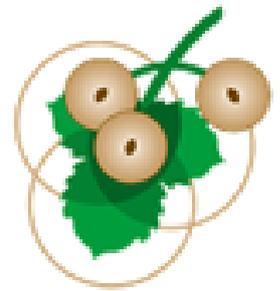


LOOSE ENDS



FRIDAY 8TH NOVEMBER 2019

For regular news from Elmfield, like and follow us on Facebook at www.facebook.com/ElmfieldRudolfSteinerSchool.

DATES FOR YOUR DIARY

Date	Time	Details
Friday 8 th November	CANCELLED	Bonfire
Monday 11 th November	tbc	Martinmas Festival
Monday 11 th November	8.00-9.00pm	Parents Eurythmy Group - Eurythmy Room
Tuesday 12 th November	7.15 for 7.30	Class 1 Parents' Evening
Tuesday 12 th November	7.30	Stream of Sound – Eurythmy Room
Wednesday 13 th November	8.00	Community Choir - Hall
Friday 15 th November		School closes at lunch time for Winter Fayre preparation
Saturday 16 th November	11.00-4.00	Elmfield Winter Fayre
Monday 18 th November	8.00-9.00pm	Parents Eurythmy Group - Eurythmy Room
Friday 22 nd November	tbc	Class 6 play – <i>Roma Amor</i>
Monday 25 th November	8.00-9.00pm	Parents' Eurythmy Group - Eurythmy Room
Friday 29 th November	7.00-9.00pm	Gallimaufrey - Eurythmy Room
Sunday 1 st December	tbc	Advent Sunday - Advent Gardens
Monday 2 nd December	8.00-9.00pm	Parents Eurythmy Group - Eurythmy Room
Monday 9 th December	8.00-9.00pm	Parents Eurythmy Group - Eurythmy Room
Monday 16 th December	8.00-9.00pm	Parents Eurythmy Group - Eurythmy Room
Wednesday 18 th December	12.30	Early Years end of term
Wednesday 18 th December	1.50 for 2.00	Christmas School Festival
Wednesday 18 th December	3.15	End of term

ELMFIELD NEWS & INFORMATION

ANNOUNCEMENTS

After School Care. We provide a service to help parents who are unable to pick up their children at 3.15pm for whatever reason. The children are registered after school finishes and are free to play outside, stay inside, do craft work, draw, play board games and many other activities. It is time for them to socialise and unwind after school has finished. They enjoy playing with children from different classes and will often ask to dress up, regardless of age! At 4.30pm we sit together and have a tea of bread, jam, honey or marmite with a cup of blackcurrant juice. When the weather is fine, we will enjoy our tea outside. Everything provided is organic wherever possible. After School Care is available for children from Kindergarten up to and including Class 5. Older children may be admitted after discussion as to whether it is suitable for them. You are welcome to have a free trial of one session to see if After School Care is suitable for your child. If you require any further information, please do not hesitate to contact Jan Bradley and Jean Buckle via the school office.

Elmfield Gift Shop. We will be open throughout the Winter Fayre on Saturday 16th November (11am - 4.00pm) Large rainbow comet candles (£17.95) and small rainbow pillar candles (£7.00 - £8.40) are now back in stock. Finally, don't forget to buy one of our beautiful Advent Calendars.

Parents' Library. Open throughout the term on Wednesdays (8.45am - 9.45am.) Located within Elmfield Gift Shop - the library is available for use by all parents, staff and friends of Elmfield School. Absolutely free to use! If you are



unable to attend the time-tabled library sessions then we do operate a request service either via the shop or by email: jackie.inman@elmfield.com. We have a range of seasonal craft books, toy-making books and festival books - perfect for ideas for the Winter Fayre and Christmas!

ELMFIELD P.T.F.A

Winter Fayre - Saturday 16th November 11-4pm. The Winter Fayre is the main PTFA fundraiser of the year and this time we are raising money to buy playground equipment - a brand new tower! The Winter Fayre is only one week away - here's how we need your help:

- Decorating the school on Friday 15th - the school closes for children at 12.45pm on Friday and we will then start transforming the school. Come along and help any time before 9pm, even half an hour of your time is greatly appreciated as it is a huge job if left to only a few.
- Greenery - we'd love donations of beautiful (not prickly or poisonous) conifer, willow and in particular LOADS of ivy!
- Restaurant - please donate salads, quiches on Friday or Saturday morning (please remember to label your creations with ingredients used). Dried pasta and vegetables by Thursday morning. Cakes! We need lots and lots of cake!
- Music - Please contact us on elmfieldptfa@gmail.com if you or your child can share some musical talents on our pop-up music stage.
- Raffle - a lovely gift, voucher or experience.
- Tombola - prizes suitable for children or adults.
- Pocket Money Stall - small children's toys, pre-loved or new.
- Home Produce Stall – any items that you have created! Felt or paper crafts, cordials and jams or anything else - please just remember to label food items with allergens and a use by date.
- Willow Wands - please donated any bits or longer lengths of ribbon.
- Cookie House - Cookies! Homemade cookies (with a hole for the ribbon).

The PTFA Committee are a group of only six people so we really appreciate help in whatever way you are able to offer it, or for however long - the fayre only runs if there are enough people to do it! If you have any question or would like to get involved further please contact us on elmfieldptfa@gmail.com. To download a copy of the poster, please visit elmfield.com/winter-fayre/. With many thanks in advance and best wishes, The PTFA Committee.

CURRENT VACANCIES

If you are interested in any of the following roles please visit the vacancies section of our website at <http://elmfield.com/the-school/vacancies/job-vacancies/> to read more and apply using the application form that each job links to on the website.

- Early Years Assistant
- Shop Manager
- Member of the School's Council of Management – Chair of Council
- Member of the School's Council of Management – Employment
- Boarding Parents

THE WIDER COMMUNITY

EVENTS & WORKSHOPS

The Shoemaker and the Elves. Dear people young and old, Eurythmy West Midlands invites you to the performance of Brother Grimm's fairy-tale *The Shoemaker and the Elves*! Come for laughter and excitement, enjoy the cheerful little story, sweet bakery and lovely little things! The third-year students are looking forward to welcoming you on Saturday 23rd and Sunday 24th November each at 11.30 & 2 o'clock to the occasion of the Advent Fair at the Glasshouse College, Wollaston Road, Stourbridge DY8 4HE.

LOOSE ENDS

FRIDAY 8TH NOVEMBER 2019



Parents Eurythmy Group. Are you interested in finding out more about Eurythmy? The best way is to experience it for yourself! The Parents Eurythmy group is a small and friendly group of parents who meet weekly during term time. Lessons are taught by Eurythmy teacher, Tomie Ando-Boardman and are open to all. This half term we will meet at 8-9pm on Monday evenings in the Eurythmy Room at Elmfield for a 6-week block starting on 4th November. We will be counting down to Christmas with Eurythmy! Sessions cost £8 as you go or £42 for the 6 weeks. Please contact Sue if you are interested or would like any more information 07928 135920 or suzyobrien@hotmail.com.

Festival of the Child is an online group learning experience. Seven days of transformative interviews (from 14th - 20th November 2019) with over 21+ experts across a broad-cross spectrum of fields, including doctors, teachers, psychologists, storytellers and more. It's completely free to watch during the live broadcast, because we want to reach as many parents and families as possible. Our experts are thought leaders and shining lights in their respective fields - all sharing fresh new perspectives and their personal wisdom to help your children not only navigate the challenging times we are living in, but also to truly thrive. Interview topics include the importance of play in the early years, the courage of parenting with a history of trauma and setting healthy boundaries for teens as they explore social media amongst many more. You can register online and download a complete list of interview topics on our website www.festivalofthechild.com and read more about the speakers there too.

Gallimaufry. Calling all musicians young and old - come along and share your musical talents, join in with the impromptu folk band or just listen on Friday 29th November 2019 from 7 pm until around 9 pm in the Eurythmy room. Gallimaufry is an open musical evening, and all are welcome - pupils small and big, teachers, parents and friends. We try and have one every term and it's an excellent opportunity to practice playing in front of a small and friendly audience and share what you have been working. As always, yummy bring and share refreshments. Any queries, please ring Julian Gilde after 6pm on 01384 442106.

Remembrance Evening. This is a wonderful way to inwardly celebrate the lives of those who are not with us anymore. We light a candle in their memory and connect with them through artistic contributions. Come and join us Sunday the 17th of November 7.30 at the Glasshouse Art Centre DY8 4HF. See you there. On behalf of the organizing team, Annamaria Balog.

Family Glass Mosaic Workshop. Sunday 17th November 2019. A family and community day for fathers, daughters, mothers, sons, grandparents, and anyone who want to come and join. Enjoy a creative Sunday to unwind and make a piece of colour and light in Rosa's glass-studio at the Ruskin Glass Centre, Glass House College in Stourbridge. Coffee, tea and juice provided, please bring your own snacks and lunch. The workshop starts at 10:00, lunchbreak around 12:00, end around 3:00. Breaks can be added freely. Cost: £30, all materials included for a framed glass mosaic to take home. Please contact Rosa to book your place on 07986 313838, rosewindows@live.co.uk or via her website www.rosewindows.net.

Learn Classical Calligraphy. If you want to experience the art of beautiful lettering in the classical style, then come and learn in these workshops. The first workshop will thoroughly introduce you to the foundation of calligraphy by covering the construction of Round Hand lettering. You will be introduced to the simple tools required and how to use them. We will end with a taster of what's to come. This introductory workshop will run from 10am to 3.30pm with a refreshment break (tea, coffee, biscuits provided) and a lunch break (bring your own). Lenore Bergstrom is running the workshop and has been a scribe and heraldic artist for 17 years with huge experience in producing broadsheets, painted coats of arms, illuminations, calligraphy, certificates and private commissions for clients in Britain, Italy, America, China, France, South Africa working on vellum, parchment and various papers with leaf and shell gold and the use of fine pigments. This workshop is first come first serve basis and is highly restricted in numbers to a maximum of 4 people. The first workshop will be on the 11th of January 2020. If you are stuck for a Christmas present, then here it is – let us know as we will give you a voucher for the gift. Please call Lenore on 07834 814388.

The Touch of Light – Part One: An Introduction to Veil Painting with Bernardus Nijhuis, 7th December and 14th December, 10 am until noon at the Elysia Therapeutic Centre. Cost of Part One: £50 (art materials included). Where light and darkness meet, colours appear. They touch our hearts in many different ways. Colours can be brave, dominant, exiting, shy, lonely and more. Whereas sculptures characterize themselves by movement and form in three-dimensional space, veil painting derives its quality from the conversation between transparent colours in light

LOOSE ENDS

FRIDAY 8TH NOVEMBER 2019



and darkness. The inner quality of the colours and their transparency elevate our souls from physical existence. In this workshop you will: paint, experience, and understand the working of the different colours; paint and experience the influence of light and darkness in transparent colours; begin to learn skills and techniques to make veil paintings in a single and more colours. Bookings and enquiries via the Elysia Therapeutic Centre on 01384 392072 or info@elysiacentre.org.

HEALTH & WELLBEING

Yoga Souls classes at Elmfield. Thursdays, 6.30pm - Yoga Basics, suitable for all - beginners and those wishing to go back to basics and learn the classical Hatha yoga postures. Thursdays 8pm - Yin Relax, candlelight and calm! Join us for an hour of peaceful mind and relaxed body with deep but gentle stretches and meditation, suitable for all. All classes payable termly or £10 drop in. Held in the Movement Room. Please contact Emma Cartwright to book on 07973 376267. www.yogasouls.co.uk.

Calming Aqua-nurture for Newborns with baby yoga and massage. Introduce your baby to water nurturing in the comfort of your own home. A harmonious and relaxing way to enhance bonding with baby; supporting optimal brain development; healing adverse birth experiences; free water coordination; building foundations for lifelong water confidence and foundations for swimming in the future. Contact Elsie Gayle, Midwife and Ex-Waldorf parent on 07815 308180.

Anthroposophical Medical Consultations and Mistletoe Therapy with Dr Claudia Kempfen at the Elysia Therapeutic Centre. Dr Kempfen qualified as a GP in the UK in 2002 and as an Anthroposophical Doctor in the UK in 2013. She has been working with mistletoe (intravenous infusions and subcutaneous injections) privately since 2014 at St. Lukes Therapy Centre, Stroud and at the Elysia Therapeutic Centre. For more information regarding Mistletoe Therapy as part of an integrated approach to Cancer Care visit www.mistletoetherapy.org.uk/about/. The next Stourbridge clinic date is Thursday 28th November 2019. For more information please contact the Elysia Therapeutic Centre on 01384 392072.

Rheumatology Clinic with Consultant Rheumatologist, Dr Rainer Klocke at the Elysia Therapeutic Centre. Rheumatic conditions are often characterised by pain and/or stiffness felt in our limbs and/or spine. They can be due to relatively well-understood diseases, such as osteo- and rheumatoid arthritis, but also less well understood conditions such as fibromyalgia. Dr. Rainer Klocke, Consultant Rheumatologist MRCP (UK); Ph.D. has worked in the West Midlands for over 12 years and is particularly interested in the use of complementary, drug and non-drug (e.g. massage, movement and artistic exercise) treatment for pain. For more information regarding Dr Klocke's work please contact the Elysia Therapeutic Centre on 01384 392072.

SERVICES

Come! Play with Me! Steiner Waldorf inspired parent and child group at the Christian Community, 22 Baylie Street Stourbridge, DY8 1AZ. Babies and children with their carers welcome. Cost £4 per family session, with first two sessions free as tasters. We meet on Wednesday 9.30-11.30am during Elmfield term times. For further information and to book contact Janet Klaar on 07933 147 180. We look forward to welcoming you.

Learn to Drive. Have you been putting it off? Are you keen to learn and spread your wings and gain your independence or get that job that requires a licence? Come and learn in a safe, friendly and patient environment. I have taught many parents and students of Elmfield over the last 13 years, so I have many references available. Any pupil of Elmfield will get a reduced rate so come and learn with one of the best in the UK as of my last DVSA official testing. I also use NLP (Neuro Linguistic Programming) to help you learn in a way that suits you and your learning style. Nervous pupils welcome – we will take it step by gentle step and work according to your strengths. Can't wait to meet you. Call Bridgit on 0772 695 3033.

Will you spare an hour to protect your children's future? That's how long it would take to appoint suitable guardians and specify your wishes should you die unexpectedly, perhaps including that they continue their Steiner-Waldorf Education. Informal arrangements are not legally binding and in the absence of proper provision the State will choose guardians and your children may end up in foster care while this decision is made. This is my profession

LOOSE ENDS

FRIDAY 8TH NOVEMBER 2019



and I'm passionate about helping fellow Elmfield parents protect their families. I am offering this service to Elmfield for just £120 +VAT per Parent. Get in touch on 07815 313104 or john@asset-wealth.co.uk.

Handyman / Gardener available for work. Anything considered, reasonable rates, references available. Contact Hans on 01384 830758 or via Maigread in the reception office.

SALES, OFFERS & WANTED

Would you like to rent out a room? Hello, my name is Franziska, I'm a third year eurythmy student in Stourbridge searching for accommodation. I'm happy to live at a family's place or also with an elderly person and offer some help in household or babysitting whenever possible for me (with former experiences) Please contact me by phone on 00491785292869 or e-mail franziska_pressler@posteo.de.

IMPORTANT INFORMATION ABOUT LOOSE ENDS

The next edition will be on Friday 29th November. Please email any entries to loose-ends@elmfield.com by 5pm on Wednesday 27th November. No attachments will be added to *Loose Ends*. We reserve the right to edit content. The editor's decision is final.

The views expressed in this newsletter are not necessarily those of Elmfield School or its staff. Elmfield School cannot be held responsible for the quality of products or services offered in this newsletter.

LAST, BUT NOT LEAST

"A candle loses nothing by lighting another candle"

James Keller

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