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Next issue: Friday 12th July

Please email any entries to loose-ends@elmfield.com. The views expressed in this newsletter are not necessarily those of the school or its staff. The school cannot be held responsible for the quality of products or services offered in this newsletter. We reserve the right to edit content. The editor's decision is final.

Upcoming Events

Fri 21 June	7.30 pm	Folk concert - hall
Mon 24 June	11.30 am	Class 10 on class trip until 28th June
	7 pm	Early Years groups Parents' Evenings
Tues 25 June	3.30 pm	Class 2 play performance
	7.00 pm	Class 1 Parents' Evening
	7.30 pm	Class 6 Parents' Evening
	7.30 pm	Stream of Sound - Eurythmy Room
Wed 26 June		Class 5 on class trip to Olympics
		Class 11 go on class trip until 3rd July
Thurs 27 June	6.30 pm	PTFA meeting - Teachers' Library
Fri 28 June	1.45 pm	Class 1 play performance
	7.30 pm	Talk by Tessabella Lovemore Eurythmy Room
Sat 29/Sun 30 June		Class 8 on Bronze DofE expedition
Mon 1 July	7.30 pm	Transition class Parents' Evening
Tues 2 July	7.30 pm	Class 4 Parents' Evening
	7.30 pm	Stream of Sound - Eurythmy Room
Fri 5 to Sun 7 July		Class 9 on Silver D of E expedition
Sat 6 July	10 am	Community work day
Mon 8 July		Class 8 on class trip until 12 July
		Class 6 on class trip until 10 July
Tues 9 July	7.30 pm	Stream of Sound - Eurythmy Room
Fri 12 July	Afternoon	<i>Next issue of Loose Ends</i>
	7 pm	Gallimaufrey - Eurythmy Room
Sun 14 July	11 am - 5 pm	Summer Fayre
Mon 15 July		Sports afternoon
Wed 17 July	12.30 pm	Early Years end of term
	1.50 for 2.00	End of term Festival
Thurs 18 July	8.30 am - 4pm	Elmfield Gift Shop open
	10.50 for 11.00	Leavers' Assembly
	12.00	School breaks up for summer holidays
Fri 19 July	10 am - 3pm	Elmfield Gift Shop open
Sat 20 July	10 am - 1pm	Elmfield Gift Shop open
Mon 22 July	10 am - 3pm	Elmfield Gift Shop open

Elmfield News and Information

A brief roundup of some recent goings on...

- It's been another great Folk fortnight with a brilliant Ceilidh last Friday
- C7 spent an exciting week in the Lake District on a big outward-bound adventure
- Class 1 have been busy rehearsing their Class Play
- Classes 10 have finished their first set of GCSEs
- Class 11 have finished all their GCSEs!
- Class 8 went on their Bronze DofE expedition to the Clent Hills
- Some of Class 9 went on their Silver DofE expedition to the Long Mynd
- Class 3 went on a trip to Avoncroft
- Class 4 went on a trip to the Black Country Museum
- Class 8 performed "A Midsummer Night's dream" by William Shakespeare as their class Play
- Class 5 had a "Crossfit" lesson as preparation for their upcoming Olympics trip

Folk fortnight 2019 - We got off to a flying start with a ceilidh last Friday, the band (Jon, Matt, Oisín and all the module pupils) was really on form and the dancing was wild and wonderful! Jon has been teaching bouzouki and fiddle all week in school, and Matt and Becky have started a run of lessons this week, and will be giving a short concert in school on Wednesday. Pupils have been dancing cotswold Morris, and Manx dances, and Upper School pupils playing jigs, reels and hornpipes! This Friday (21st) we have the grand finale to the fortnight - the big concert, so do come and treat yourself to an evening of excellent music. You'll recognise some of the musicians, Matt will be working with Nath Fischer again, and Becky bringing her magic with Manx tunes on whistle and concertina. Oisín will be joining the performers, he's off to join the Folk degree in September, and a newcomer will be Tom Kimber, offering us mandolin and banjo. Do come along, have an uplifting evening, and support live music at Elmfield! Caroline Price

Elmfield Gift Shop 'Happy Independent Bookshop Week!' (15-22 June 2019) We have lots of new books - for all ages! Do come along and choose your holiday reading.

New: Beautiful Waldorf dolls/puppets by a local crafter (£15.00 each.) Plus - we have replenished our selection of felting wool & felting needles.

We kindly ask that all 'money-owing tabs' are paid up fully, before the end of term. Please note that we will not be offering the money-owing service in July - to assist us in the clearing of all outstanding debts. (Minimum spend on a card is just £1.00)

Finally - for all those last minute/child-free shopping opportunities - the shop is opening on Fri/Sat /Mon after school closes for the summer break. See diary dates above for opening times. The Shop Team

Parents' Library Open throughout the term on Wednesdays (8.45am - 9.45am) Now located in Elmfield Gift Shop. Final session this term is Weds 17 July. Now is THE time to use the Library - as everything borrowed up until the end of term can be kept out on loan until we return in September!!! Perfect for those more challenging reads? We also have plenty of books with ideas for summer holiday crafts & activities. The Library Team

Boarding at Elmfield. Here at Elmfield we have a long tradition of welcoming student from overseas, as well as other parts of the UK, going back to the 1950s. This year we have had applicants from Norway, Germany, France, Switzerland and Ukraine. We have already received applications for next year from Japan, Poland, Sweden and Germany.

To host one of our current applicants, all you need is a spare room and the capacity to care for an extra person in loco parentis. The school will support you through the application process, which includes the taking up of references and a DBS check, and you will also receive good remuneration as a host.

If you would like to support boarding at Elmfield by becoming a host, we would love to hear from you. Please contact the school office to arrange to speak to a member of the boarding committee and you may also like to look at the boarding policy (available on the school website) and the host family job description.

JOB VACANCIES

If you are interested in any of the following roles please visit the job vacancies section of the school website - <http://elmfield.com/the-school/vacancies/job-vacancies/> - to read more and apply using the **application form** that each particular job links to on the website.

- Class 7 Teacher - Closing date Friday 28th June
- GCSE French Teacher - Closing date Friday 28th June
- Upper School Science/Maths Teacher - Closing date Friday 28th June
- Member of the School's Council of Management - Chair of Council
- Member of the School's Council of Management - Employment

Wider Community

EVENTS

Unsure how to deal with digital electronic media in your child's life? Dr Michaela Gloeckler, an experienced paediatrician and school health specialist who last February gave a very stimulating talk to our school community, will address this question in a talk, entitled 'Digital Competency' at Wynstones School, Gloucester (GL4 0UF) on the 19th July 2019, 19:30 - 21:00.

If you want to explore this topic at your own pace, you may want to look at a book edited by her: "Growing up Healthy in a World of Digital media: A guide for parents and caregivers of children and adolescents"; just published by Wynstones Press - obtainable through the school's giftshop.

Rainer Klocke (Rainer.Klocke@elmfield.com)

Are you interested in the harp? Come and hear not just one - but several, played by celebrated local harpist Helen Barley (from Kinver) - at the Christian Community Church, Baylie Street, on Sunday afternoon, 7th July at 3.00 pm. The music will include folk-song, modern, pop and classical and Helen will be bringing several different types of harp for anyone to join in (Helen has run classes for children). Refreshments during the interval. Tickets: £7 adult, £4 student, £10 per family group.

Radiate Day Retreat @ Elmfield - yoga & shamanic meditation day - 10am - 5pm Sat 20th July

Join us for a day of relaxation, release and inner enquiry. Come together with like-hearted souls to experience the benefits of Yin Yoga - a gentle but challenging form of Yoga that has deep benefits for body and mind. After a shared lunch we will take a ceremonial drink of Peruvian Cacao and then relax for a guided meditation to take us through the inner experience of the Solar Plexus chakra.

The day is suitable for all ages, experience levels and physical abilities.

£60 early bird tickets. For more information or to book please contact Emma Cartwright:

T 07973 376 267 namaste@yogasouls.co.uk www.yogasouls.co.uk

Or Google "Eventbrite Radiate Day Retreat"

The Community Workshop and Café in Bewdley is a not for profit community workshop providing opportunities in traditional arts and crafts: lino printing, charcoal/water colour, stained glass, jewellery, copper work, willow, mandala rugs, bodhran drum-making, blacksmithing, photography, mosaic, and lyre-making.

Summer Week Workshops: Monday to Friday 9am - 5pm and you will have the opportunity to choose one or two activities to work on during the week. Materials, lunch and snacks will be provided. The workshops are suitable for ages 10 to 97¾ (younger ones welcome accompanied by an adult). Booking essential; deposit of £50 per person is required. Week 1: 22 - 26 July; Week 2: 5 - 9 August; Week 3: 19 - 23 August. Full week: £190.00; £160 for 2nd & subsequent places.

Day workshops: between our workshop full weeks, we are running ½ and full day workshops, an ideal introduction to an art or craft. There is no set timetable for these: we will plan the day depending on what you'd like to do, so booking is essential. Just pick a day that suits you and a craft, and we will book you in. Our café will be open for you to purchase lunch and snacks. Price for ½ day £15 + materials, full day £30 + materials. To find out more visit: www.cwcafe.com, call us on 07984 354682 or email thecwcafe@gmail.com

Come Play With Me - **A Steiner inspired family group** held on Wednesday mornings from 9.30 - 11.30. Children up to school age are most welcome with their parent or carer. We play, bake a snack and enjoy songs and rhymes together. If you would like to join us in the community room at the Christian Community, 22 Baylie Street, please contact Janet Klaar, 01384 352177 or by email janetklaar@yahoo.co.uk
We look forward to welcoming new members to our group.

Come Play With Me now also has an **all-weather outdoor woodland group**, generally held on the first Thursday of every month during term time. Please meet at the Christian Community Car park, 22, Baylie Street, Stourbridge, no later than 9.15am for everyone to leave together and for lifts to be allocated to those who do not have their own transport. Please bring your own drinks for your children. Snacks will be provided. Cost is £3 per family. We are using a private woodland near to Stourbridge and there are horses there and sometimes goats and piglets in an enclosure.
If you wish to come please contact Amy Malkin: amymalkin83@gmail.com to finalise any arrangements.

Active Practical Love - Talk by Dr.Tessabella Lovemore - Learning to increase our ability for love and compassion through deeper insights into human relationships. Friday 28th June at 7.30pm - Eurythmy Room Elmfield School. This talk will outline the possibility of developing active practical love through a process of inner change leading to a deeper understanding of human relationships. Learning to love in this way expands your consciousness and can change your life and the lives of people around you. Dr.Tessabella Lovemore PhD. is a Social Scientist, Education Consultant and Counsellor. She has developed courses on the subject. In September 2019 there will be the start of a second round of the "Active Practical Love course" in Stourbridge. Suggested contributions for the talk £5

Freestyle expressive dancing - We are offering freestyle/expressive dance sessions in the Eurythmy Hall, Elmfield School, Love Lane, Stourbridge, from 6:30 - 8:30pm on Saturday evenings, once a month approximately. Everyone is welcome over the age of 18 or so - we're sorry not to be able to cater to children. No dance experience needed at all! No expectations. Moving if you want to or not. Chairs will be available if you want to sit. We'll start with a warm up just to break the ice a little, to help us begin to connect inwardly and outwardly. There will be music of different genres and tempos. £8 or £6 concessions. Next dates are Saturday June 29, and Saturday July 13. Contact us if any questions. In anticipation and excitement! Maria Mountain (maria.mntn@gmail.com) and Odilia Mabrouk (odilia.mabrouk@gmail.com).

Children's Summer Camp for children from 8 to 14 years of age. 20th – 30th July 2019: Colin Godman's Farm near Forest Row, Sussex. Games, Singing, Arts and Crafts, Organic food, Treasure Hunt, Hiking, Stories, Swimming...Contact: Aaron Mirkin 01453 299311 ccstroud@talktalk.net www.cc-camps.org

MUSIC

CALLING ALL MUSCIANS YOUNG AND OLD - Our next GALLIMAUFURY will be on Friday 12th July 2019. Come along and share your musical talents, join in with the impromptu folk band or just listen on Friday 12th July from 7 pm until around 9 pm in the Eurythmy room. Gallimaufry is an open musical evening and all are welcome - pupils small and big, teachers, parents and friends. We try and have one every term and it's an excellent opportunity to practice playing in front of a small and friendly audience and share what you have been working. As always, yummy bring and share refreshments. Any queries, please ring Julian Gilde after 6 pm on 01384 442 106.

HEALTH

The Elysia Therapeutic Centre invites you to join our series of **FREE open talks and workshops** during June. Just come along on the day or register your interest at info@elysiacentre.org

25th June, 5.30pm – 6.30pm: **Self-Hypnosis for Everyday Life**. Using the power of your own mind, discover how you can use this natural and effective approach to improve wellbeing and bring about positive and lasting changes. Emma Price is an Integrative Therapist and an affiliate member of the British Society of Clinical Hypnosis (BSCH). She practises Hypnotherapy, Stress Management & Relaxation.

Women's Wellness Day: Sat, 13 July 2019, 9.30 am – 4.30 pm. You are invited to attend a one-day Therapeutic Wellbeing Retreat focused on Women's Wellness. Enjoy informative talks, exploration and lots of pampering! Develop your understanding of your life's phases as a woman - what to expect and how you can support yourself, so that you can take care of yourself in a holistic and empowering way. Take time to receive one-on-one pampering and relaxation. The perfect way to begin your summer holiday!

Composition of the Day:

Discovery - Two informative talks and exploration:

Biographical Journey: the life's phases of a woman – with Annette Gordon, Biographical Counsellor

Women's Health – with Dr Claudia Kempfen, GP and Anthroposophical Medical Practitioner

Nourishment - Mindful movement exercises with Eurythmist, Ursula Werner

Enjoy a delicious, homemade organic lunch

Re-balancing - Receive three 45-minute individual therapy sessions that you have chosen from:

- Kinesiology with Jonathan Livingstone
- Nutritional Therapy with Lara Seago
- Holistic Facial Treatment with Elizabeth King
- Eurythmy – mindful movement with Ursula Werner
- Either: Rhythmical Einreibung – Therapeutic Touch Massage with Fiona Sim, or Reflexology or Rhythmical Massage with Monika Horber
- Relaxation Therapy with Emma Price

Cost: £75. Booking deposit of £35 required. Bookings close on 1 July. Please book in advance as spaces are limited. For more information and to register your booking please contact Elizabeth elizabeth@elysiacentre.org or 01384 392072.

Feel Good Market - Flourish Wellbeing Event: Saturday, 20 July 2019: 11.00 am – 4.00 pm at St Thomas' Church Hall, Stourbridge. Following on from the success of last year's Flourish Wellbeing Festival at the Glasshouse Arts Centre, we are pleased to share that the Elysia Therapeutic Centre will be participating in Flourish Wellbeing's Summer event. Held at St Thomas' Church in the heart of Stourbridge - why not come along and visit our stall? There will be lots to see, do and share.

Are you suffering from chronic pain? Anna van Zelderren, Chartered Physiotherapist has 7 years of experience of working in a Pain Clinic in London. She offers Physiotherapy (holistic approach); Rhythmical Massage Therapy; 1-1 Pilates Rehabilitation as separate therapies or as an integrated approach at the Elysia Therapeutic Centre in Stourbridge. For info www.annavanzelderren.com For appointments please phone Anna: 07789 852 378.

SERVICES

Learn to Drive: If you have always wanted to learn to drive then please give me a ring. I have taught countless pupils and parents from Elmfield over the last 10 years. I am a Grade A instructor and within the top 2% of best instructors UK wide. Don't worry if you are nervous or you think it is overwhelming. It is a step by step process and anything can be overcome. You will learn in an environment that is fun, gentle, understanding and follows test guidelines in order to ensure success. I use various techniques to help put you at your ease. Our space together is a safe space and, let's face it, if you are enjoying your learning then it is something you look forward to and the good habits will stay with you for life. You have one chance only, to get it right and keep yourself, friends and family safe. My pass rate is very high due to the fact that I do not send people for test before they are ready. I want you to pass first time, not take 5 tests to get there.... I have space for 2 pupils at the moment. Call Bridgit 0772 695 3033

Will you spare an hour to **protect your children's future**? That's how long it would take to appoint suitable guardians and specify your wishes should you die unexpectedly, perhaps including that they continue their Steiner-Waldorf Education. Informal arrangements are not legally binding and in the absence of proper provision the State will choose guardians and your children may end up in foster care while this decision is made. This is my profession and I'm passionate about helping fellow Elmfield parents protect their families. I am offering this service to Elmfield for just £100 +VAT per Parent. Get in touch on 07815 313104 or john@asset-wealth.co.uk

Handyman/gardener available for work - anything considered, reasonable rates, references available. Contact Hans on 01384 830758 or via Maigread in the reception office.

Home services - All kinds of gardening work from maintenance to make-over. House painting - interior and exterior. All kinds of odd jobs considered. Call Martin and leave a message or text, 0744 216 2030.

Creative Young People Parties at Rosewindows Stained Glass Studio - Rosewindows stained glass can cater for a creative birthday party, making glass mosaics or a small stained glass piece, depending of the age. Kiln-formed glass activities will be on offer in the near future. Contact Rosa Ferris to discuss your wishes and a quote on 079 8631 3838 or look at her website www.rosewindows.net

Painter and Decorator. Local and reliable painter with a preference for using eco-friendly paint available for inside and outside work. Call James on 07805 943 697 for a free quote.

2nd Nature Garden Maintenance - John and Kim Dutton are experienced gardeners grounded in *Permaculture and Biodynamic principles*, with over 40 years combined experience, offering all kinds of garden maintenance, including free tree pruning. Give us a call on 07807 348239, or email duttons2ndnature@yahoo.com

ACCOMMODATION

Looking for a room in Stourbridge. My name is Matej, I am 24 years old and I come from the Czech Republic. I study eurhythm in the Glasshouse College and I am looking for a room in Stourbridge starting September 2019. If you are interested, please contact me at my e-mail address: rybkamatej@seznam.cz or via my telephone: 07522465501. I look forward to discussing this with you. Matej Rybka

Student from "Eurhythm West Midlands Glasshouse Arts Centre" **looking for housing or flat to share** in or around Stourbridge. Ideally near to the Arts Centre. From the end of August 2019 to July 2020.
E-MAIL: cisneluluy@gmail.com MOBILE-WHATSAPP: +34 627 02 44 55

Room (furnished) for rent in the Old Quarter from the 1st September onwards. For more information please phone: 01384-395623

House Sitters Available: 24th - 28th June. Family of 4 available to house/pet sit while the children have their trial visit at Elmfield. Can do weekends either end if needed. Please contact Danielle - 07852 746129

SALES, OFFERS AND WANTED

Wanted/Offered Au Pair or UK Family Stay: Kind and intelligent Italian/Columbian girl, Lusi, looking for a placement in an English-speaking family over the summer to improve her English. She is 18 and studying languages at college, including English, French and Spanish. Willing to do housework, look after children or work in a family business in any way that would be useful. She would work for bed and board and an amount of pocket money appropriate to the work. Alternatively, she could pay to come and live in house with older teenagers and join in with the family for the summer. Please contact anne.bearne@gmail.com for more information

WANTED: Children's books for asylum seekers learning / practising English at home, e.g. ABC books, simple children's story books, preferably with illustrations, simple adult books with pictures. Please leave with Maigread at the office. Thank you. Carrie Smith 833738.

Last but not least...

*"Wherever you go, no matter what the weather,
always bring your own sunshine."*

Anthony J. D'Angelo