

For regular news from the school, visit the News section on our website or like us on Facebook by following the link on our website homepage or this link: <https://www.facebook.com/ElmfieldRudolfSteinerSchool>



Next issue: Friday 1st March

Please email any entries to [loose-ends@elmfield.com](mailto:loose-ends@elmfield.com). The views expressed in this newsletter are not necessarily those of the school or its staff. The school cannot be held responsible for the quality of products or services offered in this newsletter. We reserve the right to edit content. The editor's decision is final.

## Upcoming Events

Wed 6 Feb	8.00 pm	Community choir - Hall
Sun 10 Feb	7.00 pm	Open Talk with Dr Michaela Glockler – Eurythmy Rm
Mon 11 Feb	7.00 pm	<b>Class 10 parents evening</b>
Tues 12 Feb	7.30 pm	Elmfield Association AGM - Hall
Wed 13 Feb	8.00 pm	Parents' Eurythmy group
Thurs 14 Feb	9.30 am & 3.30 pm	Class 4 play - Eurythmy room
Thurs 14 Feb	7.30 pm	“Swallows and Amazons” Play by Class 9 -
& Fri 15 Feb	7.30 pm	performed at the Glasshouse Theatre
Fri 15 Feb	4.00 pm	<i>School closes for half term</i>
Mon 25 Feb		Teacher Training Day - School closed
Tues 26 Feb		<i>School reopens</i>
Wed 27 Feb	1.00 pm	<i>Deadline for copy for next Loose Ends</i>
Fri 1 Mar	Afternoon	<i>Next issue of Loose Ends</i>
Friday 8 Mar	7.30 pm	PTFA Quiz Night - Hall

## Elmfield News and Information

### A brief roundup of some recent goings on...

- C2 had a very informative and useful workshop on road safety
- C3 have displayed their fabulous model buildings in the foyer
- C4 currently have their model animal habitats out for display in the foyer
- Today is Internet Safety Day and we have marked it with assemblies and talks

Come and see ‘**Swallows and Amazons**’ – 14 and 15 Feb at 7.30pm – Glasshouse Theatre  
Performed by Class 9, ‘Swallows and Amazons’ is a family favourite and features some beautiful songs and music. It is suitable for all ages. This year, we have been lucky to be supported by The Glasshouse Theatre who have agreed to host our play and we would love as many of you as possible to come and support them at this venue.

We are charging £5 for adults and £2.50 for concessions. There will be refreshments and a bar service and promises to be a wonderful night out.

If you would like to reserve some tickets, please email me at [kelly.underwood@elmfield.com](mailto:kelly.underwood@elmfield.com) and I will put you on the list. Money can be paid to the school office. Thank you for your support.

Kelly Underwood

**“How Steiner Waldorf Education supports the healthy development of children and young people today.”** Open Talk by Dr Michaela Glöckler - 7.00pm - Sunday 10th February in the Eurythmy Room. In November 2018 we held a Parents Open Forum, hearing different personal perspectives on what Steiner Waldorf education means for us today. We also collected important questions and feedback from the community. There was a request from parents for more information about what Steiner Waldorf Education is trying to achieve and how this is delivered through the Steiner Waldorf curriculum.

As a result of this we are thrilled to be able to invite all parents, teachers and anyone in the wider community to this talk. Dr Michaela Glöckler is a world-renowned specialist in child medicine and well-being and was leader of the Medical Section at the Goetheanum in Dornach, Switzerland for nearly 30 years. She is an inspirational international speaker who teaches around the world and promotes Steiner Waldorf Education. She has written many publications including *Medicine at the Threshold*, *A Healing Education*, and *A Waldorf Guide to Children’s Health: Illnesses, Symptoms, Treatments and Therapies*.

All are welcome. Donations will be gratefully received to help support this and future talks. Thank you to Elmfield PTFA who have generously supported this event.

We very much hope that you will take the opportunity to come and hear Dr Michaela Glöckler share her wealth of knowledge and experience on Child Health and Development and Steiner Waldorf Education.

**Estates.** We are looking for help from someone with a **flatbed truck** to help us out by picking up some timber in Kinver and picking up some willow from Oldbury. If you can help, please email me at [tal.taylor-bright@elmfield.com](mailto:tal.taylor-bright@elmfield.com) or call me on 07584357206. Thank you. Tal - Estates Manager

**Elmfield Gift Shop.** Starting next week, there will be a minor change to our opening times. On Tuesdays and Fridays, the shop will open at 9.00am - 4.00pm. Please note that the shop will continue to open 8.30am - 4.00pm on Monday, Wednesday and Thursday. For a limited period only - all Faith in Nature Hand Washes are available at £3.30 (25% off RRP.) New to the Weleda range: Skin Food Light - suitable for face and body. Just in! Lots of new Camphill wooden toys. Our local crafters’ section is ever extending! Zoe has some sale items, see Laura’s new peg dolls, & we have a new range of fused glass jewellery by Sophie Wall. The Shop Team

**Parents’ Library.** Open throughout the term on Wednesdays (8.45am - 9.45am) Now located in Elmfield Gift Shop. Gentle reminder that if you have any outstanding loans from last term - please return or renew them ASAP. New borrowers are always welcome. Nothing beats a bit of serendipity, when it comes to choosing a book to read. So, do come along and have a browse! The Library Team

**Homework Club for Classes 6, 7 and 8** - Tuesday and Thursdays after school, 3.30 pm to 5.15 pm. We provide a relaxed environment where pupils can receive support with their set homework and/or have a quiet dedicated space to study. The cost is £9.50 per session (£7.50 if you arrive at 4.00 pm) and places are offered on a first come basis. For more details please contact the office.

## JOB VACANCIES

*If you are interested in any of the following roles please visit the job vacancies section of the school website - <http://elmfield.com/the-school/vacancies/job-vacancies/> - to read more and apply using the **application form** that each particular job links to on the website.*

### Full-time Education Lead

Starting from September 2019

We are looking for an exceptional individual to join our team in the senior role of Education Lead to oversee best practice in the classroom and teacher development. You will be responsible for enabling the ongoing growth and sustainability of Elmfield School as a Steiner Waldorf school of teaching excellence. The role currently includes responsibility for safeguarding ensuring best practice and compliance with changes in legislation and procedures.

This role is currently under review and the role of DSL may become a separate role.

To discuss this post or for a tour of the school before applying please telephone Lesley Taberer on 01384 394 633. Applicants must complete and submit an application form to arrive by 27th February.

## Members of the School's Council of Management - Chair of Council and Employment

We are looking for two outstanding individuals to join our Council of Management – the School's Governing Body. Members of the Council of Management act as the trustees of Elmfield Rudolf Steiner School which is a charity and a registered company. The role of Trustee is a voluntary position.

Meeting at least six times a year on a Tuesday evening the Council is accountable for upholding the Waldorf ethos, strategic decision making, and maintaining the financial and educational viability of the school through the effective use of resources.

We are inviting applications from diplomatic, constructive and professional people who have a genuine passion for independent education.

- **Chair of Council** - The role of Chair of Council is a vital position at Elmfield. Amongst many things, you will be responsible for setting the agenda and chairing Council meetings; working effectively with the school leadership team; and taking overall responsibility for long-term planning and strategy. Please refer to the job description on the website for full details of the role. Completed application forms should be submitted to [info@elmfield.com](mailto:info@elmfield.com) by the end of February. For further information or an informal discussion regarding the role, please contact Rainer Klocke, Acting Chair at [councilchair@elmfield.com](mailto:councilchair@elmfield.com)
- **Employment** - We currently have a need to appoint an individual with recent Employment and Human Resource expertise to our team. A job description is available on the school website. For further information or an informal discussion regarding the role, please contact Rainer Klocke, Acting Chair at [councilchair@elmfield.com](mailto:councilchair@elmfield.com). Applications should arrive by the end of February.

## PTFA

**PTFA Family Quiz Night** - Friday 8th March (please note the change of date) - 7.30pm in the Hall.

Come and enjoy a great night out, meet new people and raise funds for the school. Also, an opportunity to celebrate the start of the Waldorf 100 celebrations.

Tickets will be £10 for a table (max 6 people). Open to staff, parents, carers, friends and pupils from Class 6 upwards. Cheese & Biscuits & Nibbles provided, but please bring your own drinks. Tickets will be available to purchase from the School Shop from Monday 11th February. Deadline to purchase tickets - Wednesday 6th March at 12.30pm

Your PTFA needs help with a project at Elmfield. We want to install an **electrical supply** to our storage container including power sockets, internal and external lighting. If you are local to Stourbridge, have some spare time and ideally some experience supervising small projects then we need you! If you're up for it please contact either Rhiannon Taylor-Bright or Karen Gahan.

## Wider Community

### EVENTS

**A fund-raising concert for Elmfield School** - Sunday 3rd March - 3pm, at The Christian Community Church, Bailey Street, Stourbridge DY8 1AZ.

An afternoon recital of music for Trumpet & Piano, from baroque to modern.

Edward Roberts-Malpass: trumpet. Janine Parsons: piano.

Donations on the day. All proceeds to Elmfield School. Hope to see you there!

**The Parents Eurythmy Group** started again last Wednesday 30 January in the Eurythmy Room. This will be a 7-week block and the theme for this term is eurythmy with music. We will explore various elements in music (beat, rhythm, pitch etc.) through movement - the same way the children also learn in their lessons. All are welcome and neither prior knowledge or experience is necessary. The sessions are run by Tomie Ando-Boardman and will be accompanied with live piano music.

The cost is £49 for the whole term or £8 per session. (Dates are - 30 January, 13 and 27 February, 6, 13, 20, 27 March) Please contact Jennifer Willmott if you need any more information 07743 339 734 or willmott.jennifer@gmail.com

**Ashtanga Yoga at Elmfield.** Monday 8.00pm - 9.30pm Beginners' Course (10 weeks) - an introduction to Ashtanga Yoga (14 Jan - 25 March). Thursday 8.00pm - 9.30pm Improvers' Course (10 weeks) - for people who have a working knowledge of Ashtanga Yoga (17 Jan - 28 March). Mind calm - body vibrant. James Critchlow 01384 394 702 / 07967211748 www.yogabirmingham.co.uk

Come Play With Me - **A Steiner inspired family group** held on Wednesday mornings from 9.30 - 11.30. Children up to school age are most welcome with their parent or carer. We play, bake a snack and enjoy songs and rhymes together. If you would like to join us in the community room at the Christian Community, 22 Baylie Street, please contact Janet Klaar, 01384 352177 or by email janetklaar@yahoo.co.uk We look forward to welcoming new members to our group.

**Children's Summer Camp** for children from 8 to 14 years of age of all backgrounds. 20th – 30th July 2019: Colin Godman's Farm near Forest Row, Sussex. Games, Singing, Arts and Crafts, Organic food, Treasure Hunt, Hiking, Stories, Swimming... Contact: Aaron Mirkin 01453 299311 ccstroud@talktalk.net www.cc-camps.org

**Meeting the child of the 21st century with Clara Aerts** - "Echo's from the future: Building a compass in early childhood for navigating the digital age" - York Steiner School, Danesmead, Fulford Cross, York, YO10 4PB - Saturday 9th February 2019: 10.30am to 5pm. Registration from 9.30am with coffee and cake, lunch and all refreshments included.

In her role as IASWECE co-ordinator, Clara Aerts from Belgium speaks for the young child during the Quality of Childhood sessions organised by the Alliance for Childhood in the European Parliament. She also works with others in Brussels to lobby for a child centred education that puts the wellbeing of the child at the core of policy making. With the digital age changing the whole educational landscape rapidly, the focus at the moment is very much on keeping the free space for schools and parents to choose an age appropriate media education that is human centred and builds on natural and healthy sense experience.

This conference is open to anyone concerned with the wellbeing of the young child.

www.iaswece.org and www.eliant.eu for more information. Booking forms available on www.steinerwaldorf.org or contact Sam Greshoff on sam@steinerwaldorf.org

## HEALTH

**'The Fullness of the body' - 6-week gentle somatic yoga course** - Christian Community Centre, Bailey Street, Stourbridge. Friday 8th February-Friday 22nd March (excluding 15th) - 6.30pm - 8pm

Join Harriet Quinn Yoga teacher, movement artist and Somatic movement educator for a 6 week course exploring gentle somatic yoga. During these 6 weeks we will be working to increase our bodily awareness, flexibility and to relieve pain and tension in the body.

These are small, guided classes with plenty of invitations to get to know your own felt-experience of your body, in practice. Harriet will be encouraging you to actively listen to your body, to evaluate what's going on and make choices based on your intentions. This course is an opportunity to slowly develop your practice, increase your range and connect to your body. Each session we will focus on a slightly different practice/body area/position- developing our internal, spatial and kinaesthetic awareness.

Mats and blankets will be provided, feel free to bring your own to make yourself comfortable. These classes are open to all levels of ability.

For the full 6 week course it will be £60 (£10 for each 1.5 hours). To drop in (depending on numbers) it will be £12 (For an individual 1.5-hour class). \*\*Spaces are limited\*\*

To book call or email Harriet directly on 0751235230 hpquinn@hotmail.co.uk

**Anthroposophical Medical Consultations and Mistletoe Therapy** with Dr Claudia Kempfen at the Elysia Therapeutic Centre. Dr Kempfen qualified as a GP in the UK in 2002 and as an Anthroposophical Doctor in the UK in 2013. She has been working with mistletoe (intravenous infusions and subcutaneous injections) privately since 2014 at St. Lukes Therapy Centre, Stroud and also at the Elysia Centre.

For more information regarding Mistletoe Therapy as part of an integrated approach to Cancer Care visit [www.mistletoetherapy.org.uk/about/](http://www.mistletoetherapy.org.uk/about/)

Next Clinic dates are Saturday 23rd February and Saturday 23rd March. For more info please contact the Centre on 01384 392072. To book an appointment, please contact Dr Kempfen directly on 07869 219 559.

### **8 Week Holistic Weight Management Course** - Elysia Therapeutic Centre

Would you like a new approach to losing and maintaining weight loss that is sustainable long term and healthy? I am a registered Nutritional Therapist and will be running an 8 week holistic weight management course from 21st February which aims to teach you the skills you need to effectively manage your weight sustainably for life, whilst ensuring your body is adequately nourished and food is still enjoyable.

Cost is £150 for 8 X 1-hour sessions. For further information or to book your place, contact me at [info@nutritionforvitality-laraseago.com](mailto:info@nutritionforvitality-laraseago.com) or 07887 943037

**Are you suffering from** .... back problems, muscular tension, poor posture or perhaps from insomnia, stress and anxiety? Physiotherapy (holistic approach); Rhythmical Massage Therapy; 1-1 Modified Pilates are offered as separate therapies or as an integrated approach at the Elysia Therapeutic Centre.

For info: [www.annavanzelder.com](http://www.annavanzelder.com) - For appointments please phone Anna: 0778 9852 378

The Elysia Therapeutic Centre invites you to join us for a number of open talks and workshops by Centre Practitioners. Come along on the day or register your interest at [info@elysiacentre.org](mailto:info@elysiacentre.org), 52 Bowling Green Road, Stourbridge DY8 3RZ Tel: 01384 392072. Further talks and workshops will follow after the half term break.

Monday 11th February 2019:

#### **6.30-7.15pm - Peaceful Approaches to Parenting**

Systemic Family Counsellor, Joanne King provides an opportunity to consider your approach to parenting and explore Ghandi's ideas of peaceful protest to unwanted behaviours. Joanne has a wealth of experience working within mental health with children, young people and difficult relationship issues.

#### **7.15-8.15pm Eurythmy, what is it exactly?**

Join Curative Eurythmist, Ursula Werner, and discover a little about what lies behind this incredible mindful movement. You can also take away with you a self-caring exercise that can help restore your inner strength and bring about warmth and calm.

## **SERVICES**

### **Creative Young People Parties at Rosewindows Stained Glass Studio**

Rosewindows stained glass can cater for a creative birthday party, making glass mosaics or a small stained glass piece, depending of the age. Kiln-formed glass activities will be on offer in the near future. Contact Rosa Ferris to discuss your wishes and a quote on 079 8631 3838 or look at her website [www.rosewindows.net](http://www.rosewindows.net)

**Painter and Decorator.** Local and reliable painter with a preference for using eco-friendly paint available for inside and outside work. Call James on 07805 943 697 for a free quote.

**Home services** - All kinds of gardening work from maintenance to make-over. House painting - interior and exterior. All kinds of odd jobs considered. Call Martin and leave a message or text, 0744 216 2030.

**Private tutoring in English Language and/or Literature for Elmfield GCSE students @** £30 per hour (minimum of 90 minutes per session); or £35 for one hour. Highly skilled & experienced English teacher and tutor and associate of Dyslexia Guild (subscribed to enhanced DBS service).

Jonathan Livingstone MA PGCE, 07951 260446, [jhlivingstone@gmail.com](mailto:jhlivingstone@gmail.com), [www.education1-1.co.uk](http://www.education1-1.co.uk)

**Looking for a job in Stourbridge.** My name is Matej Rybka; I am 23 years old and I come from the Czech Republic. I am looking for a job doing manual labour starting February 2019 during the weekends and on Thursday afternoon in order to finance my eurythmy studies in Stourbridge. I am open, dynamic and serious about work. I have experience with gardening, cleaning and maintenance jobs. If you require some other kind

of service, please contact me, I may still be able to provide it for you. If you are interested, please contact me at my e-mail address: rybkamatej@seznam.cz or via my telephone: 07522465501

**2nd Nature Garden Maintenance** - John and Kim Dutton are experienced gardeners grounded in *Permaculture and Biodynamic principles*, with over 40 years combined experience, offering all kinds of garden maintenance, including free tree pruning. Give us a call on 07807 348239, or email duttons2ndnature@yahoo.com

**Percussion lessons.** Hello, I'm a professional drummer from Chile and a eurythmy student in Stourbridge. I have more than 10 years' experience teaching drums, hand percussion, and Latin rhythms. I can teach drums and percussion to children (bongo, djembe, Cajon, etc. – can also be a group class with the parents). You can contact me by email sidiazc@gmail.com or phone/WhatsApp 07512 051 506. Thanks. Sebastian Diaz

## ACCOMMODATION

**Wanted to Rent:** 3 bed home (near school if possible) for family of 4 (2 girls in Transition and Class 8). Please contact Emma on 07973 376 267.

**Room available for short or longer term let.** I live in Enville in a 17th Century Cottage in a very peaceful setting. There is just myself and husband (and mini poodle) that live here apart from various hens ducks and two donkeys. Please contact jillbelte3@gmail.com if interested.

**Weekday accommodation** - Pleasant room available with en-suite shower room in Oldswinford, Stourbridge. Would suit professional person seeking weekday accommodation; close to Stourbridge Junction railway station. Shared use of kitchen / dining room / garden. Please contact Carrie on 07941 869863 / 01384 833738

## SALES, OFFERS AND WANTED

### For Sale:

1 Sony Cyber Shot camera, 20.1 mega bit, with optical steady shot and 26 x optical zoom, £50.

1 violin, 60 cm tall with bow and case in good condition £50.

Send me a text or give me a call if you are interested. Rosa Ferris 079 8631 3838

**Locally produced raw unprocessed honey** available, straight from the hive to you. Raw honey can be used in the same manner as manuka, both topically and internally. 454g/1LB jars are £5 each. I also have a small quantity of proper **organic free-range eggs** available from our resident hens. They are naturally reared, using homeopathy and holistic methods. 6 eggs are £1.25 each. Both items can be collected from school on Weds, Thurs and Fri mornings. For more information or to arrange collection of either eggs or honey, please ring me, Tina, 07974 679461

*Last but not least...*

*“It is not more bigness that should be our goal. We must attempt, rather, to bring people back to the warmth of community, to the worth of individual effort and responsibility, and of individuals working together as a community, to better their lives and their children’s future.”*

*Robert F. Kennedy*