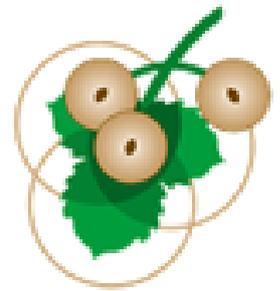


# LOOSE ENDS



FRIDAY 13<sup>TH</sup> SEPTEMBER 2019

For regular news from Elmfield, like and follow us on Facebook at [www.facebook.com/ElmfieldRudolfSteinerSchool](http://www.facebook.com/ElmfieldRudolfSteinerSchool).

## DATES FOR YOUR DIARY

Date	Time	Details
Monday 16 <sup>th</sup> September	7.15 for 7.30	Class 8 Parents' Evening
Tuesday 17 <sup>th</sup> September	7.30pm	Class 4 Parents' Evening
	7.30pm	Stream of Sound, Eurythmy Room
Wednesday 18 <sup>th</sup> September	7.30pm	Community Choir, Hall
Thursday 19 <sup>th</sup> September	7.30pm	<b>Waldorf 100 celebration, Hall</b>
Friday 20 <sup>th</sup> September		Waldorf 100 celebration for pupils
Tuesday 24 <sup>th</sup> September	7.15 for 7.30	Class 1 Parents' Evening
	7.30pm	Stream of Sound, Eurythmy Room
Sunday 29 <sup>th</sup> September		Schloss Hamborn arrive
	7.30pm	Anthroposophical Society Michaelmas Festival, Eurythmy Room
Monday 30 <sup>th</sup> September	7.30pm	Early Years Department Parents' Evenings
Tuesday 1 <sup>st</sup> October	7.30pm	Class 5 Parents' Evening
Monday 7 <sup>th</sup> October		Schloss Hamborn depart
Tuesday 15 <sup>th</sup> October	7:00pm	Open Event for Prospective Parents

## ELMFIELD NEWS & INFORMATION

### NEWS IN BRIEF

- We welcomed our new Class One and their teacher Gavin Ferris into the main school.
- Several new members of staff have joined Elmfield and we wish them well as they contribute to our school and its community.

### ANNOUNCEMENTS

**Waldorf 100 Celebration.** You are invited to join us in the hall on Thursday 19<sup>th</sup> September to celebrate 100 years of Waldorf education. We look forward to a talk by Diana Pauli on the history of Elmfield, we will also be sharing our Strategic Plan for the next five years ... and there may be some celebratory surprises!

**Accommodation needed.** Thirty-one Class 10 students from Schloss Hamborn will be arriving on the evening of Sunday 29<sup>th</sup> September. They are coming, as they do every year, to perform a Shakespeare play, this year *Pericles*, in front of an English-speaking audience. This is part of their English as a Second Language programme. They are coming to practise speaking English, experience English culture and history, and enjoy English family life.

We have accommodation for all their staff and 18 students, but at the time of writing we are still seeking family accommodation for 13 students. If you are able to host one of our German guests, please let us know as soon as possible. Please consider this as an opportunity to extend hospitality and fellowship to our sister school in Germany. If you don't already have a valid DBS for everyone over the age of 16 in your household (which will be required) this can be arranged through the school office. With warm greeting and gratitude, Cerian Carrier and Nigel Lumsden.

**After School Care.** We provide a service to help parents who are unable to pick up their children at 3.15pm for whatever reason. The children are registered after school finishes and are free to play outside, stay inside, do craft work, draw, play board games and many other activities. It is time for them to socialise and unwind after school has

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finished. They enjoy playing with children from different classes and will often ask to dress up, regardless of age! At 4.30pm we sit together and have a tea of bread, jam, honey or marmite with a cup of blackcurrant juice. When the weather is fine, we will enjoy our tea outside. Everything provided is organic wherever possible. After School Care is available for children from Kindergarten up to and including Class 5. Older children may be admitted after discussion as to whether it is suitable for them. You are welcome to have a free trial of one session to see if After School Care is suitable for your child. If you require any further information, please do not hesitate to contact Jan Bradley and Jean Buckle via the school office.

**Thank you!** A very big thank you to Colin Maltby and Nigel for designing, sourcing all recycled material and making a wonderful mud kitchen in Beth's Kindergarten. It is already in daily use and we are enjoying lots of muddy delights! A very big thank you to Steve Hall, Class 4 (previous class 3) and parents. We are all so delighted with our amazing treehouse. It exceeded all our expectations. It will be enjoyed for many years to come. With huge amount of gratitude for all your vision and hard work. Beth, Jenny and all the Children.

**Elmfield Gift Shop.** Welcome back everybody! Please bear with us as we spend the first few weeks of term replenishing our shelves with both new products and old favourites! We would like to take this opportunity to thank you for your custom last year. It is only through your continued support in using the shop, that we can look forward to another year of trading! Please let us know if you have any suggestions for items that you would like us to sell in the future. And don't forget that for most of the lines that we regularly stock - if you don't see the particular product that you want - then let us know so that we can put it on our next order. The Shop Team.

**Parents' Library.** We will continue to open throughout the term on Wednesdays (8.45am - 9.45am). Located within Elmfield Gift Shop, the library is available for use by all parents, staff and friends of Elmfield School. Absolutely free to use! If you are unable to attend the time-tabled library sessions, then we do operate a request service either via the shop or by email: [jackie.inman@elmfield.com](mailto:jackie.inman@elmfield.com). For regular users we will be adding new books to our collection - hopefully by the end of September. Watch out for further information in the next Loose Ends. The Library Team.

## CURRENT VACANCIES

If you are interested in any of the following roles please visit the vacancies section of our website at <http://elmfield.com/the-school/vacancies/job-vacancies/> to read more and apply using the application form that each job links to on the website.

- Learning Support Assistant
- German Teacher
- Upper School Maths/Science Teacher
- Member of the School's Council of Management – Chair of Council
- Member of the School's Council of Management – Employment
- Boarding Parents

## THE WIDER COMMUNITY

### EVENTS

**Anthroposophical Initiatives in Stourbridge.** At a first meeting in March this year we learned about the many existing local initiatives relating to Rudolf Steiner's Anthroposophy (e.g. Elmfield and Sunfield School, Glasshouse College, the Christian Community, Biodynamic Farming at Vale Head, Ashfield Gardens and Sunfield, West Midlands School of Eurythmy, the Elysia Therapeutic Centre). In a June meeting we heard about the local Anthroposophical Society (its history, purpose, opportunities and challenges) and worked in small groups on our individual relationship to what we call anthroposophy, both in our past, but also looking at visions for our individual future.

Now that the days are getting noticeably shorter and cooler, we would like to invite all of you again to a third meeting to try and work out whether together as individuals we can identify shared visions and aims for ourselves and the place we live in going forward. We therefore would like to warmly invite you for a further meeting on Friday

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20<sup>th</sup> September 2019, 19:30 -21:00 at the Christian Community, Bailey Street, Stourbridge. Please note that you do not have to have attended the previous meetings; and no prior knowledge of anthroposophy is required. If you have wondered where the existing initiatives that you may have heard about or are somehow connected to have originated from, and are curious and open to hear, be heard and – where possible – share, this meeting is for you. With best wishes, Johannes and the preparation group.

**'400 YEARS SINCE JOHANN KEPLER'S 'HARMONY OF THE WORLD' - ITS SIGNIFICANCE FOR OUR TIME'.** In October 2015 Hartmut Warm from Hamburg gave us a talk in the school hall on Johannes Kepler (1571-1630) and his Three Planetary Laws and how his brilliant mathematical calculations - carrying forward the outstanding telescopic observations of his predecessor Tycho Brahe, created the beautiful geometric forms generated by planetary movements over vast expanses of time. 1619 saw the publication of Kepler's lifetime's work: 'Harmonice Mundi' - published with a dedication to King James 1 of England (and VI of Scotland), who had visited Tycho Brahe on his island observatory off the coast of Denmark. Throughout October Hartmut is touring both England and Scotland and we are looking forward to hearing him again in the Eurythmy Room on Wednesday 2nd October at 7.30pm, when he will bring 400 years of Kepler's ideas and imaginations into the 21st century revealing their significance for us today. As before, the lecture will include moving projected images. Entry free; any donations welcome. Michael Jones (393 706), [michaeljonespiano@gmail.com](mailto:michaeljonespiano@gmail.com) (on behalf of Stourbridge AS in GB).

## HEALTH & WELLBEING

**Rhythmical Einreibung** is a gentle massage that supports you on different levels. Working with your own life forces and warmth it can be helpful for many health conditions, when you are feeling run-down, exhausted, stressed or struggling emotionally. This therapy is suitable for everyone from children to the elderly and even for pregnant women after the first trimester. So, if you are feeling stressed at the start of term Rhythmical Einreibung could help you feel calmer. Call Fiona Sim on 07581 678112, or email [fiona.sim@live.co.uk](mailto:fiona.sim@live.co.uk) for a free 10 minute consultation to discuss how Rhythmical Einreibung could benefit you. Treatments at Elysia Therapeutic Centre, 52 Bowling Green Road, Stourbridge, [elysiacentre.org](http://elysiacentre.org).

**Girl, Get Your Groove On! Connecting to confidence and abundance.** Transformational workshop with Maria Mountain, Saturday October 5, 2019, 10am-1pm at Cookley Village Hall. This workshop will take us on a journey to navigate the old beliefs and patterns that might hold us back from being our most purposeful selves. We do have the power to make deep, real, positive change. The workshop is for women who have had enough of stress and insecurity, who are looking to find a direction and sense of abundance in life. See [www.wholehealth-yoga.co.uk](http://www.wholehealth-yoga.co.uk) for more details and to contact Maria.

**Active Practical Love – Lessons for a better life.** There are still spaces for this Course by Dr. Tessabella Lovemore starting at the end of September in Stourbridge. This course is the result of more than two decades of Dr Tessabella Lovemore's research on how to love. "Learn to develop your capacity to love abundantly, unconditionally and unreservedly. Love in this way expands your consciousness, changes your life and changes the lives of the people around you." The course runs for one year with workshops led by Dr Lovemore once a month on Mondays from 7.30 to 9.30 pm. As part of the process, you will be assigned to a small group of three or four persons. These groups are expected to meet at least once between workshops in order to discuss and share their experience of working with the exercises. The course fee is £360. You can pay monthly or in one payment. Concessions are supported by the Participant fund. Teachers' concessions are supported by T. Lovemore. For joining the course and/or for more information, please contact Ursula Werner on [ursulawerner95@gmail.com](mailto:ursulawerner95@gmail.com) or 07888 399724.

**Are you suffering from back problems?** Muscular tension, poor posture or perhaps from insomnia or stress and anxiety? Physiotherapy (holistic approach) and Rhythmical Massage Therapy as well as Modified Pilates (1-1) are offered as separate therapies or as an integrated approach at the Elysia Therapeutic Centre, Stourbridge. For more information visit [www.annavanzelder.com](http://www.annavanzelder.com). For appointments contact Anna van Zelder, Chartered Physiotherapist, HCPC reg on 07789 852378.

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**Ashtanga Yoga at Elmfield.** Monday 8.00pm - 9.30pm Beginners' Course (10 weeks) - an introduction to Ashtanga Yoga (16 Sept - 25 Nov), and Thursday 8.00pm - 9.30pm Improvers' Course (10 weeks) - for people who have a working knowledge of Ashtanga Yoga (26 Sept - 5 Dec). Mind calm - body vibrant. Contact James Critchlow on 01384 394 702 or 07967211748. [www.yogabirmingham.co.uk](http://www.yogabirmingham.co.uk).

## SERVICES

**Looking for a job in Stourbridge.** My name is Matej Rybka; I am 24 years old and I come from the Czech Republic. I am looking for a job starting September 2019 during the weekends and on Thursday afternoon in order to finance my eurythmy studies in Stourbridge. I am open, dynamic and serious about work and I have experience with gardening, building irrigation systems, cleaning and maintenance jobs. If you are interested, please contact me on [rybkamatej@seznam.cz](mailto:rybkamatej@seznam.cz) or on 07522 465501. I look forward to discussing this with you.

**Learn to Drive.** Have you been putting it off? Are you keen to spread your wings and gain your freedom? Come and learn in a safe, friendly and patient environment. Nervous pupils welcome - we will take it step by step and work according to your strengths. We have taught many parents and pupils from Elmfield over the last 13 years. References available. Any pupil of Elmfield will get a reduced rate. Come and learn with one of the very few instructors who has achieved 51/51 in her own testing and is now in the top 2% of instructors UK wide. I have a high first-time pass rate due to the care taken with each person. Can't wait to meet you. Please give Bridgit a ring on 07726 953033.

## SALES, OFFERS & WANTED

**Can anyone help me?** Since my daughter joined Elmfield I have been advised that I can no longer drive due to a medical condition. The bus times are not suitable and very infrequent. We are currently using taxis, but they are very expensive. Is there anyone out there who would be able to help me with lifts to school for my daughter who is in Class 9? We live in Belbroughton. Sadly, I would not be able to offer lifts in return, but I would be more than happy to share the costs. If you could help or know someone that could, my number is 07791 592682. Many thanks, Anne Burton.

## IMPORTANT INFORMATION ABOUT LOOSE ENDS

The next edition will be on Friday 4<sup>th</sup> October. Please email any entries to [loose-ends@elmfield.com](mailto:loose-ends@elmfield.com) by 5pm on Wednesday 2<sup>nd</sup> October. We reserve the right to edit content. The editor's decision is final.

The views expressed in this newsletter are not necessarily those of Elmfield School or its staff. Elmfield School cannot be held responsible for the quality of products or services offered in this newsletter.

## LAST, BUT NOT LEAST

*'You can't go back and change the beginning,  
but you can start where you are and change the ending'*

C. S. Lewis

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