

For regular news from the school, visit the News section on our website or like us on Facebook by following the link on our website homepage or this link: <https://www.facebook.com/ElmfieldRudolfSteinerSchool>

Elmfield
Rudolf Steiner
School



Next issue: Friday 30th November

Please email any entries to loose-ends@elmfield.com. The views expressed in this newsletter are not necessarily those of the school or its staff. The school cannot be held responsible for the quality of products or services offered in this newsletter. We reserve the right to edit content. The editor's decision is final.

Upcoming Events

Fri 16 Nov	5.30 – 8.30 pm	Indian Night run by Class 5 - Hall
Mon 19 Nov	7.30 pm	Class 9 Parents' Evening
Tues 20 Nov	7.30 pm	Stream of Sound choir - Eurythmy Room
Wed 21 Nov	8.00 pm	Parents' Eurythmy Group - Eurythmy Room
	8.00 pm	Community choir - Hall
Fri 23 Nov	12.45 pm	School closes at lunchtime for Winter Fayre preparation
Sat 24 Nov	11.00 - 4.00	Elmfield Winter Fayre
	11.00 - 4.00	Elmfield Gift Shop open
Mon 26 Nov	7.00 - 8.00 pm	Class 11 Parents' Evening
Wed 28 Nov	1.00 pm	<i>Deadline for copy for next Loose Ends</i>
Fri 30 Nov	3.30 - 4 pm	"Brave the Shave" fundraising event - Hall
	Afternoon	<i>Next issue of Loose Ends</i>

Elmfield News and Information

A brief roundup of some recent goings on...

- Classes 1, 2 and 3 just managed to beat the awful rain last Friday and their Martinmas Festival was a lovely occasion ending with a lantern walk round the school grounds.
- Class 6 pupils have helped plant a Dawn Redwood conifer by the front gate. This fast-growing tree with beautiful ferny foliage was judged one of the 50 'Great British Trees' in honour of the Queen's Golden Jubilee in 2002.
- Last week Class 3 went on a class trip to Sunfield, in Clent where they got to experience and work on a farm. This was part of their main lesson on farming.
- On Monday C4 did a walking tour of Stourbridge and Oldswinford as part of their main lesson on Local Surroundings, visiting such sites as the Frank Foley bench and the town hall.

Last Friday we commemorated **the centenary of the end of World War One**. This involved a colourful and moving display in the hall open to all classes though to Monday afternoon. A very big thank you for all the wonderful poppies that were made over the half-term holiday, and also for the family contributions for the display – they were much appreciated.

Classes 6 to 11 held a commemorative Assembly that included powerful poems by the likes of Wilfred Owen and Siegfried Sassoon, and songs from the period such as "Pack up your troubles" and "The Band Played Waltzing Matilda", with all the classes involved. It was an emotional but important occasion that ended with a lone trumpet playing "The Last Post" and a two-minute silence.

Money raised from Poppy sales will go towards the British Legion. A big thank you to the organising group for making this event happen.

On Tuesday evening a well-attended and positive **open forum** was held, discussing the topic "Steiner Waldorf education: What does it mean to us all today?". After four short talks the forum was opened up for discussion. Some very interesting points and comments were raised, and the feedback was that parents appreciated the opportunity to discuss ideas and be heard. Both the Council and Co-ordination Group will now reflect on these points so look out for more information about this and also future events. Many thanks to the team that organised it and helped make it a success.

A very warm welcome to the following new pupils and their families:

Willow in Early Years and Ellie in the middle School.

Congratulations to:

- Ethan in the upper School who has been selected for the Under 19 Great British American Football squad.
- Solomon in the Middle School who has been selected to take part in the 2018/19 Aspire Basketball programme, one of just 30 places available in the region for his age group.

The website has been updated to give the **Parents' Handbook** more prominence, allowing parents to find it more easily. This online version can be scrolled through on the website or you can download and/or print your own version. It can be found at <http://elmfield.com/the-school/key-info/parents-handbook/> and we would strongly encourage you to read it if you have not already done so. The Handbook is an evolving document so the version on the website is always the most up-to-date version.

Braving the shave! If you've seen James in the Upper School recently you'll have noticed that his hair is rather long! Well, it turns out he's been growing it on purpose and will now be having it cut off on Friday 30th November at 3.30 pm in the school hall, *to raise money for Macmillan cancer research*. Please support him in this fantastic effort by donating via: <https://bravetheshave.macmillan.org.uk/shavers/james-green>

Homework Club for Classes 6, 7 and 8 - Tuesday and Thursdays after school, 3.30 pm to 5.15 pm.

We provide a relaxed environment where pupils can receive support with their set homework and/or have a quiet dedicated space to study. The cost is £9.50 per session (£7.50 if you arrive at 4.00 pm) and places are offered on a first come basis. For more details please contact the office.

Elmfield Gift Shop. We will be open throughout the Winter Fayre 11.00am - 4.00pm on Saturday 24th November. A perfect opportunity to start (or complete!) your Christmas shopping. We are busy filling our shelves with seasonal gifts & books - do come and have a browse! Dr Hauschka special offer - 20% off RRP on their lavender range. (Whilst stocks last!) Includes: Lavender Sandalwood Calming Body Cream (145ml), Moor Lavender Calming Body Oil (75ml) and Moor Lavender Calming Bath Essence 100ml) New! We now have a range of Pura Sports Bottles - the only bottles in the world to have been certified by Made-Safe as NONTOXIC. They are 100% plastic-free! The Shop Team

Parents' Library. Open throughout the term on Wednesdays (8.45am - 9.45am) Now located in Elmfield Gift Shop. As we fast approach the Winter Fayre - there is never a better time to dip into our collection! We have a range of seasonal craft and activity books, with plenty of ideas for gifts, decorations and edible delights. So if you're looking for guidance on how to make a gnome, or fold a paper star - come and take a look! The Library Team

Estates - The estates department are currently building up a nursery of plants outside our hut ready for planting next year. If you have any healthy plants at home that you no longer want and would like to see go to a good home, please bring them in and either give them to Steve Hall or leave them outside our hut. Thank you. Kind Regards, Tal Taylor-Bright, Estates Manager

JOB VACANCIES

If you are interested in any of the following roles please visit the job vacancies section of the school website - <http://elmfield.com/the-school/vacancies/job-vacancies/> - to read more and apply using the application form that each particular job links to on the website.

Temporary cleaner - Starting ASAP

Due to an extended staff absence we are looking for a committed, reliable and hard-working temporary cleaner to join our cleaning team from 4pm to 6pm every weekday, all year round. To apply, you should have an excellent work ethic and have very high standards of tidiness and cleanliness. You will be accountable for the standard of cleanliness in one designated area within the school. You should have a helpful and flexible approach to work and be committed to providing excellent customer service to all visitors and staff. School cleaning experience would be an advantage.

The role is 10 hours per week, paid at £7.83 per hour. We provide 6 weeks' paid holiday per year. The role is not eligible for reduced tuition fees for employees' children.

Members of the School's Council of Management - Employment and Learning Support

We are looking for 2 separate individuals to join our Council of Management – the School's Governing Body. Members of the Council of Management act as the trustees of Elmfield Rudolf Steiner School which is a charity and a registered company. The role of Trustee is a voluntary position.

We currently have a need to appoint an individual with recent Employment and Human Resource expertise to our team and a separate individual with experience of specialist teaching and learning support in a school. For both positions the relevant people would need the appropriate qualification e.g. CIPD, Post-graduate SEN qualification. Job descriptions are available on the school website.

To apply, you should be diplomatic, confidential, constructive and professional and have a genuine passion for Waldorf education. Applications should arrive by 30th November 2018.

School Doctor/School Health Professional

We are looking for someone with genuine enthusiasm for Steiner-Waldorf education, and ideally some experience of working in a Waldorf school as a school doctor/school health professional. The successful applicant will work with the school to provide a holistic point of view informed by anthroposophical medical and developmental insights, to offer anthroposophic treatment and to make referrals for therapeutic interventions with the aim of enhancing our understanding of the development of the children and their well-being. They will communicate as necessary with other agencies such as CAMHS or the NHS in cooperation with the school. This is a great opportunity to help shape the lives of the young people in our school.

PTFA

This year's Winter Fayre will be on the **24th November 11am – 4pm**.

Help needed with:

- Making decorations during the week commencing 19th November
- Decorating & setting up on Friday 23rd from 12.45
- Serving in the cafe on the day itself

Items needed:

- Decorations - we are in desperate need of clean fabric, pine cones, good quality Christmas decorations, decorated jam jars, ivy and medium sized conifer tree clippings
- Raffle prizes - for the Christmas/family games hamper, or any other lovely offers
- Homemade cakes & Biscuits (labelled with ingredients)
- Restaurant - tinned chick/kidney/butter beans, tinned sweetcorn & tomatoes, pasta, cheddar cheese, carrots, onions, capsicum
- 2nd Hand Clothes - new or pre-loved clothes, toys and games
- Tombola Prizes

- For class activities - (Gnome Gardens) sheets of felt and small items from nature, (Willow Wands) willow/dogwood/contorta and ribbon, (Home Produce & Crafts) homemade food items such as jams & sweets and handcrafted items & jewellery

Wider Community

EVENTS

Workshop exploring developmental movement patterns - Sunday December 16th, 11.30 am - 1.30 pm at the Soul Shala in the heart of Stourbridge. Run by Harriet Quinn - dance artist, yoga teacher and somatic movement educator. Through tracing these patterns we are able to invite ease into the body and recognise habits or limitations that we have learnt through our adult life, through injury or illness or habits. Explored through the practice of Body Mind Centring we will incorporate bodywork and hands on touch to bring attention and awareness to our holistic moving body. We will create a cosy safe space to explore these sensitive movements and invite some time for rest and recuperation. If you have concerns with being embodied through your movement or would like you improve you physical practice this is a very gentle way to drop down into your sensing body and tune into mindful movement.

For more information or to book please feel free to call or email Harriet directly on 07512352360 / hpquinn@hotmail.co.uk

Come Play With Me - **A Steiner inspired family group** held on Wednesday mornings from 9.30 - 11.30. Children up to school age are most welcome with their parent or carer. We play, bake a snack and enjoy songs and rhymes together. If you would like to join us in the community room at the Christian Community, 22 Baylie Street, please contact Janet Klaar, 01384 352177 or by email janetklaar@yahoo.co.uk We look forward to welcoming new members to our group.

ELIANT stands for **European Alliance of Initiatives for Applied Anthroposophy** and amongst other things, seeks to maintain choice in education, for instance the informed choice against use of digital media in an Early Years school's setting.

Please see <https://eliant.eu/en/home/> for further information and support this movement and its petition, if you can. Thank you. Rainer Klocke (Rainer.Klocke@elmfield.com)

HEALTH

Free Counselling for people with M.E / Chronic Fatigue Syndrome. As an ongoing research project I can offer 4 free counselling sessions. We will explore your relationship with the illness, the extent to which you have become a victim to it and you will learn some techniques to strengthen your resilience. For information and to book an appointment phone: Jacqui Williams 01384 440942.

Short-term problem - Focussed Psychotherapy. Psychophonetics offers an intense and in-depth exploration of a particular problem. We go through a process of observing the issue on different levels (spiritual, emotional, practical), finding new knowledge about it and from this finding the action that is necessary. Psychophonetics works with the idea that if we are willing to take on a difficulty, we will strengthen ourselves. Sessions are at least 1.5 hours and may include movement and sound. Sliding scale of payment. Contact Jacqui Williams (BACP registered psychotherapist) 01384 440942.

Mistletoe the Medicine: A One-Day Conference; Led by Dr Michael Evans - Nov 17th 10 am -5pm

- Mistletoe - a Goethean observation
- A Holistic Understanding of Cancer;
- Mistletoe - Cancer and the Immune System
- Talks and Discussion

At: S.E.N.S.E Therapy Advice, Education and Therapy Centre, Temeside House, Teme Street, Tenbury Wells, WR15 8AA. Cost: £30.00 (includes lunch and refreshments)

To book your place please email cathiegreen@outlook.com or phone 07974 390197

Exploring Touch - for anyone whose life is affected by Fibromyalgia. Saturday 10th November 2018
10am – 12.30pm at Elysia Therapeutic Centre, Stourbridge DY8 3RZ. Cost: £20 per person.

This workshop is for those with fibromyalgia who would like to rediscover their own world of touch through guided, simple and safe exercises. The main objective is to begin to experience touch as something safe and enriching. The workshop is hands-on and participatory and is open both to people who have fibromyalgia with - or without - their partners. The workshop is facilitated by Dr Rainer Klocke, Consultant Rheumatologist and Fiona Sim, Registered Nurse.

For more information and to book a place email fiona.sim@live.co.uk or call 01384 392 072

I am an ex- Elmfield parent and I have recently started my masters in Integrative Psychotherapy at Newman University for child and adult. As part of the course I will be observing an infant for 50 weeks for 1 hour per week at a convenient time. I am hoping that you might be a mother who is due to give birth in the next few weeks and able to allow me to spend some precious time observing your baby as it changes and grows each week. I am DBS checked as I work for the NHS CAMHS.

If you would like to discuss this more with me and with no obligation, please ring me on 07585604925.

Thank you for taking the time to read this notice. If you are aware of someone who is not a parent at Elmfield but who is due to have a baby very soon please could you pass this on to them, if they live local to Stourbridge. Best wishes, Amanda

Are you suffering from back problems, muscular tension, poor posture or perhaps from insomnia, stress and anxiety? Physiotherapy (holistic approach); Rhythmical Massage Therapy: 1-1 Modified Pilates are offered as separate therapies or as an integrated approach at the Elysia Therapeutic Centre.

For info: www.annavanzelder.com - For appointments please phone Anna: 0778 9852 378

Anxiety & Depression - PAFAM One Day Workshop: Saturday, 24th Nov 2018, 9.45 am - 5 pm

Cost: £35 (includes 2 course lunch & refreshments)

The programme includes an introductory talk by Psychotherapist, Frances Tagg, followed by the choice of two practical activities/therapeutic experiences:

Morning choices - Footbaths (Fiona Sim & Monika Horber) or Mindfulness (Frances Tagg) or The role of diet & nutrition (Adrian Large)

Afternoon choices - Art (Laura Ridolfi) or Biography (Annette Gordon) or Eurythmy (Ursula Werner)

The **PAFAM AGM** will be held after lunch for 30 minutes

Venue: The Elysia Therapeutic Centre, 52 Bowling Green Rd, Stourbridge DY8 3RZ

Contact: Cathie Green Tel: 07974 390197 Email: cathiegreen@outlook.com

MUSIC

CALLING ALL MUSCIANS YOUNG AND OLD

Our next GALLIMAUFURY will be on Friday 14th December 2018. Come along and share your musical talents, join in with the impromptu folk band or just listen, from 7 pm until around 9 pm in the Eurythmy room.

Gallimaufry is an open musical evening and all are welcome - pupils small and big, teachers, parents and friends. We try and have one every term and it's an excellent opportunity to practice playing in front of a small and friendly audience and share what you have been working on or prepare for an exam. As always, yummy bring and share refreshments. Any queries, please ring Julian Gilde after 6 pm on 01384 442 106.

SERVICES

2nd Nature Garden Maintenance - John and Kim Dutton are experienced gardeners grounded in *Permaculture and Biodynamic principles*, with over 40 years combined experience, offering all kinds of garden maintenance, including free tree pruning. Give us a call on 07807 348239, or email duttons2ndnature@yahoo.com

Do you need an au-pair from February to July? My name is Leonie Gröllich, I'm 21 years old and a former Waldorf-student from Germany. Having spent a year in Italy working as an au-pair, I would now like to spend some time in England as an au-pair, with a family which is also living a Waldorf-pedagogy. I look forward to hearing from you. Best wishes, leonie.groellich@web.de

Percussion lessons. Hello: my name is Sebastian Diaz, I'm a professional drummer from Chile and a eurythmy student in Stourbridge. I have more than 10 years' experience teaching drums, hand percussion, and Latin rhythms. I can teach drums and percussion to children (bongo, djembe, Cajon, etc. – can also be a group class with the parents). You can contact me by email sidiazc@gmail.com or phone/WhatsApp 07512 051 506. Thanks.

My name is Tatjana, and I am just completing a Eurythmy course. I am looking for work in the Stourbridge area. I am able to do many **house/home types of work** including: cleaning, shopping, sewing, mending, ironing, cooking, baking, shopping for you. I can also do some care work, and child-sitting, and as a German speaker can help with German language, such as translation.

Also, as I am a trained art therapist I can do arts and craft, paint you a picture or give painting lessons for example. Please contact me by phone, text - 07966845749 - or email xitaty@gmail.com

English Tuition: For students aged 11-16 years. I have vacancies for local students who are at school, home educated or just need a little extra attention. If you think I can help your child in their studies, call or email me now for a free consultation - 01384 380286 alison.cooke4@btinternet.com

Want to learn Parkour? Fun and friendly lessons in Worcester and Bewdley with Wyre Parkour

Monday – Gym 1, Worcester Uni, WR2 6AJ: 7 - 8 pm ages 8-14

Tuesday – Bewdley School, DY12 1BL: 6 - 7 pm ages 8 - 14; 7 - 8 pm ages 8 – 14 (intermediates)

Wednesday – Bewdley School, DY12 1BL: 6 - 7 pm ages 8 - 14; 7 - 8 pm ages Adult/14+

Friday – Nunnery Woods Sports Centre, Worcester, WR5 2NL: 6 -7 pm ages 5 – 10; 7 – 8 pm ages 10+

Email: hello@wyreparkour.com or phone: 07779 402 040

Painter and Decorator. Local and reliable painter with a preference for using eco-friendly paint available for inside and outside work. Call James on 07805 943 697 for a free quote.

Home services - All kinds of gardening work from maintenance to make-over. House painting - interior and exterior. All kinds of odd jobs considered. Call Martin and leave a message or text, 0744 216 2030.

Need a friendly, reliable, hard-working extra pair of hands? Thoroughly Helping Hands currently has capacity to help more clients, with new team members in place. If it's moral and legal we'd love to help you! Meals, catering, cleaning, gardening, tuition, tip runs, company, you name it, we can probably help with it. Call Georgie on 07792 775751 for a chat and free no obligation visit or have a look at our website: www.thoroughlyhelpinghands.com

Looking for a job in Stourbridge. My name is Matej Rybka; I am 23 years old and I come from the Czech Republic. I am looking for a job doing manual labour, starting September 2018 during the week-ends in order to finance my eurythmy studies in Stourbridge. I am open, dynamic and serious about work. I have experience with garden cleaning and maintaining, with working in a vineyard, as well as in the forest. If you are interested, please contact me at my e-mail adress: rybkamatej@seznam.cz or via my telephone: +420608053006 I look forward to discussing this with you. Matej Rybka

ACCOMMODATION

We are looking for a 2-bedroom house to rent (preferably in central Stourbridge) for my brother and myself. Would need to be available by the end of February and DSS and pets need to be accepted (we have 3 very well-behaved cats!). If you know of anything, please feel free to pop into the gift shop on Mondays and speak to Lauren or give me a call on 01384 353616. Thanks.

House to rent by Elmfield - Our 4-bed house is available to rent *short-term* for 2 months from 22 December to 25 February while we are abroad. Fully furnished, wi-fi etc. 200 yards from school. £600/mth all in. Please contact Gordon on 07880 760 502.

SALES, OFFERS AND WANTED

Furniture needed for family moving over from China - On the 20th of November a family with two children is moving to Stourbridge in order that the mother can do the four-year eurythmy training and their son can join Elmfield. We have found an unfurnished house for them to live in, however we are looking for things to furnish it. Do you have any of the items below that you could spare for them?

3 mattresses; 1 duvet plus bedding; Sheets, duvet covers; Pillows; Cups; Plates; Cutlery; Pots/pans; Lamps; Chairs; a Sofa and possible other furniture.

If you do, please get in touch with Rita Kort at: ritakort@gmail.com or phone her on her mobile number 07854446784. With many thanks for your help.

Bike loan wanted - Hello, I am Chiara, visiting Elmfield from the Geneva Steiner School until Christmas. I would like to ask if any of you have a bike that you are not using that I could borrow for one month? Please leave a message in reception if you can help me with this. Thank you, Chiara

Advent Strings for sale. A small gift to unwrap each day of Advent beginning on Sunday 2nd December and ending on Christmas Eve. Many of the gifts are handmade and they reflect the treasures of the mineral, plant and animal kingdoms and culminate in the wonder of the Nativity.

The price is £20 per string and we hope to be at the Elmfield Winter Fayre on Saturday 24th November if you would like to collect your string. If you would prefer to have it posted, the cost is £4. Please telephone 0115 939 2353 to place your order. Thanks, Eliza Conway

Wanted - Flute suitable for beginner please. Do you have one to sell? If so please contact Mary on 01384 442437.

Indoor guinea pig/small rodent cage - going free to collector. Please contact Emma on 07973 376 267

Locally produced raw unprocessed honey available, straight from the hive to you. Raw honey can be used in the same manner as manuka, both topically and internally. 454g/1LB jars are £5 each.

I also have a small quantity of proper **organic free-range eggs** available from our resident hens. They are naturally reared, using homeopathy and holistic methods. 6 eggs are £1.25 each. Both items can be collected from school on Weds, Thurs and Fri mornings. For more information or to arrange collection of either eggs or honey, please ring me, Tina, 07974 679461

Last but not least...

“Intelligence plus character – that is the goal of true education”

Martin Luther King Jr

