 18th NOVEMBER 11-4 PM

The Winter Fayre is the main PTFA event of the year and all the money raised goes back into the school for the benefit of the pupils.

Dear Parents, although people/classes have signed up to stalls, a request is out there for the whole school community to lend a hand as "many hands make light work!" So if your skills lie in jam making do feel free to make a few jars extra for the home produce stall. Or baking quality cakes - we would love your signature cake for the Tea Rooms. If you are busy trimming back the garden right now then perhaps keep the ornamental seed heads, cones, acorns etc for the Gnome Gardens and any greenery for the decorating team. The tombola and pocket money stall will, of course, need some donations so please donate any good tombola prizes or children's toys if you're decluttering to make room for the seasonal influx.

Also the 2nd hand clothes stall is looking for more quality clothes to be donated, childrens, ladies and gentlemen.

And if you have some quality novels and books that are recent and in good condition and would sell on the second-hand book stall we would be pleased to receive them. But, very politely (!), we have enough old unwanted books from previous years that won't sell so please donate wisely....

We are also on the lookout for a team to run the Gnome Gardens and children games. We would love to offer this as an activity this year. At the moment we have no volunteers and it can't be run if no one comes forward.

Decorating the School – Please look over half term and see if you have any of the following items we could use for decorating the school:

Medium and small branches; Tree tumps or logs; Willow
Thanks the decorating team.

Raffle. Dear All, this year we will once again be running a raffle as part of the PTFA Fundraising at the Advent Fayre. We need lots of lovely prizes, including anything you might be able to contribute to a wonderful Christmas Hamper. Perhaps you work for a company that may be feeling generous, have contacts, or are able to provide a prize yourself, we'd be really grateful. Please email Rhiannon at rhiannonswilliams@yahoo.co.uk, or telephone 07905 052954 if you are able to help in any way. Many thanks. Rhiannon (Rose's mum, Class 2)"

If you have any skills to offer or you are able to help with a particular task, please let the PTFA know. Thanks in advance for your support, the PTFA

Science Fun Day thanks!

Thank you to everyone who came together to raise £722.25 from our first Science Day. It was a great success, with special thanks to Mary Biddulph, Elaine Woodley and Arti Nobbs and also all the young people from the Upper School that did such a great job enthusing our future scientists and impressing everyone with your knowledge!

Parents' Library

We re-open on Wednesday 1st November (8.45am - 9.45am) Now located in Elmfield Gift Shop. A reminder of the sorts of books available. We have the following sections - Parenting & Childcare, Steiner Waldorf Education, Anthroposophy, Crafts, Home Life (which covers a multitude of subjects - too numerous to list!), Poetry & Story Collections, Spirituality & Religion and Biography. Plus we also have back issues of New View magazine. The Library Team

Please scroll down to the next page for adverts and community events, etc.

EVENTS

Free Open Weekend – 21 & 22 October at Elysia Therapeutic Centre, Stourbridge

Family friendly days for discovering how to support your well-being.

Talks: Female Hormone Balance; Biographical Counselling; Soul's Choice; Therapeutic Parenting; information on Nonviolent Communication Foundation Training Workshops: Art Therapy; Mindfulness; Touch for Health Kinesiology

Individual taster sessions: Eurythmy; Skin Care; Reflexology; Kinesiology; 1-on1 Pilates

Children sessions: Art workshop & Mindfulness

For more detailed information of the programme please visit www.elysiacentre.org or call 01384 392072

Nonviolent Communication Foundation Training

Saturday 25th – Sunday 26th November at the Elysia Therapeutic Centre, Stourbridge

How do we connect with the other not only to share information and resolve differences, but do so in a truly life enhancing way?

Shift from a paradigm of demands, rewards and consequences – to a paradigm of self-responsibility, connection, trust, mutual support and interdependence. This training is an opportunity to improve your communication skills, listen in an empathetic way to others, listen compassionately to yourself and effectively express your feelings and needs. Course Facilitators: Shantigarbha and Gesine Schrader. For further information: please contact Monika Horber. Tel: 07884 454426 Email: monikahorber25@gmail.com

PAFAM Celebrating 100 years of Mistletoe Therapy – Reserve your place now!

A one day conference with guest speaker Dr. Michael Evans

Saturday 27th January 2018, 10.30 am to 6.00 pm; Elysia Therapeutic Centre, Stourbridge

Cost: £30 (includes lunch & refreshments)

Day includes: A talk and discussion around Mistletoe and Cancer, Goethean Observation of Mistletoe and Eurythmy: Exercises for Cancer.

To book your place please contact Cathie Green – 01584 881197 / 07974 390 197 or email: cathiegreen@outlook.com

The Big Draw - Friday 27th October & Sunday 29th October 2017

St George's Farm, Tanners Hill, Bewdley 10am - 4pm

For Families and Fun Loving Adults, Be Prepared to Get Messy!

Join us in the beautiful surroundings of Ruskin Land in the Wyre Forest. Find inspiration from the forest to create drawings and paintings. Take part in wood carving with a craftsperson. Apple pressing on both days. On Sunday work with artists to create wood cut prints and large scale drawings. There will be lots of different ways for you to get creative!

Free Event but booking is essential.

To book please email events@wyreclt.org.uk or book online www.ruskinland.org.uk or call 01299 488083

Apple Juicing Day - Saturday 21st October from 10am - All Welcome

It's that time of year again when the fruit is falling from the trees. So Ashfield Gardens and Transition Stourbridge are holding an Apple Juicing Day on Saturday 21st October, from 10am, at Ashfield Market Gardens, Sugarloaf Lane, Iverley, near Stourbridge, DY10 3PB. Bring apples / bottles if you have, apron / chopping board if you want to. There will be plenty of apples there, so come also if you don't have any to bring. If you need help harvesting or know of apples going to waste, please let us know.

Margy - 07817555204. Bring-and-Share lunch. Spread the word!

Ashtanga Yoga at Elmfield

Monday 8.00pm - 9.30pm Beginners' Course (10 weeks) - an introduction to Ashtanga Yoga (18 Sept - 27 Nov) and Thursday 8.00pm - 9.30pm Improvers' Course (10 weeks) - for people who have a working knowledge of Ashtanga Yoga (21 Sept - 30 Nov). Mind calm - body vibrant. James Critchlow 01384 394702 / 07967211748 www.yogabirmingham.co.uk

Coming Up at the Glasshouse Arts Centre, Wollaston Road, Stourbridge, DY8 4HF, 01384 3994:

Friday 10th November - Theatre: Where's My Igloo Gone?

6:00pm - 7:00pm; Family Show 3 years +; Tickets £5 under 5's go free

'Where's My Igloo Gone?' is a family show with beautiful live music and a great story. It's fun and interactive, featuring striking costumes and design, and staged in the round so everyone can see and take part. It creates a dazzling, icy world of soaring snow geese, pet husky dogs, starry nights and fishing adventures. And the kind of cold that makes your skin tingle! Travelling through snowstorms, across oceans and into our hearts, Oolik is not the kind of girl to give up on her quest.

'Where's My Igloo Gone?' is grounded in science, powered by the imagination. We are collaborating with environmental experts to weave scientific knowledge into a compelling narrative with dynamic interactive activities, engaging audiences with the environment and climate change in a positive, refreshing new way. We want to show that when people work together, solving problems, thinking creatively, real change can happen! With grateful thanks to Black Country Touring

Wednesday 15th November - Music: Nordic Fiddlers Bloc

7:00pm to 9:00pm; Tickets £8 Concessions £6

The Nordic Fiddlers Bloc comprise Olav Luksengård Mjelva (Norway), Anders Hall (Sweden) and Kevin Henderson (Shetland).

Norway, Sweden and Shetland have three of the richest fiddle traditions in the world, with documented historical links going back hundreds of years. The Nordic Fiddlers Bloc seek to bring those historical links and traditions alive and present them in a new, exciting, dynamic and meaningful fashion, while nevertheless remaining faithful to the roots of each tradition.

Saturday 25th - Sunday 26th November - Christmas Fair

11am - 5pm; Free Entry and Car Parking

Craft and Vintage Christmas Fair at the Ruskin Glass Centre and Glasshouse Arts Centre.

Resident Studio Artists and Makers along with invited Craft and Vintage Stalls featuring Glass, Textiles, Paper, Stone, Wood, Leather, Ceramics, Jewellery. An opportunity to find the perfect gift. With free performances, activities for families and seasonal food. To enquire about stalls please contact ruskincraftassociation@outlook.com or helen.garbett50@btinternet.com ?

Come Play With Me A Steiner inspired family group held on Wednesday mornings from 9.30 - 11.30.

Children up to school age are most welcome with their parent or carer. We play, bake a snack and enjoy songs and rhymes together. If you would like to join us in the community room at the Christian Community, 22 Baylie Street, please contact Janet Klaar, 01384 352177 or by email janetklaar@yahoo.co.uk
We look forward to welcoming new members to our group.

Yoga Classes at Elmfield

Tuesdays 7pm – Hatha Thursday 8pm - Yin Sunday 9.30am - Hatha

All classes are held in the movement Room, Upper School. £8 drop in or £70 for 10.

Also morning classes at Churchill Village Hall, DY10 3LU - Tuesdays 9.30am Yin Fridays 9.30am Hatha

To book or for more info please contact Emma Cartwright on: 07973376267 www.yogasouls.co.uk

Namaste@yogasouls.co.uk

HEALING WORDS - Storytelling Workshop. 27th - 29th October 2017 at Elysia Centre. If you are interested in storytelling, but don't know where to start, this workshop facilitated by Julie Neale is for you. In this weekend of hands on training, it will give you a firm grounding in storytelling skills. You will leave the workshop with one ready to tell story and the tools to learn and tell many more. In a warm and supportive environment you will learn why storytelling is such a powerful form of communication and how to develop your own authentic style of telling. It is for anyone wanting to tell stories, at work or home, to adult or children or to promote healing and open conversations.

Timings: Friday 27th October 7.30-9.30pm, Saturday 28th October 10.00am - 4.00pm, Sunday 29th October 10.00am - 1.00pm.

Cost: £75.00 Elysia Centre, 52 Bowling Green Road, Stourbridge, DY8 3RZ. Contact: julie@julieaneale.com or call 07971 635856.

SERVICES

Pains or Stiffness in Limbs or Spine? Not sure what's going on or nothing seems to help? Dr Rainer Klocke, Consultant Rheumatologist, is available for integrative-medical consultations at the Elysia Therapeutic Centre, 52 Bowling Green Rd, Stourbridge, DY8 3RZ. To find out more, please call the Centre on 01384 392072.

I am looking for someone who would like to look after my little dog. 24 -30 Oct. Either at her home or yours. Contact Jane 01384 395268 - jane.sahin@googlemail.com

Complementary therapy gift cards available plus treatments including Indian head massage, back massage, organic aromatherapy, reflexology, Reiki, Reiki with crystals, Reiki drumming and drumming circle. Email: sacredlotuscentre@hotmail.com Mobile: 07952 477545
Website: www.sacredlotuscentre.com

My name is Maria Fernandez, if you have an interest in macrobiotics please contact me: 07983 783399 or mmfernandezjurado@gmail.com (Spanish lessons/conversation also available).

A young eurythmist is looking for **cleaning work**. Please contact Kirsi Ronkko. Email: kimaerlo@hotmail.com; mobile: 07546 639064.

Are you suffering, for example, from **back problems, muscular tension, insomnia, stress, anxiety?** Physiotherapy (holistic approach); Rhythmical Massage Therapy: 1-1 Modified Pilates are offered as separate therapies or as an integrated approach at the Elysia Therapeutic Centre.
For info www.annavanzelder.com For appointments please phone Anna: 0778 9852 378

Professional gardening services and handyman help offered by Gary (Elmfield parent). Specialist in garden permaculture, incredible edibles (eat your flowers/perennials/bushes etc), fast efficient general maintenance both in the garden and in the house. Excellent references available on request. Gary 07584 088176. ecoponix@gmail.com

Pet carer or sitter available. My name is Daniela and I am looking for jobs in Stourbridge area. My number is 07804426576. Regards, Daniela

Naturopathic Nutritional Therapy - Are you struggling with not feeling as well as you could be? Perhaps you lack energy or just want to make some improvements to your diet and could do with some help. Maybe you need some ideas to help you and your family reach optimal health and just don't know where to start. I am passionate about helping people feel better and achieve their goals through food (nature's medicine), natural supplements and herbs and lifestyle advice. I provide support for all conditions/ issues. If you would like to book a consultation or arrange a free 10-minute initial chat then please e-mail me: info@nutritionforvitality-laraseago.com or call me on: 07887 943037. I look forward to working with you on your improved wellness. Lara Seago

Babysitting Services Available! Previous experience as an Ofsted Registered Childminder and a Mummy! Available weekday and weekend evenings. Contact Jenny on 07929 457355.

Babysitter/Dogwalker Available. My name is Fran, and I am a responsible, mature girl in Class 11, interested in babysitting or dog walking jobs in the Stourbridge area. Please contact my mother Diana on 01384 371348 for more details.

OPPORTUNITIES

Is it YOU we're looking for? Thoroughly Helping Hands is seeking to recruit one or two special people to join the team. For more details of part time work paying £10 per hour please call Georgie on 07792 775751 or visit the website www.thoroughlyhelpinghands.com

ACCOMMODATION

We are **looking to rent a 2/3 bed house** with garden in or near Stourbridge. Our eldest daughter currently attends Elmfield and our youngest will attend in the near future. If anyone can help us in our house quest it will be much appreciated. Gary 07584 088176

Bonjour Stourbridge, My name is Benjamin from France. I have just arrived in England as a new Eurythmy student at the Glasshouse College. I am **looking for a room to rent** in the area. I can offer work in exchange for accommodations. I am experienced as a social worker (in Switzerland), in hospitals in France. I am skilled in building things (stonemasonry, carpentry, painting), in maintaining properties (cleaning, gardening...). I can give French lessons, helping with homework. I am looking for work. Please contact me: benjamin.davidlaurence@gmail.com or 033 6 74 14 24 56 and I will call you back.

A young eurythmist is looking for a cheap accommodation as soon as possible. Please contact Kirsi Ronkko. Email: kimaero@hotmail.com; mobile: 07546 639064.

MUSIC MATTERS

Monthly drum journey group in Norton, Stourbridge. Explore the ancient art of drum journeying for guidance and healing. First group Saturday 7th October 3pm-5pm. Price £5. Contact Lisa on 07952 477545. Email sacredlotuscentre@hotmail.com

Have you ever wanted to write a piece for recorder? Maybe a piano sonata? Or even a symphony? My name is Stephanie Ann Boyd, I'm a symphonic composer in New York City, and I went to the Rudolf Steiner School of Ann Arbor. You can find me on the list of Famous Waldorf Alumni, and my music is now being played all over the world. I teach music composition lessons via Skype and I've helped over 100 people write their first pieces. I charge \$100 an hour, and have several financial scholarships for those who need them. I love to teach Waldorf students and their parents! You can read more about how I help composers at <http://stephanieannboyd.com/teaching>, and you can send me an email at stephanie@stephanieannboyd.com to learn more.

SALES AND WANTED ETC

Pair rust coloured lined velvet curtains, 2.28 W x 2.13 m L. Pair golden yellow jacquard lined curtains, 2.68 m W x 2.88 m L, suitable for upholstery, crafts, decoration. Free to collect. Carlotta on 01384 373929.

Electric bike - I know of someone who has a good electric bike, 4 1/2 years old, which he wants to sell for £200. Please contact Maigread in the office or on 01384 830758

Aluminium - I am happy to continue collecting cans and tin foil (no plastic) which the school gets a little bit of money for, but please note the following: cans and foil should be put in separate bags and be clean. Please make sure the cans are aluminium and not steel. The bin is in the car park on the edge of the green and please note also that this is not a rubbish bin, there are rubbish bins in other areas of the school. Thank you for your consideration. Maigread

Yamaha Keyboard for sale, ideal for having fun on. Has many features, such as sound effects and various collections of instrumental sounds. It will come with an adjustable stand. £25 Contact Anthony or Pam Tel: 01384591911/07561005950.

Last but not least...

Have a great half-term!